Bulova’s Victory
Herrity concedes, loses by only 1,217 votes.

By Julia O’Donoghue
Centre View

Supervisor Sharon Bulova (D-Braddock) won the special election for Fairfax County Board of Supervisors chairman Feb. 3 by a narrow margin of less than two percent.

In a countywide race where 107,713 votes were cast, Bulova beat Supervisor Patrick Herrity (R-Springfield) by 1,217 votes, according to unofficial results reported by Fairfax County.

Bulova will be sworn in as the county chairman Feb. 6. She follows U.S. Rep. Gerry Connolly (D-11), who resigned from the position in early January to join the U.S. Congress.

As chairman, Bulova, a 21-year board veteran, has her work cut out for her in 2009.

Fairfax County must close a projected $650 million budget hole in next year’s budget and the supervisors would have to raise the property tax rate 14 to 15 cents just to keep most residents’ property taxes approximately the same.
See Bulova, Page 5

Westfield High Presents International Night

By Bonnie Hobbs
Centre View

Featuring musical entertainment from around the globe, Westfield High presents its seventh annual International Night.

It’s slated for Friday, Feb. 13, from 7-9 p.m. in the school auditorium, and an array of international food will be sold during intermission. Tickets are $5 at the door or during lunch periods in the cafeteria.

“The students are really proud to display their cultures,” said ESOL teacher Carmen Danies, sponsor of Westfield’s International Club. “It’s also a bridge between them as they grow to respect each other’s culture and learn from each other.”

The performers will represent Iran, Iraq, Persia, India, Pakistan, Peru, Bolivia and the Philippines. They’ve been rehearsing since Thanksgiving, and Danies says they’re coming along nicely and expect each other’s culture.
See International, Page 5

Caputo and Herring Give General Assembly Update
They talk with constituents in town hall meeting.

By Bonnie Hobbs
Centre View

Virginia’s budget shortfall and its potential impacts on local residents took center stage at a town hall meeting held by Del. Chuck Caputo (D-67th) and state Sen. Mark Herring (D-33rd), Saturday morning, at the Sully District Government Center. First, though, the legislators gave updates on the progress of several bills making their way through the General Assembly.

“Mark and I overlap in four precincts — three in Fairfax and one in Loudoun County — so it gives us a regional outlook about what’s going on,” said Caputo to the 60 or so people attending.

It is important that we recognize that there’s one commonwealth, with more in common than separates us,” said Herring. “Regardless of your point of view, there’s so much at stake for the country, the commonwealth and the world that we need to work together to solve our problems.”

So far, he said, Northern Virginia and Virginia as a whole are faring a bit better than the rest of the country, but serious challenges must still be faced. “The economic downturn is having a severe impact on us,” he said. See Legislators, Page 7
As You Know, The Real Estate Climate Has Changed

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$474,000 Rock Run
Lovely, upgraded 5 BR, 4 BA split level w/FP & 2 car garage. Spectacular wall of windows in LR/FR. Deck. 2 storage sheds. FX960127

$172,000 Sterling
Expanded 4 Bedroom 1-level Rambler. Family rm addition w/fireplace. Hardwood floors. Eat-in kitchen. Large, fenced backyard. FX6936097

$940,900 Virginia Run

$849,900 Virginia Run
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For more than seven years, Inova has been helping thousands of people with chronic, non-healing wounds do something they thought was impossible – get back on their feet and back to living full and active lives. We opened the region’s first wound healing center at Inova Mount Vernon Hospital, and are now bringing the same quality and exceptional care to residents of western Fairfax and Loudoun Counties. You’ll find our commitment to multi-specialty therapy and advanced treatment options has resulted in a cure rate of more than 90%, far above the national average.

If you or someone you know is suffering from chronic wounds that just won’t heal, give us a call today at our new Inova Wound Healing Center at Inova Fair Oaks Hospital or at the Inova Dorothea R. Fisher Wound Healing Center at Inova Mount Vernon Hospital.

Services at both facilities include:

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New! The Inova Wound Healing Center at Inova Fair Oaks Hospital
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Inova Health System is a not-for-profit healthcare system.
BB&T Bank Is Robbed

Fairfax County police are looking for the man who robbed the BB&T Bank in the Franklin Farm community, early Saturday morning, Jan. 31. The incident occurred around 9:20 a.m. at the BB&T at 13360 Franklin Farm Road.

Police say the man approached the teller, a 70-year-old Fairfax woman, brandished a handgun, jumped over the counter and demanded money. She complied and he fled out the front door. No one was injured.

The suspect is described as black, in his 30s, about 6 feet and 185 pounds. He wore blue jeans, a black ski mask that covered his face, a dark-blue, hooded sweatshirt and sneakers. Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text “TIP187” plus a message to CRIMES/274637 or call police at 703-691-2131.

Larceny, Credit-Card Crimes

Fairfax County police have charged a 28-year-old man of no fixed address with larceny and credit-card crimes following an incident that occurred Jan. 23 in Centreville’s Country Club Manor community. Police say a Centreville woman, 45, started her car in the 13900 block of Deviar Drive and left it unattended — with her purse inside — while she went back inside her house.

Some 10 minutes later, she discovered her car was gone and called police. Investigation revealed that her credit card had been used at a store in Fair Lakes, and officers found the suspect, Randolph Brooks, in a parking lot — standing next to the stolen car, a 2003 Chevrolet Trailblazer.

Police took him to the Adult Detention Center and charged him with four counts of grand larceny and one count each of credit-card larceny, fraud and forgery.

Free Car Seat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety car seat inspections, Thursday, Feb. 5 and Feb. 12, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. Call 703-814-7000, ext. 5140 to confirm dates and times.

Chantilly Community Coalition

The Chantilly Community Coalition will meet Monday, Feb. 9, at 4 p.m. in the Chantilly High media center. Members will review current proposals and continue planning activities for this coming year. Community support and ideas are welcome.

Joint Coalition Meeting Feb. 9

A joint meeting of the Chantilly, Centreville and Westfield Community Coalitions will be held Monday, Feb. 9, at 7 p.m. at the Chantilly Youth Treatment Site, 14170 Newbrook Drive, Suite 200, Chantilly 20151.

Park Authority Meeting Set

The Fairfax County Park Authority will meet Wednesday, Feb. 11, at 7:30 p.m., in the Herrity Building, 12055 Government Center Parkway, Suite 900 in Fairfax. Call Judy Pedersen at 703-324-6862.

Constituent Viewpoint Hotline

Virginia’s General Assembly is again providing a toll-free, Constituent Viewpoint hotline. It will allow citizens the opportunity to express their views on the issues before the General Assembly and provide legislators with information concerning public opinion on these issues.

The toll-free number is 1-800-889-0229. Constituent Viewpoint Hotline will be open Monday through Friday, 8 a.m. to 5 p.m.

See Roundups, Page 19

By Bonnie Hobbs

Alliance Presents ‘Plaza Suite’

It’s classic Neil Simon.

W when it comes to humor, it’s hard to beat Neil Simon and, just in time for Valentine’s Day, The Alliance Theatre is presenting his romantic comedy, “Plaza Suite.”

“It’s a joint production with Mountain View School and will be performed in the school auditorium, Friday, Feb. 13 and 20, at 7:30 p.m.; Saturday, Feb. 14 and 21, at 7:30 p.m.; and Sunday, Feb. 15 and 22, at 2 p.m. Tickets are $10, adults; $8, senior citizens and children 12 and under; purchase them at the door or at thealliancetheatre.org.

“Plaza Suite’ takes place in the late 1960s at the Plaza Hotel in New York, over a year’s time, in the same suite,” said producer Maggie Swan. “It’s a look into the lives of three different couples who stay there.”

The first act shows Sam and Karen Nash on their 23rd anniversary, but he’s having a secret affair. Act two reunites a Hollywood producer and his old flame. And in act three, parents are there for their daughter’s wedding — but, not sure if she wants to get married, she locks herself in the bathroom and refuses to come out.

Directing is veteran community-theater director Kevin C. Robertson. He says things are coming along well and he’s pleased with his actors. “They’re very talented and come from divergent backgrounds,” he said. “And it’s exciting that a couple of them are returning to theater after a child-raising hiatus.”

Calling the play a Neil Simon classic, Robertson said it’s “written kind of tongue-in-cheek, showing a little slice of life as it relates to the pressures of owning your own business and living in New York.” He said act one reflects a mid-life crisis: “The wife is comfortable approaching 50; she’s happy she’s earned that right. But her husband is not, and he fights aging, tooth and nail.”

Actor John Ingargiola’s Hollywood producer is sleazy. But, said Robertson, “John interprets him as someone whose love for his first girlfriend has never died, and vice versa.” And in act three, Alliance illustrates family dynamics in a non-stereotypical way.

Jym Newton plays Sam Nash. “My wife and I are in the same hotel room where we spent our honeymoon and are celebrating our anniversary,” said Newton. “But my mind is on going back to my office and secretary. It’s a fun role, but it’s hard to find my inner S.O.B., so it’s difficult talking to my ‘wife’ that way.”

He said Nash isn’t dissatisfied with his wife — and got everything he wanted in life — but he wants to start over. The best part, said Newton, is that, “un-like me, Sam can say whatever’s on his mind.” And he believes the audience will enjoy the funny inter
Doctor Helps Bring Medical Care to Eritrea

From Page 1

Peace through the Web site, www.physiciansforpeace.org, and that other physicians will volunteer to help, as well," said Walters. "We pay our own expenses, so any money raised goes toward medical equipment — about 90 cents of every dollar goes toward the care." He and his wife Bonnie have lived in Centreville's Virginia Run community for two decades and have three children, daughter Lauren, 20, a junior at Clemson University; and sons Peter, 16, a Westfield High junior, and Erik, 14, a Stone Middle eighth-grader. Walters did his residency at Inova Fairfax Hospital and coached SYA house and travel soccer for 12 years.

HE BECAME involved with Norfolk-based PFP after talking with one of his former Inova Fairfax resident, Dr. Keith Goss, now with Indian Health Service in Arizona. Goss had just returned from his first trip to Eritrea in spring 2006, "I said, "I wish I'd known," said Walters, "and he said, You can come in October [06], and I've been going ever since."

Eritrea has nearly 4 million people, and at least 1 million of them are refugees displaced from other countries because of the 30-year civil war with Ethiopia. "So many of the people I took care of were injured in the war, or as a result of land mines afterward," said Walters. "I operated on a boy from Somalia and another from the Sudan. We try to send someone to Eritrea every six months, and I go every year. This was my third time.

He uses his vacation time to do it and, most recently, he took two, third-year residents from Inova Fairfax, Grant Beck and Annie Xu, with him. They began their work in Eritrea by screening patients at the hospitals there.

"Some were pre-screened, to some degree, by doctors there to identify people we could help," said Walters. "They referred, easily, 200 people, and I examined each one, made plans for them and set up our surgery schedule for the next two weeks. But there are always more patients to treat than they have time for in their two-week visit, so they place them on the next doctors' schedule.

"The first time I went there was really daunting — getting used to the heat, lack of sanitary conditions, flies, dust and Third World hospitals," said Walters. "But you get used to it very quickly. And there were hundreds of patients lined up, with an entourage of family members with them. I thought they were there to see other team members — some 35 different doctors and nurses — but they were all there for foot and ankle problems.

"My patients travel by foot, by camel and by bus to see us … and it breaks your heart not to be able to see them all." — Dr. Chris Walters, foot-and-ankle surgeon

"My patients travel by foot, by camel and by bus to see us … and it breaks your heart not to be able to see them all."

Besides doing relief work, he said, "Physicians for Peace is interested in the education and training of doctors, nurses and medical students for sustainable efforts in their own countries." But sometimes, overwhelming circumstances adversely affect what's actually possible. They've been bringing medical supplies and teaching sophisticated foot-and-ankle surgery to Dr. Semere. But one of Walters's most sobering moments came during his second trip when he asked an orthopedic staff member if Dr. Semere could use the new techniques and materials when the visiting doctors weren't there. Said Walters: "Nurse Hanouk looked at me sadly and said Dr. Semere was too busy dealing with trauma patients."

For instance, a 12-year-old boy was playing on a water wheel when it cycled around and crushed his legs. One had to be amputated and, after six surgeries, doctors were trying to save his other one.

STILL, PFP KEEPS trying. Each visit, Walters brings three bags of donated medical supplies and leaves it all there. Between himself and Dr. Goss, said Walters, "We've probably taken $1 million worth of American medical equipment generously donated by its manufacturers."

He said the only pain relief for patients after surgeries is Tylenol. "I went over there with a jar of Tylenol from Costco, and you would have thought it was manna from heaven," said Walters. "I also take several pairs of shoes there." He says he's just a "small part" of what happens there, but feels "blessed" to do his part. "It's so rewarding; I get much more out of it than I give," he said. "And Physicians for Peace is a great organization — it makes it easy to do this kind of work."

And sometimes, he gets help from home. "Because of my interest in soccer, I usually take 20 or 30 deflated soccer balls and give them to the sports federation there for the kids," said Walters. "So Sam Hoehn, a boy on my son Peter's soccer team, made it his Eagle Scout project to collect soccer shoes for the 3,000 or so kids in the city who play soccer barefoot or in sandals. So in October, along with a shipment of medical supplies, Physicians for Peace sent about 275 pairs of shoes."

For more information or to help, see www.physiciansforpeace.org.

He was in the capital city of Asmara at Halibet Hospital, and he called the situation "clearly challenging." Said Walters: "The need is overwhelming and the resources are extremely limited. If you need it, you'd better bring it. You also need patience, flexibility and cultural awareness — understanding that people there are ecstatic to have us and are doing the best they can with what they have."

Most satisfying, he said, is "if we've restored a child's ability to walk, or walk without pain. For some girls, we've made them marriageable; and for the boys, we've made them employable."

Although PFP isn't a faith-based organization, Walters said many of the doctors are Christians and "we feel compelled" to volunteer in it. "We clearly see the need and wish we could do it more often," he said. "Ten percent of the world has 90 percent of the medical assets — and 90 percent of the world shares the other 10 percent. Eritrea is one of the countries that has missed the continent and had the longest civil wars in that continent's history."

The per-capita income is under $200 a year, but there's now a medical school there and, said Walters, "Keith Goss and I hope to eventually establish a permanent, limb-defor mity center in Asmara that he and I would staff. And we hope the medical residents we'd take there would feel inspired to come back and serve. But all this would be made possible through generous donations of medical equipment, supplies and funds — and prayer."

Walters has also made many friends in Eritrea and, when he arrived this time, a nurse named Fortuna hugged him and said, "Welcome home, Dr. Chris." Now, he said, "It feels like part of my life; for me and others who work in the Third World, some of our most meaningful experiences have been there. And we know that, if not for us, nothing would get done because this country has been pretty much ignored by the rest of the world — including our own government."

Besides treating patients there, Walters also teaches the Eritrean doctors and medical students and has grown fond of the people there.

He says he's just a "small part" of what happens there, but feels "blessed" to do his part. "It's so rewarding; I get much more out of it than I give," he said. "And Physicians for Peace is a great organization — it makes it easy to do this kind of work."

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For more information or to help, see www.physiciansforpeace.org.

From left, Dr. Semere with orthopedic nurses Fortuna and Eferom.
Bulova Declares Victory

From Page 1

“Hispanic involvement this year is at an all-time high,” said Danies. “This is the closest Hispanic involvement this year between the student component of Hispanos al Progresso.”

THE BULOVA-HERRITY race is the closest Hispanic involvement this year between the student component of Hispanos al Progresso. The last two Fairfax County chairmen, Connolly and Democrat Kate Hanley, also won Fairfax County’s special election Feb. 3. Fairfax County chairman special election Feb. 3. Fairfax County chairman special election Feb. 3. Fairfax County chairman special election Feb. 3.

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Bulova won Fairfax County’s special election with 52 percent of the vote in 2004 and 59 percent of the vote in 2008. Bulova won Fairfax County’s special election with 52 percent of the vote in 2004 and 59 percent of the vote in 2008. Bulova won Fairfax County’s special election with 52 percent of the vote in 2004 and 59 percent of the vote in 2008.

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In 2004, Connolly won his first chairman’s race by nine points and approximately 17,000 ballots. Connolly then beat Republican candidate Gary Baise by over 20 points and 45,000 votes in 2007. In this week’s election, Bulova also lost two magisterial districts, Mount Vernon and Dranesville, which Hanley and Connolly had won in the four most recent county chairman elections. In this week’s election, Bulova also lost two magisterial districts, Mount Vernon and Dranesville, which Hanley and Connolly had won in the four most recent county chairman elections.

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A week before its February graduation, Mountain View School honored its top students during a Winter Awards Ceremony, last Thursday, Jan. 29. “This is a great time in the Mountain View family when we can recognize our students’ academic achievements,” said Principal Jim Oliver. “Congratulations to all the recipients for their fine performance in school, and thank you to all our generous scholarship donors.” Pictured are the scholarship winners and presenters.

All the February scholarship winners at Mountain View School gather together after the ceremony. Not pictured: Joanna Navarrete and Angelica Moore.

ExxonMobil/Berry Family: Katherine Tripus, recipient; Bob Berry, presenter.
New Directions: Natalie Briseno with Pete Garvey.

Farthing Family: Marcelo Santivanez with Jane Farthing.
Merritt Family: Siobhan Russell with Susan Lee.

Woodruff Family: Sydney Hull with Susan Bergert.
Mountain View: Rosa Martinez with Art Steffen.

Command Information: Jennifer Fong, recipient; Tom Loomis, presenter.

Dream Catchers/Apple Federal Credit Union: Melissa Sanchez with Mike Engley.

Angelica Moore, Reston-Herndon Parent Community Connection scholarship.

Photos by Bonnie Hobbs/Centre View

ExxonMobil/Berry Family: Katherine Tripus, recipient; Bob Berry, presenter.
New Directions: Natalie Briseno with Pete Garvey.

New Directions: Julia Edmonson with Pete Garvey.

Dream Catchers/Apple Federal Credit Union: Melissa Sanchez with Mike Engley.

Wade Jordan Memorial: Shahzad Asif with Jennifer Klinck.

Centreville Community Foundation: Brittany Hyp with Darren Marquardt.

Terry Studt Memorial: Gary Moore with Mike Lukacs.

www.ConnectionNewspapers.com
Legislators Talk with Residents in Town Hall Meeting

From Page 1

and it seems deep and protracted,” said Herring. And with the state forced to cut back aid to localities — which is half of its budget — and real-estate revenues dropping, localities are having a tough time making ends meet.

Overall, said Herring, Virginia is a well-managed state, and Gov. Tim Kaine took important steps last summer to address the shortfall. He made cuts but, said Herring, “As the economy continues to slow and the recession deepens, the projected budget shortfall gets worse.” However, he said he’s working closely with Northern Virginia senators Chuck Colgan, Dick Saslaw and Janet Howell, who sit on the state Finance Committee, “to make sure the concerns of our area are well understood by them.”

Caputo said Kaine revised the budget again in December, making proposed changes in five major areas — including taking $500 million from Virginia’s “Rainy Day Fund” and changing tax policy. But still, said Caputo, “We’re looking at a major challenge to all legislators and it makes for some intensity in the General Assembly.”

HERRING THEN discussed four pieces of legislation that he predicted will pass in the Senate, but not necessarily in the House.

Regarding banning smoking in the workplace, he said employees should be able to breathe clean air on the job. And a bill prohibiting all hands-free, cell-phone use while driving made it out of the Transportation Committee last week.

Closing the loophole for private dealers at gun shows is also on the agenda. It would require them to do background checks to make sure purchasers aren’t convicted felons or mentally ill, and Herring’s in favor of it. He said Kaine wants to increase the cigarette tax from 30 cents to 60 cents/pack — still half the national average — to fund Medicaid. “Without it, we’ll have to find another $150 million to fund it,” said Herring. “And Virginia ranks 48th in Medicaid funding, so it’s already pretty stingy. The speaker has said it’s dead-on-arrival in the House, so we’ll see where it comes out in the end.”

Noting some changes this year in the House, Caputo noted that legislators that, to provide more transparency, “You’ll be able to see streaming video of the sessions so you can see how your representatives are handling legislation that’s proposed.” He said the House has 1,285 pieces of legislation to consider, and Feb. 9-10 is crossover — when House- and Senate-approved bills go to the opposite body for consideration.

Regarding the smoking ban, Caputo said it failed in the House, 8-2, and only he and Del. Vivian Watts voted for it. “Anything that bans or prohibits smoking is always killed in the House,” he said. “And in the Senate, it’s going to meet the same fate.”

Caputo’s bill allowing clean-fuel vehicles to continue using HOV lanes passed the House on Friday, as well as his bill changing the name of the Department of Mental Health, Mental Retardation and Substance-Abuse Services to the Department of Behavioral Health and Developmental Services. Said Caputo: “It encompasses 142 code sections and was a 117-page-long bill, but it’s a step toward removing the stigmatization of being labeled mentally retarded.”

ANOTHER OF HIS BILLS would give a special, personal-property tax rate for clean, special-fuel vehicles. “We’d like to promote electric vehicles to encourage the public to buy these cars,” he said. “Counties like Fairfax and Loudoun would be able to enact such legislation. This bill received positive response in subcommittee.” Caputo said Del. Tim Hugo (R-40th) asked to be a co-patron, so he’s hopeful it’ll continue being well-received as it moves forward.

Caputo’s also proposing a major-facility jobs tax credit. For every job over 100 that a new company brings, it would receive a $100,000 tax credit over three years.

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Still to be heard by committee are bills including his version of the gun-show loophole closure. The Senate’s considering a statewide bill, so Caputo’s would allow Fairfax County to enact this legislation “because the Dulles Expo Center has some of the largest gun shows in the nation.”

Giving a tax credit for the installation and operation of energy-efficient heating and air-conditioning equipment is still on the table, as is providing a tax deduction for adoption expenses up to $4,000.

Herring said the Senate passed a bill Friday that would rewrite incentives to encourage start-up and high-technology businesses to come to Virginia. “I’ll put Virginia on the map and help us compete [in this arena] with other states,” he said. “I believe it could bring to Northern Virginia businesses involved in bio-science, energy, conservation and other high-technology fields.”

One of his bills would insure that “people producing their own energy from renewable resources, such as solar panels, would get reimbursed at the same rate the utility company charges its customers for renewable electricity.” He also proposes a bill requiring Virginia to implement plans to reduce its energy consumption by 19 percent from what it planned it to be in 2025.

In addition, Herring has bills protecting the vulnerable. One would make it a crime for “using undue influence to take an elderly or incapacitated person’s money. The other would crack down on predatory and car-title lending. Said Herring: “To me, it’s unconscionable and our state shouldn’t allow it.”

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Note: Caputo, Herring answer local residents’ questions. See Centre View at www.connectionnewspapers.com
**OPINION**

**Importance of College Options**

Northern Virginia Community College will have a growing and critical role in coming decades.

Here in Northern Virginia, residents, businesses and government all recognize the importance of quality public schools. Great schools benefit everyone, not just families with children in school. In Fairfax County, the public school system absorbs more than half the county funds available. In Loudoun, the percentage is much higher. Spending per student in Arlington and Alexandria demonstrates those localities’ commitment to their public schools as well.

Another critical component of the quality of life, education and the economy here is the Northern Virginia Community College. While it’s hard to overstate the importance of NOVA, the second largest community college in the nation with more than 60,000 students, will play an even bigger role in the decade to come. While NOVA (or NOVA as it is more commonly known), along with local school districts, has taken its share of budget cuts, the General Assembly should not take steps to cap its tuition. Northern Virginia Community College offers access to high quality college classes and degree programs at a very affordable price (well under $3,000 annual tuition for a full-time student) and also offers support to students with financial need in a variety of ways. The school must have some flexibility to manage its revenues to continue to meet growing demand.

NOVA is one of the most internationally diverse colleges in the United States, with students from more than 180 countries; international students make up about 20 percent of student population. The community college conducts significant outreach to the many students in Northern Virginia high schools who could be the first in their family to go to college, many of them immigrants. This is a critical link to the American dream.

NOVA provides an affordable path to a four-year college degree, plus provides certificates and training in careers in high demand like nursing and health care, “green” technologies. With even many affluent families feeling the effects of the economic crisis, many students in Northern Virginia will need to find alternatives to paying full freight for four years of college education.

NOVA accepts IB and AP credits, so an advanced student from Fairfax County could arrive at NOVA with a year’s worth of college credit, get an associate degree in one year at an affordable rate, and then transfer to a four-year college, finishing in three years and potentially cutting their college costs in half.

Students who graduate from NOVA with an associate’s degree and a minimum grade point average are guaranteed admission to other Virginia colleges. This is a critical link to the University of Virginia, and the College of William and Mary. NOVA has campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge along with educational centers in Reston and Arlington. NOVA offers more than 160 certificate programs and degrees and at the associate’s level, along with distance learning programs.

— Mary Kimm

**LETTERS TO THE EDITOR**

**Changing Start Times Raises Problems**

To the Editor: I wrote a lengthy opinion piece in the CentreView version of The Connection newspapers in January. I also have followed all of the opinion pieces after that piece was published. I respect the concerns of high school parents and the SLEEP organization. I respect your statistics and studies about quality of sleep.

My bottom line is that you can not sacrifice thousands of other students and families by changing start times to favor high school students. It is not as simple as the SLEEP organization seems to want to make this. I want the school board to look at all of the children and families before they make any changes. The proposed changes negatively impact elementary students and middle school students and families and that is a significant number. The staffs at elementary and middle schools are also impacted negatively. It also changes the traffic patterns in and around each neighborhood school as well as putting middle school buses on the roads much later in the evening during the worst of rush hour traffic. If the county could afford more buses to give each level of school better bell schedules, I am all for it. But the proposed changes only make life worse for younger students and their families. They don’t help the entire school system and the overall problem of not having enough buses to transport the children at the best time of day for all students. Why are we making a change if it only shifts the problem to another group of people instead of solving it for everyone? The proposed time changes in the latest on line report raise more problems than solutions. That is my concern.

Mary Bankert

**More Thought Needed on SLEEP**

To the Editor: I am fortunate enough to live five minutes from both our middle school, Franklin and our high school, Chantilly. I oppose SLEEP. While I agree that teens need sleep I think some thought needs to be given to the middle school start times.

With the schools ending at 4:30 p.m., has anyone given any thought to the after-school activities for these children. Many schools are saying they will not be able to have them. I know that we have a play that many students are involved in. The band and orchestras have after-school practice before competitions. The year book, SCA, Math Counts, Science Olympiad all meet after school. For these activities to continue there would have to be a late bus at 6:45 p.m. Is the county going to provide transportation? Middle school can be an awkward time for many and being involved with school activities is the anchor many teens need not to get lost. The only students who win with SLEEP are the ones who do not participate in any school activities. If a child is involved they will not get home until dinner and then will have to do their homework and go to bed. When will they decompress? I guess they can stay up later since they get an extra hour of sleep. Or they can watch TV or have game night with their family and wake up early to do their school work.

In a country that has made a reputation for itself as being the best in the country, I am surprised that the school board would even consider a proposal that would potentially eliminate so many opportunities for our children to be involved in activities. The school board really needs to consider how they are going to help the schools maintain activities which in turn help maintain our outstanding reputation. Oh, and on a last thought, has anyone done a study on the traffic impact of all these buses being out during rush hour?

C. Eshleman

Spring Haven Drive

Fairfax Change Start Times for School

To the Editor:

My name is Sam Judug and I am in the eighth grade at Ormond Stone Middle School in Centreville. I am writing about the SLEEP proposal before the Fairfax County School Board to change the start time for schools. I think they should pass it, not just for me but for everyone. Here’s why:

1. If high schools open up later in the day, teenagers like me would have a good sleep. A good night sleep will help us to do better at school.

2. Elementary school kids usually wake up earlier than teens do and it makes sense to send them to school earlier in the day. SACC is available to watch young kids after school.

3. Another benefit to the SLEEP proposal is for the school’s budget because we would need fewer buses. This will help Fairfax to save money in this time of financial crisis.

C. Eshleman

Spring Haven Drive

Fairfax
**Opinion**

**Changing School’s Start Times Would Do More Harm**

To the Editor:

The Fairfax County School Board is currently assessing a proposal to let high school students sleep-in and permanently start the school day at a later hour. I am a parent of a Fairfax County Public School student, who in general supports efforts to improve the sleep schedule of students; however, after looking more carefully at the facts, I am concerned that the negative effects of the current proposal to start later far outweigh the benefits, and that changing the schedule would do more harm than good.

With later start times come later dismissal times. The potential disruption to normal after-school activities and athletics is significant. There would be less time for after school teacher-student meetings, clubs, music lessons, drama, band, etc. There would be less sunlight for outdoor athletic practices. Early afternoon freshmen games could be eliminated.

**Wolf supports Wall Street but not Main Street**

To the Editor:

This morning I learned from Americans for Democratic Action that our hometown Representative voted against the Economic Recovery and Job Creation Act proposed by President Obama to address the current economic crisis. Last September I recall Rep. Frank Wolf supported giving away $700 billion in tax dollars to bailout Wall Street. I am outraged that some of our lawmakers consider the welfare of the people who created this mess more important than their constituents. This important legislation is desperately needed to create the jobs and provide the tax relief we need here at home. I will remember these votes on Election Day in 2010 and urge my neighbors to as well.

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**Letters**

**From Page 8**

sis.

4. If teens get home later from school, there is less chance for them to get into trouble.

Next year, I will go to high school and will benefit by more sleep. In conclusion, I support the SLEEP proposal to change the start time for schools and believe it should be passed by the School Board.

Sam Jugus
Bromfield Trace
Centreville

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**Write**

Centre View welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed and include home address and phone numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
Centre View
7913 Westpark Drive
McLean, Va. 22102
Call: 703-917-6434.
By fax: 703-917-0991.
By e-mail: centreview@connectionnewspapers.com

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Sung-Joo Park
Jarnigan Street
Centreville

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Centreville High grad Jamal Crowelle is one of eight Emory & Henry College students heading to the 10-state Region IV competition of the Kennedy Center American College Theatre Festival, Feb. 3-8, in Greensboro, N.C. Winners will advance to national auditions at The Kennedy Center in Washington, D.C., in April 2009. The nominees are required to select acting partners and prepare two contrasting scenes as well as a monologue for the three-part competition.

The Fairfax High School Chorus Department will present Cabaret Night Monday, Feb. 9 at 7:30 p.m. Family Open House for families interested in touring the Preschool, Elementary and Junior High. An art show and science fair projects will be on display. More information is available at www.sainttimothyschool.org or by calling Kim Kovac at 703-378-6932. Address: 13809 Poplar Tree Rd., Chantilly.

Westfield High School International Night will be held on Friday, Feb. 13 from 7-9 p.m. in the auditorium. Intermission offers international food and henna designs as well as exposure to other clubs here at Westfield High.

Cadet Michael Sean Lawrence, the son of Mr. and Mrs. Michael Lawrence of Clifton, has successfully completed six weeks of comprehensive new cadet training at Valley Forge Military Academy and College. The new cadet is a member of C Company. School Superintendent Col. James J. Doyle, USMC (Ret.) personally recognized Cadet Lawrence for the achievement.

One of the editors of the Bridgewater College yearbook, Ripples — Lindsay Nash — is from Centreville. The yearbook has earned a first place award in an annual national competition sponsored by the American Scholastic Press Association, which is based in College Point, NY. The 2008 edition of Ripples competed with hundreds of college yearbooks from across the nation in the category of colleges with fewer than 5,000 students. It was judged on criteria that included page design, story layout, graphics, headlines, cover design, advertising placement and photography.

Gary Bender, a yearbook advisor at Westfield High School, received a Special Recognition Adviser in the Yearbook Adviser of the Year competition from the Journalism Education Association. Bender advises the Guardian at Westfield, and he has been advising yearbooks for 13 years, including five years at the junior high level. He will become a full-time journalist the next year when he will also start advising the school’s newspaper. The National Scholastic Press Association has recognized the Guardian five times as a Pacemaker finalist, and the Columbia Scholastic Press Association has awarded the book its Silver Crown rating. Bender has been the only yearbook advisor at Westfield since the school opened. He intended to become a history teacher, not a journalism teacher. He has a B.S. degree in European and American History.

Centreville resident Sophia Bonadies, a junior majoring in athletic training at Bridgewater College was named to the Dean’s List for the fall semester. Students on the Dean’s List have attained a 3.4 or better grade point average of a possible 4.0.
Victoria Kimmel Dies

Victoria Helene Kimmel of Chantilly died on Jan. 31, 2009. She was the beloved daughter of John and Helen Kimmel and the loving sister of Adam Kimmel; cherished granddaughter of Virginia Kimmel and the late Albert Kimmel and Michael and Helen Zakutny.

Victoria was a 2001 graduate of Chantilly High School. She received her B.S. in Psychology from George Mason University in 2008. Victoria was very active at St. Timothy Catholic Church where she taught religious education classes and organized youth activities for many years. The family received friends at the Evetry Funerary Home on Feb. 4. A Mass of Christian Burial will be said on Thursday, Feb. 5 at 10:30 a.m. at St. Timothy Catholic Church, 13807 Poplar Tree Road, Chantilly. Interment will be private. In lieu of flowers, memorial contributions may be made to the Texas Children’s Cancer Center for Rothmund-Thompson Syndrome research.

Annie Mae Johnson, 75, Dies

Annie Mae Johnson, 75, of Centreville died on Jan. 12, 2009. Born on July 23, 1933, she leaves to cherish her memory a loving and devoted daughter, Mary (Leon) Todd of Centreville, two granddaughters Pamela Lynne (Gordon) Person and Tiphanie Leigh Todd, both of Centreville, and one great-grandson, Gordon Leon Person Jr “LJ”. She is also survived by one brother John W. (Nannette) Jackson of Mereno Bay, CA; one brother in law, Philip (Millie) Johnson, one uncle Deafcon Robert Jackson and a host of cousins, nieces, nephews, other family and friends. Family received friends and relatives on Jan. 17 at Mt. Pleasant Baptist Church in Herndon. The interment was at Pleasant Valley Cemetery in Annandale. In lieu of flowers, send donations to Mt. Pleasant Baptist Church, seniors ministry.
Chargers’ Company-Wide Success

In head coach Valerie Allen’s first year, Charger girls take business-like approach on the basketball court.

Like many high school coaches, Valerie Allen, the bench boss for Chantilly’s girls basketball team, views her program as a company. If one of the employees forgets or neglects to do her job, the entire operation suffers.

And despite losing five straight games during an 18-day span in January, business was profitable Tuesday night at Chantilly High School, as the Chargers walked away with a 56-40 win over Robinson.

“We had a stimulus package going on,” Allen, a first-year coach, joked. “The economy did much better. It’s so nice to walk into the locker room and see them happy. “But it’s just one game. I have three more that I have to focus for and the next one is Herndon.”

The Chargers ran their record to 9-9 overall, 4-6 in Concorde District play, and they’ll host Herndon Thursday night for a 7:30 p.m. tip.

Robinson raced out to a 7-4 lead Tuesday, but Chantilly closed the first quarter on a 14-0 run. In the second quarter, Chantilly led by as many as 13 points before Robinson fought back with a 5-2 run to close the first half.

In the third quarter, the Chargers outscored Robinson, 10-3, and led by as many as 20 points early in the final period. Junior Tamika Hamilton led Chantilly with 13 points and nine rebounds. Classmate Meagan Carey chipped in with 10 points and five boards, providing the Chargers with a dominant low-post option.

“We just came out strong and ready to play,” said Hamilton, a slashing, do-it-all-type player who’s starting for the first time on varsity. “We knew that we needed to have this win. We just came out and took it to them.”

When the mid-season losing streak hit five, Allen and Co. decided to stop worrying about the past and focus more on the present and future. After all, those five games were winnable at one time but weren’t anymore, thanks mostly to some inconsistent play that Allen feels the team has put behind itself.

“We sat down and talked about believing in each other and where we want to be,” Allen said. “It’s hard when everyone else is starting to creep up and you’re sitting at the .500 level, you’re like, ‘Oh my God.’ The pressure of needing a win to feel good … we had to remove that.

“I had to stop being a varsity coach. I had to teach more. I had to break it down more,” Allen said.

See Success, Page 13

Chantilly’s Pace Signs on the Line

With his parents by his side, Chantilly senior Torrian Pace signed a National Letter of Intent on Wednesday afternoon to play football at Youngstown State University. Pace, one of the area’s most sought after recruits, ran for 2,717 yards and 33 touchdowns this season, including 353 yards and five scores during a Northern Region semifinal win over rival Westfield.
Capers’ Company-Wide Success

FROM PAGE 12

“We talked a lot about believing in each other and trying to get to a point where they understood it’s not about where you start it’s where you finish.”

THE CHARGERS STARTED strong by winning six of their first eight games but began to hit a slump that started with a loss to Mills Godwin in the Chantilly Pohanka Classic, annually one of the area’s toughest holiday tournaments.

That loss, though temporarily negated by a win over Yorktown the next night, sent Chantilly into the five-game district tailspin, losing five of the other six Concorde teams. But prior to the Fairfax game on Jan. 29, Allen called the aforementioned team meeting.

With two more district games — they play Westfield next Tuesday — the Chargers simply want to “make noise” in the district tournament, earning a spot in the Northern Region tournament.

“We’ve had a pretty rough season in the district this year, but I feel like lately we’ve picked it up, coming back in the second half of our season and beating Fairfax and now Robinson,” said senior Katie Stillwell, who finished with eight points against Robinson. Stillwell, who also plays field hockey and girls lacrosse at the school, recently earned a lacrosse scholarship at William & Mary.

“We’re picking it up,” Stillwell added. “We’re playing better defense and we’re playing well as a team now.”

And working well as a company, too.

“When you’re a company, if one person lets go of the job, the company doesn’t function,” Allen said. “I’m proud of my kids because [against Robinson] every single one of them did their job.”

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For more real estate listings and open houses visit www.ConnectionNewspapers.com, click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.
ON GOING
All 37 Fire and Rescue Stations around the county will be collecting food for Fairfax County Homeless Shelters now through Feb. 11. Contact the Public Affairs and Life Safety Education at 703-246-3801 or Ff. Willie Public at 703-246-3963.

Smart Markets of Oakton is a year-round market with vendors offering meats, cheeses, breads and bakery goods, pasta, sausages, coffee and Virginia wines. It is held Saturday mornings from 10 a.m. to 2 p.m. in the parking lot of the Unitarian Universalist Church, 2709 Hunter Mill Road, Oakton. Visit www.smarrmarkets.org.

Centreville Regional Library will be offering AARP Tax-Aide to walk-in clients on Tuesdays from 9 a.m.-p.m.; Thursdays and Saturdays from 10 a.m. to 2 p.m. starting Feb. 1 through April 15. The library is at 14200 St. Germaine Dr., Centreville. This year, all tax returns will be electronically filed. All taxpayers MUST bring a government issued picture ID and Social Security cards for all persons included on the tax return. For more information, call 1-888-227-7669 or visit the Web site at www.aarp.org/taxaide

To highlight your faith community, call Karen at 703-917-6468

BOOK REVIEW

Book author Anthony Pitch will hold a discussion and signing for The Road to Ford’s Theatre, Abraham Lincoln’s Murder, and The Ripe for Vengeance, on February, Feb. 5 at 7 p.m. at the Borders in Fairfax, 11054 Lee Hwy., Fairfax. Call 703-359-8420.

FRIDAY, FEB. 6

Swing Dances are held every Friday night at the Dulles Hilton in the Red Fox Room with Sue and Gary Caley. Drop-in beginner lesson included in price of admission from 8:30-9 p.m. Live music from 9 p.m. to midnight. Cost is $15. All ages welcome, large dance floors, air conditioned. Hilton Washington Dulles Hotel, 13869 Park Center Road, Herndon. Go to www.gottaswing.com for details etc.

SATURDAY, FEB. 7

Chocolate Lovers Festival, Old Town Fairfax. 3999 University Drive, Fairfax. Some events require a fee, and other events are free. Contact 703-385-1663 or www.chocolatefestivefestival.com for details. The Lane’s Mill Chapter of the Daughters of the American Revolution will hold its monthly meeting on Saturday, Feb. 7 at 1 p.m. at the Centreville Regional Library. Those interested in the DAR and attending are welcome and should contact jsmithtot@aol.com.

ON SUNDAY, FEB. 8

The Old Dominion Chrysanthemeum Society will present a one-hour slide program, with Q&A, introducing the newest mum cultivars being offered for the 2009 season, and a review of the Best Exhibition Mum’s offered by TDG. The meeting will be held on Sunday, Feb. 8 at 2:30 p.m. at the Falls Church Community Center, 223 Little Falls Street, Falls Church. Open to the public. Free admission and refreshments. Call Jim Dunne at 703-560-8776.

WEDNESDAY/FEB. 11

Pre-Schoolers Plus, chapter of Mothers First, a support group for parents of children who have chosen to alter their careers to raise their children. They Have Killed Papa Dead!, The Lincoln’s Murder, and The Rage for Justice will perform on Saturday, Feb. 7 at Sully’s in Chantilly.

ON SUNDAY, FEB. 8

All 37 Fire and Rescue Stations will hold its monthly meeting on Sunday, Feb. 8 at 10 a.m. at the Chantilly Fire Station 1, 7904 Chantilly Road, Chantilly. Contact the Public Affairs and Life Safety Education at 703-246-3801 or Ff. Willie Public at 703-246-3963.

THE CHURCH OF THE ASCENSION

Traditional Anglican Service

9:00a.m - Morning Prayer
11:00a.m - Holy Communion

(CURCH SCHOOL & NURSERY) 13941 Braddock Road, (north off Rte. 29) Centreville, VA 703-830-3176

Mount Olive Baptist Church

6600 Old Centreville Road
Centreville, VA 20121
703-830-8769
Rev. Eugene Johnson, Pastor
www.mountolive-church.org

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Worship 8:30 a.m.

• Programs for Children, Youth & Adults

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(703) 815-8860 www.ccsb-va.com Pastor, Gary L. Moomes

The Alliance Theatre will present “Plaza Suite” on Feb. 13-14, 20-21 at 7:30 p.m. with Sunday matinees on Feb. 14 and 22 at 2 p.m. Performances will be held at Mountain View High School, 7775 spindle Street, Centreville. Tickets are $10 with group discount pricing available and 58 for seniors and children under 12. For tickets, order online at TheAllianceTheatre.org. This play is directed by Kevin C. Robertson and produced by Elaine Wilson and Maggie Swan. The small cast includes old and new faces including Jyn Newson (Sam), Janet Devereux (Karen), Kelly Ingram (Jain/ Mimsy), Ryan Ingram (Bellhop), John Nagotola (Levee), Anja Akin (Muriel), Sean Wilson (Roy), Sarah Daniels (Norma) and Ian Burns (Borden.). For more information about how to join The Alliance Theatre, family visit TheAllianceTheatre.org or call Elaine Wilson at 703-830-1078.

SATURDAY, FEB. 14

Local dance instructors Sue and Gary Caley of Gotta Swing have volunteered their time for the St. John Neumann Theatre Ministry fund-raiser dance party, The Dancing Thru The Decades Swingtacular on Saturday, Feb. 14 from 8 p.m. to midnight at the St. John Neumann Parish Center, 1500 Lawyers Road in Reston. Admission is $15 and includes a smorgasbord of delectable desserts, coffee, tea and beverages, and dance instruction from 8-9 p.m. Mountain residents are invited to all ages will be featured, dance partners are not required and “just watching” seating will be available. Call 703-860-8530, or www.sjntheatreministry.org.
Temple Beth Torah is a Reform Jewish congregation and member of the Union of Reform Judaism (URJ) that meets at St John’s Episcopal Church in Centreville. Religious school is held at the Goddard School in Chantilly. The congregation offers the Northern Virginia Jewish community services that provide numerous spiritual, educational, support and social opportunities including religious school for member children age 3 through Bar/Bat Mitzvah and confirmation. The congregation welcomes all members of the community to attend any of our services or events. For more information, a newsletter, or a membership package, call 703-263-2252 or visit www.BethTorah.net. Upcoming TBT events:
❖ Feb. 6 at 7:30 p.m. — Shabbat Shira service — Historic Chapel
❖ Feb. 7 at 9:30 a.m. — Children’s service — Historic Chapel
❖ Feb. 7 at 10:30 a.m. — Learner’s service — Historic Chapel
❖ Feb. 8 at 9/10:30 a.m. — Religious school at Deer Park Elementary School, 15109 Deer Park Elementary Road, Fairfax. Call 703-323-9500 or visit www.templebethtorah.org, or call Sara Little at 703-257-4111 for information on these and other special events.

Wellspring Church welcomes Susan Hayward, speaking on “Social Justice and Resurrection” as part of Women’s Week celebration. Susie is a staff member with the United States Institute for Peace, and also teaches wedding planning classes for the Wedding Business Notes column. Her book is $35. Three levels of ESL: basic, intermediate and advanced. Class schedule is Tuesdays and Thursdays from 7-9 p.m. Starts Tuesday, Feb. 10 and ends April 23. School-Age Childcare is provided. Lord of Life Lutheran Church is located at 5114 Twinbrook Road, Fairfax. Call 703-323-9500 or visit www.lordoflifelutheran.com.

St. Andrew Lutheran Church (Braddock and Greens) welcomes community members to an evening meaningful service of prayer and song on Sunday, Feb. 8 at 7 p.m. with music beginning at 6:45 p.m. The service will end at 7:45 p.m. followed by singing of songs as requested by those in attendance. The theme this month will be based on “You are my beloved, my favor rests on you.” Call 703-830-2760.

The public is invited to a southern gospel concert by Brenda Braswell from Smithville, Tenn., at Oakton Baptist Church of Chantilly on Sunday, Feb. 8 at 6 p.m. The church is located at 14001 Sullyfield Circle, Chantilly, on Route 50 across from the Bob Evans Restaurant, call 703 631-1799. There is no admission fee.

Lord of Life Lutheran Church is offering ESL classes. Cost of the textbook is $35. Three levels of ESL basic, intermediate and advanced. Class schedule is Tuesdays and Thursdays from 7-9 p.m. Starts Tuesday, Feb. 10 and ends April 23. School-Age Childcare is provided. Lord of Life Lutheran Church is located at 5114 Twinbrook Road, Fairfax. Call 703-323-9500 or visit www.lordoflifelutheran.com.

Centreville Community Bible Church invites the community to a special Valentine’s Day Movie Night on Sunday, Feb. 13. The movie “Fireproof”, starring Kirk Cameron, will be featured. This event is free and concessions will be served. Come join us at 7 p.m. at Deer Park Elementary School, 15109 Carbarn Drive, Centreville. Go to www.cbcbc.va.com.

Stacey Joedicke of Centreville has upgraded her membership in the Association of Bridal Consultants. She operates Monumental Events Inc., and is a full-service wedding planner serving brides in the Orange County metro area. As an Association member, Joedicke works to improve her professionalism and that of others in the wedding business. She has been a member since December of 2006. At Monumental Events, Inc. Stacey has completed the Professional Development Program given by ABCinc in early 2008. For more information, a membership package or questions regarding membership, please contact Stacey Joedicke at 703-830-2768.

Got filing questions about your 2008 federal and Virginia state taxes? It’s tax time again, and the Virginia Society of Certified Public Accountants is offering free tax assistance to Virginia taxpayers through in Tax Re-

Business Notes
Sports Notes

Southwestern Youth Association (SYA) is extending the registration for Lacrosse. Age groups which still have openings are U-9 and U-11 boys and girls. Groups are determined by age of player as of Dec. 31, 2008 and play- ers must reside in the Westfields High School and Centreville High School pyra mids. All other age groups are full. Come try a new spring sport! All skill levels wel come; no playing experience is required. See information and register online at www.syasports.org

Former Westfield High grad Karen Woolley, now a senior at Darmouth College, broke the school record in the 60-meter hurdles on Friday, Jan. 9 with a time of 9.02. The previous record was 9.04 set by a recent graduate, Victoria Michelotti. Woolley also won the women’s pentathlon, which was the first event of the Darmouth Relays.

Going into the final event, Woolley trailed Albany’s Kamilek McShine by 2 points. A 10-second victory in the 800 gave her the title. Runner up, McShane, finished in 2:32.92 behind Woolley’s 2:22.58. Karen is the daughter of Dan and Leann Woolley. She comes from Herndon and is a graduate of Westfield High School.

Learn to enjoy running, improve your pace, learn proper form and strengthening drills at the EZB Women’s Running Camps. The eight-week camp begins Monday, March 2 at Fairfax Corner and Greenstreet Park. The camps will be held Mondays and Wednesdays, either 5:45 a.m. or 9:30 a.m. (sessions are 1 hour, 15 minutes). Visit www.ezbchicks.com. Proceeds benefit non-profit seeMOMMYrun.com. Contact Dr. Michala@seeMOMMYrun.com or 703-586-5037

Participants, family, friends and supporters of Fairfax Adult Softball Inc. (FAS) united together on Sunday, Jan. 25, 2009, for the 9th Annual Bowling Tour nament to benefit Northern Virginia Special Olympics and Fairfax County Park Authority field improvements. Some 225 participants contributed their time and spirits to raise over $9,200 in this year’s tournament. The FAS President, John McShane, was elated with the success of this venture. Call 703-815-9007

Virginia Elite Volleyball Club (VA Elite), in partnership with Northern Virginia Volleyball Association (NVVA), will have an open volleyball tryout and pre sen tation for players and parents on Saturday and Sunday, Feb. 7 and 8. Open clinics will be held by Olympic women’s vol leyball assistant coach Tom Hogan, Olympic silver medalist Stacy Sykora, and USA Volleyball’s top clinician, five-time Olympic staffer and team leader, John Kehoe.

All player clinics will be held on Satur day, Feb. 7 at The Madeira School and Oaklands High School. All additional player clinics held on Sunday, Feb. 8, 2009 will be held at Lifestyle Fitness in Ashburn. To register for the player events or for more information, go to www.vaelite.com. For questions contact Lily Richardson at 703-234-1753 or Lisa Baldwin at 703-737-3094. Cost of clinic for players and coaches is $55.

The Golden Girls Senior Softball Association is looking for female slow pitch softball players for its league and travel tournament teams. All skill levels welcome. Visit www.goldengirls.org or call Donna 703-938-0387.

Spring 2009 Registration Now Open. Registration is open through Feb. 8. Registration fee is $90 per player. Late fees will apply to registrations received Feb. 9 through Feb. 21. Late registration fee is $110 per player.

Managers/Coaches Wanted. Youth Baseball is actively seeking additional coaches for the Spring 2009 season. If you are interested, send an email to youthbaseball@chantillyyouth.org. All of the coaches will get to participate in a coaches training clinic, and will have support from the league throughout the season.

About Chantilly Youth Baseball (T-Ball & Coach Pitch). Youth Baseball is a coeducational, non competitive entry league for 5- and 6-year-old players. The focus of the league is to develop the player’s baseball skills while keeping a safe and fun environment. Typically one night per week, and games are played on Saturdays. Occasionally, games are held at night during the week. T Ball is for first time players & Coach Pitch is for 6-year-old players who have completed a season of T-Ball. 10U Spring 2009 Youth Baseball, your child’s birthday should be between May 1, 2002 and April 30, 2004. Visit www.chantillyyouth.org.

SYA spring registration is now available online at www.syasports.org. Register early to ensure placement and avoid fee increases. Registration is available for the following sports: Babe Ruth Baseball, Lacrosse, Little League Baseball, Soccer, Softball, Track and Field and Volleyball. Visit the Web site or contact the SYA Office at syaoffice@verizon.net.

Don’t miss your opportunity to enjoy one of the nation’s top adult team sports, Fairfax Adult Softball (FAS) before Feb. 10, 2009 to ensure your spring/summer evenings are filled with fun, camaraderie, and a spirit of competitive challenges every game night.

FAS is currently accepting applications for adult softball teams. Men’s, Women’s, Coed, Corporate Coed, Senior’s (age 50 +), and Masters (age 35 +) leagues are available. Applications are accessible via the SYA office home page at www.fairfaxadultsoftball.com. Call 703-815-9007 or email office@fairfaxadultsoftball.com.

Fairfax Adult Softball (FAS) is seeking prerequisites for its adult slow-pitch softball leagues in Fairfax County. Umpires net pay starts at $20 per one hour. Contact FAS at 703-815-9007 or email to: office@fairfaxadultsoftball.com.
Vitamin Efficiency

By KENNETH B. LOUIE

Partially due to doctor’s orders, partially due to advertised and unadvertised friends’ relatives’ and educated opinions, I’ve heard on radio and seen on television, I have begun, over the last year, to gradually supplement my vitamin- and nutrient-challenged diet with an assortment of pills, capsules, gels, liquid gels and soft gels to provide healthy sustenance that so far has escaped me. Since I cannot beat them on my own, I have decided to join them. If I’ve learned anything in life, it is that!

Surely exercise would help, as would dropping another 20 pounds (only 20!). Completely changing my eating habits, and I mean, really, like substituting as well as to a healthier and more fit me. But it’s rather difficult to turn an ocean liner around after it’s headed out to sea, and so far as I can see, the horizon is in my rear view window.

However, I imagine a few unexpected and discouraging results in my next quarterly blood test would most assuredly get the captain of my ship to turn tail and return to the vitamin bottles. And even though my current and birth-to-date eating habits would seem to indicate that I don’t yet know from starfagot, I was unfortunate enough to receive “the talk” from my primary care physician and/or his nutritionist, I’m sure my interest and predilection to ally supplement my vitamin- and nutrient-directed pursuits as any kind of declaration toward the biochemical tide and imbalance in the body. I’ve heard on radio and seen on television, my dietary deficiencies, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or termination of the bidding; (vii) to approve the creditworthiness of any bidder and/or purchaser; (viii) to withdraw the property from sale at any time prior to termination of the bidding; (ix) to extend the time for bidding; (x) to reject any or all bids; (xi) to postpone or set over the date or time of sale, and (xii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David S. Propst
1525 Wisconsin Avenue, N.W. 4500
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(202) 334-6200

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**Meals on Wheels Needs Drivers**

The Fairfax Area Agency on Aging “Meals on Wheels” program is in immediate need of drivers to deliver meals. Monday through Friday, to senior adults living in Fairfax County. Volunteers who speak Vietnamese are also needed. The job involves picking up meals at specified sites between 10:30 a.m.-noon and delivering them to seniors by 1 p.m. Drivers may choose to deliver meals on a daily, weekly, biweekly, monthly or substitute basis.

Call the Fairfax AAA Volunteer Intake Line at 703-746-5406, or e-mail melanie.mitchell@fairfaxcounty.gov.

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**Roundups**

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**News**

**Alliance Offers Simon Comedy**

Danieles says Norma’s been waiting for this day, her whole life. “She’s the first one in her family to be able to give her daughter a wedding at the Plaza, and it’s for her, too,” said Daniele. “So she’s emotionally invested in the day, but she’s also a superficial person and wants everything to look just right.”

She said Norma’s most-endearing quality is her family, especially her husband Roy. “They are meant for each other,” said Daniele. “Even with their yelling and fighting, there’s never a question that they truly love each other. There’s something very grounded about them.”

She likes Norma’s biting wit and being loud and boisterous. “Even though she’s not the brightest bulb, she gets off some zingers, so she’s fun,” said Daniele. “All the yelling challenges my vocal cords, but I really enjoy interacting with Sean, who’s such a good sport.”

Danieles said the audience will like how things eventually work out. “The play ends on a laugh, a high note and a lot of hope.”

“The play ends on a laugh, a high note and a lot of hope.”

— Sarah Daniels, playing the bride’s mother

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**From Page 3**

action between the characters.

Portraying Karen Nash, Janet Kohler Dueweke says her character, too, got all she wanted from life. “This is 1968 — we were married in 1945 — and I didn’t have high expectations,” she said. “But I didn’t know they weren’t high. We have a nice home and two kids, and I’m lucky and carefree. I don’t want to upset anybody — I’m a nurturing doormat — and have gotten frumpy.”

Dueweke’s also “having a blast” with her part. “I majored in theater and taught the-ater, but this is my first acting role in a long time,” she said. It would be easy to just make Karen a caricature, said Dueweke, so she doesn’t. “She has wonderful lines and snappy comebacks,” said Dueweke. “But she’s also bittersweet and there’s more to her than just schtick.”

She said the play’s challenging, and also great fun: “There’s a lot of comedy and silliness, but it parallels real life. People will recognize pieces of themselves or people they know in it.”

Westfield senior Ryan Ingram portrays the bellhop. “I talk about how the Plaza Hotel might be torn down for a new, luxury ho-tel,” he said. “It’s a perfect role for me because it’s my first theater production. It may be a small part, but it suits me because, in real life, I’m a hardworking man.”

KELLY CRAM PLAYS two roles — Jean McCormick, the secretary, and Mimsy, the bride. She describes McCormick as “very proper and subtle in the way she makes eyes at Sam. And she holds her own around Mrs. Nash, too. It’s awesome; I love it. This is so much fun — it’s the first play I’ve done since high school at Paul VI.”

Hardset, she said, is “trying to keep a straight face and not laugh while Mrs. Nash is cracking all these jokes. Best, said Cram, “It’s a top-flight production.”

Dueweke says her character, too, got all she wanted from life. “This is 1968 — we were high school at Paul VI.”

— Sarah Daniels, playing the bride’s mother

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**From Page 3**

will receive calls from 8:30 a.m.-5 p.m. each legislative workday, from now through Feb. 28.

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**From Page 3**

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Two residences, one in North Clifton. Island Cooktop and B/I Buffets. Deck, gazebo, stately brick Colonial, .30 acre lot, cul-de-sac, private yard, 5 BR, 3.5 BA. Price has firmed. Can get these in Years.

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