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Mount Vernon's Hometown Newspaper • A Connection Newspaper

December 21, 2009

Goodwill or

Trashville?

Property owners to

code violations from

collection boxes.

be warned of potential

drop off clothing or other items while running errands. But some business leaders say many of the bins are not maintained properly, leaving a trash-strewn landscape of

SEE COLECTION BOXES, PAGE 3

By Michael Lee Pope

he large receptacle bins along Richmond Highway offer a convenient way to donate to charity, with motorists stopping to

The Gazette



Santa arrives at Stratford Landing Elementary School with an escort of elves on cycles **On a Harley** along with Mrs. Claus and Frosty the Snowman. More photos, Page 17

code violations and nuisance.

Reading Council honors Woodley Hills' Elmore.

> By Jeffrey Aaron The Gazette

She's Reading Teacher of the Year

hen Judi Elmore was asked to sit for this story, the newly named Reading Teacher of the Year by the Greater Washington Reading Council was reluctant. "I don't know if I'm ready for this," she said.

After being named by the council, Elmore didn't even realize when she drove her car into the parking lot at Woodley Hills, where she has taught for five years, administrators had celebrated the recognition by congratulating her publicly on the school's sign.

"When someone asked me whether I saw the sign, I said 'yes, it said something about turkeys. What's nice about that?"

"No Judi," her colleague said, "you didn't see the other side." In bold letters, the school had honored her achievement: "Congratulations Judi Elmore, Teacher of the Year, Greater Washington Reading Council."

That would be Judi," Principal Sharon Aldredge said.

"She has had a hard time with the recognition. She's just being who she is: a person who does what's right because that's the quality of person she is.

"She plays a tremendous role. She's an amazing teacher, educator, and person. This woman is dedi-



Named Teacher of the Year by the Greater Washington Reading Council, Judi Elmore coaches a Woodley Hills student in reading.

cated. She's helped to turn our reading program into something successful."

AS A CHILD, Elmore acted out the role of a teacher in the basement of her best friend Joyce's house in her hometown of Yardley, Pa., where her friend's mother had installed a chalkboard.

Before going off to William and Mary College in Williamsburg, she told her high school teachers that she wanted to become a teacher. They discouraged her. "They all said anybody could become a teacher. You should become someone important," they said. So: she decided to become a lawyer.

During her first two years at William and Mary,

SEE SHE'S READING TEACHER, PAGE 15

\$100 Million for Rt. 1?

Transportation improvements passes in House Defense Appropriations Bill, on to Senate.

By Gerald A. Fill The Gazette

wenty-six association representatives of the Mount Vernon Council of Citizens Association attended the year's final meeting last week to hear Supervisor Gerry Hyland's announcements, debate and vote on two proposed resolutions, hear committee reports, and thank the outgoing co-chairs for their service: Katherine Ward, David Dale,

and Patrick Rea; and welcome the new co-chairs: Al Bornmann, Bob Reynolds, and Dave Plummer.

Hyland reported, from a conversation with U.S. Rep. Jim Moran, that the House Defense Appropriations bill contains \$300 million for BRAC transportation improvements for Bethesda area and for northern Virginia. Next step is for the Senate to act on the bill before

See Step Closer, Page 3





HAPPY HOLIDAYS

FROM ALL OF US JOHN MCENEARNEY, CHAIRMAN MAUREEN MCENEARNEY DUNN, PRESIDENT DAVE HAWKINS, MANAGING BROKER & MICHAEL DAY, ASSISTANT MANAGING BROKER

W RESIDENTIAL "AGENTS Jan Allison Paul Anderson Susan Anthony **Robin Arnold** Christa Barvinchak Mason Montague Bavin **Babs Beckwith** Margaret Benghauser Vicki Binkley Kay Blemker Vici Boguess Amy Brodie Brenda Gail Brown Christopher Browning Ginny Brzezinski Michelle Buckmire Clay Burke Jud Burke Julian Burke Jodie Burns Dianna Campagna Susan Carter Darylanne Clapp Carol Cleary Cindy Clemmer Colleen Coopersmith Marcella Mary Corbett Pam Cornelio Barbara Cousens Susan Craft Donna Cramer Waldi Crawford Pat Crusenberry **Catherine Davidson** Pat Day

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News Step Closer for \$100 Million for Route 1

From Page 1

House-Senate conference reviews, marks up, and recommends final passage. Hyland estimates that if enacted, the Defense Appropriations bill will likely contain about \$100 million for the Northern Virginia Route 1 corridor expansion and upgrades.

Moran's press announcement of the defense appropriation bill stated: "At Fort Belvoir, the Army Corps of Engineers estimates that without this infrastructure investment commuters who use I-95 or route 1 would have experienced a three to four hour delay each rush hour." "In northern Virginia the principal purpose of the money is to widen route 1."

Hyland released a Dec. 9 Board of Supervisors' letter to Moran listing the county's short-term transportation needs totaling \$189 million.

The letter listed the following needs:

♦ \$110-135 million for the widening of Route 1 from Route 235 south to the Fairfax county parkway.

✤ \$15-40 million for the reconstruction of the existing I-95 HOV flyover at Newington.

✤ \$5 millon for a study of the feasibility of providing rail service to Belvoir.

In addition, Hyland released a million."



Patrick Rea, Katherine Ward, and David Dale, - outgoing co-chairs - were recognized at Mount Vernon Council of Citizens Association's meeting last week.

letter dated Oct. 12, from Gov. Timothy Kaine to Moran which "establishes the statement of need" requested by Moran to justify the allocation of funds needed to address the projected traffic congestion triggered by the BRAC Belvoir expansion. The letter points to an Environmental Impact Statement (EIS) which projected 3-4 hour traffic delays on I-95 and route 1 during peak hours. The Governor's letter stated that money needed "to avoid the negative transportation effect of BRAC would be \$446

In this letter, Kaine outlined the following short-term projects that need funding immediately (and which parallels the Board of Supervisor's letter listing its transportation priorities):

Construction of a Direct Access Ramp from the I-395 general purpose and HOV lanes to the Mark Center.

Reconstruction of the existing I-95 HOV flyover at Newington to accommodate a direct access ramp into the Engineering Proving Grounds (EPG).



New co-chairs for the Mount Vernon Council of Citizens Association: Al Bornmann, Bob Reynolds, and Dave Plummer.

Telegraph road in the south to Woodlawn Plantation in the north.

IN OTHER MATTERS, Hyland

announced the formation of a citizens advisor task force to review and comment on the nominations for revisions to the county's master land use plan. He announced the appointment of Susan Fremet and John Byers as co-chairs of a task force numbering about 20 citizens. Their first meeting is scheduled for Jan. 20 at the Mt. Vernon • Widening of Route 1 from Governmental Center. The Task

Force's deliberations will continue to April, 2010.

The MVCCA debated two planning and zoning resolutions up for a vote but decided that both should be returned to the Planning and Zoning Committee for additional analysis. They were:

Rezoning Application to permit building two hotels at 8850 Richmond Hwv.

Rezoning of the Scannell property for 118 acres located between Telegraph Road and Cinderbed Road just south of the Fairfax County Parkway.

Collection Boxes Present Potential Code Violations

From Page 1

That's why leaders of the Southeast Fairfax Development Corporation say they are working with elected leaders to send letters to commercial property owners informing them of their responsibility under the county's zoning ordinance. Debi Sandlin, who is the executive director of the development corporation, recalls a meeting with county officials when she spread a series of photographs across a conference table. She said the litter-strewn images created an undeniable impression that something had to be done.

"You couldn't ignore it," said Sandlin. "You couldn't walk away from that meeting and say it's not a problem."

Since that meeting, the county published a brochure titled Clothing Donation Drop Boxes, which explains guidelines for property owners. In the next few weeks, Mount Vernon Supervisor Gerry

Hyland and Lee Distirct Supervisor Jeff McKay plan to send letters to commercial property owners. Sandlin said she suspects some property owners might not even be aware of the presence of the dropboxes on their property, and they need to know that they will be responsible for any code violations.

"There's a right place for these donation boxes and a wrong place," said Hyland. "They should not be place up and down Richmond Highway willy nilly."

NONPROFIT ORGANIZA-

TIONS say the donation boxes allow for convenient donations, increasing the number of donated items and revenue from salvage buyers. At the four Goodwill donation boxes on Richmond Highway, a contractor known as World Trade maintains the site and pays the nonprofit \$1.5 million a year to collect donations from the site and resell them to salvage buyers. Goodwill's contract with World

Trade requires that the sites' boxes be emptied more than twice a week, and the revenue from the company goes to Goodwill's jobtraining program.

"It's disappointing that some people seem to think allowing for convenient donations is a bad thing," said Branden Hurley, a spokesman for Goodwill of Greater Washington. "Our market research shows that most people make donations based on convenience."

Regardless of how the debate over the drop-boxes plays out over the next few months, Hurley said Goodwill's drop-boxes will soon be a thing of the past. Now that a new Goodwill has opened a new store in the area, revenue from World Trade will no longer be needed because donations can be made directly to the storefront location. That leaves 20 to 25 donations boxes from other nonprofit organizations that collect revenue from contractors that are required to

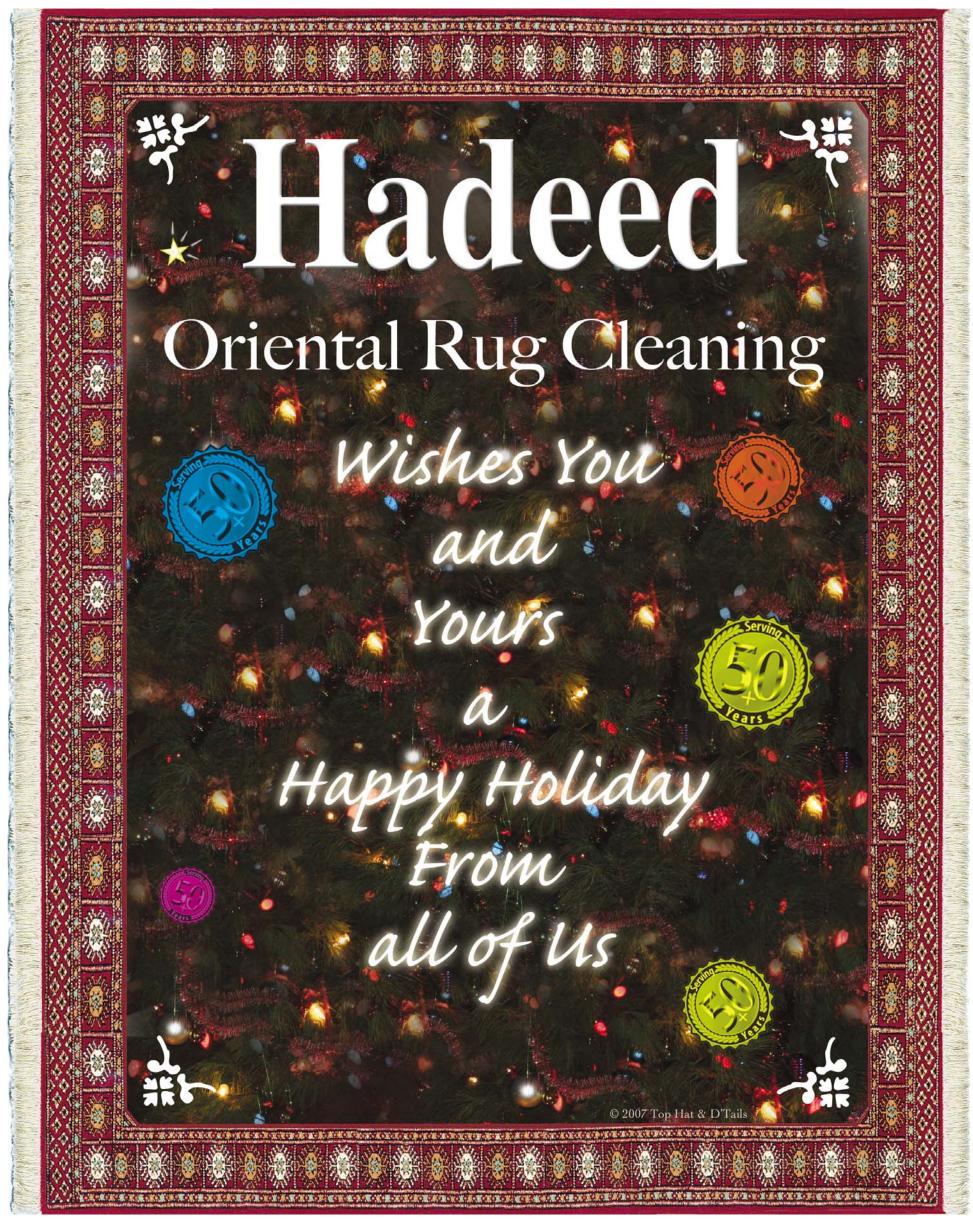


Goodwill of Greater Washington donation box across from the Ft. Belvoir Tulley Gate entrance of Richmond Highway.

maintain the sites.

"Property owners need to be aware that they are going to be responsible for code violations, not the nonprofit organization listed

on the donation boxes," said Sandlin. "Our purpose here is not to police the nonprofits. It's to create an attractive environment for redevelopment along Richmond Highway."



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News

The Bandleader Remembered

Real-estate agent turned musician was well known in the community.

> By Michael Lee Pope Gazette Packet

nce Mort Langstaff started telling a story, listeners were taken in for the duration. This is a quality that helped his real-estate career and his comrades on the golf course. But more than anything, it was

what drew people to Langstaff — a wellknown musician player in Alexandria who was a regular performer at the Alexandria Bar Association annual Gridiron show. On Dec. 7, Langstaff died from complications due to pneumonia. He was 80.

An accomplished piano player and consummate joke teller, Langstaff performed at the Marriott Hotel Washington for more then a decade, also appearing at venues such as Phillips Seafood, 219, the Serbian Crown and St. Elmo's Coffeehouse in Del Ray. He also played regular gigs at Goodwin House retire-

ment communities in Alexandria and Falls Church, as well as many area special events and parties.

"He was always a member of the band, someone who would play to accompany the other musicians," said Bill Rowe, a drummer and longtime friend. "Until it was his time to solo. That's when he became the star of the show because he was a master improviser."

BORN ON Nov. 22, 1929 in Paducah, Ky., Morton attended Sewanee Military Academy, the University of the South in Sewanee, Tenn., and George Washington University in the District of Columbia. He moved to Virginia in 1949 and served on the Air Force drum and bugle corps at Bolling Air Force Base.

Langstaff started his professional career at the National Rural Telecommunications Cooperative before taking a job working for U.S. Rep. Frank Stubblefield (D-Ky.). For most of his career, he was a real-estate agent — first with Macklin Hansen Real Estate and later with Kettler Brothers at Southwood in Mount Vernon. In 1975, he established his own firm: Langstaff Real Estate. "He was very good at real estate because he was the most outgoing person I've ever met," said Nancy Macklin, a former colleague and longtime friend. "Once you met Mort, you never forgot him."

Although he was a successful Realtor, friends and relatives say his true vocation was music. In 1984, he helped to develop the West End Dinner Theater in Alexandria to present Broadway-style community productions. He also participated in many shows at the Little Theater of Alexandria, singing and acting along side his daughter Molly Langstaff.

"He was an excellent musician, someone who could really play anything," said Councilwoman Del Pepper, who hired the Mort Langstaff trio to play politi-

cal events. "He was very generous with his time and energy — just an all-around good guy."

LANGSTAFF AND his wife family lived in Arlington for eight years before settling in Alexandria in 1962. That's when they moved to the Rosemont neighborhood, where they lived for 38 years. For the past decade, they have lived at Watergate at Landmark in Alexandria. Langstaff was a member of Columbia Pike Community Chorus, and the chancel choir at Trinity Episcopal Church in Arlington, where he also served in the

vestry and taught Sunday school. He was a member of the Alexandria Real Estate Assessment Board, served on the vocational education program board at T.C. Williams High School, taught real estate training courses at Northern Virginia Community College and volunteered for the Carpenter's Shelter.

He is survived by his wife of 57 years Cathryn Langstaff, children Molly Langstaff of Alexandria; a son Bradshaw and daughter-in-law Kerry Langstaff of Saratoga, Calif.; a daughter Kathryn Langstaff and son-in-law Stuart Cowan of Portland; and two granddaughters Kelly Langstaff of New York City and Sophia Cowan of Portland. He was preceded in death by granddaughter, Kaitlyn Langstaff.

A celebration of his life will be held Jan. 17 at 2 p.m. at Trinity Episcopal Church at 2217 Columbia Pike, Arlington. For more information, call 703-920-7077. He will be interred at a later date at Arlington National Cemetery. The family suggests that in lieu of flowers donations be made to the Molly Langstaff Continuing Education Fund. Checks can be made out to Trinity Episcopal Church 2217 Columbia Pike, Arlington, VA 22204.



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OPINION Happy Holidays A time to reflect, a time to share.

for the more secular among us, the close of the year brings ritual, magic, reflection and hope.

In events around the area, a sense of community has infused holiday parades, Christmas tree lightings, menorah lightings, choral performances, singing of carols, and other traditional events with warmth and joy.

Editorial

In Great Falls, it was the 19th lighting of the Christmas tree, with holiday songs by the Langley Madrigals. In Reston, Santa

arrived by boat across Lake Anne in a snow squall. In Alexandria, the Scottish Christmas Walk announced the beginning of the season despite the wet snow. In Clifton, the Christmas spirit was celebrated in a candlelight homes tour, among other events. In Fairfax, one congregation built a 7-foot-tall menorah out of Legos. And in every community, volunteers have come together to provide food, clothing and some holiday cheer for the needy.

2009 has been a challenging year for many families, businesses, schools, charitable organizations.

or the observant of any faith, and even As the year comes to an end, we can count our blessings. Here in the Washington suburbs most of us have been spared the intense difficulties of the economic downtown. We'll all likely to welcome 2010 with optimism and relief.

> Next week between Christmas and New Years, look for our annual Children's Connection, when we turn our entire paper over to the contributions of area students — artwork of many kinds, poetry and other writing. Our next regular edition will come out the week of Jan. 4, 2010.

> From the all the staff here, we wish you a merry Christmas, a happy Hanukkah, joyful holidays and a wonderful beginning to the New Year.

> > — Mary Kimm,

MKIMM@CONNECTIONNEWSPAPERS.COM

Give Locally

Remember that more local families are in need right now than ever before; thankfully, most of us are in a position to help. It's not too late to brighten the holidays for a needy family as many organizations are reporting record demand for holiday meals and help with providing children at least one present. The need will continue into the New Year as well.

Where to Donate

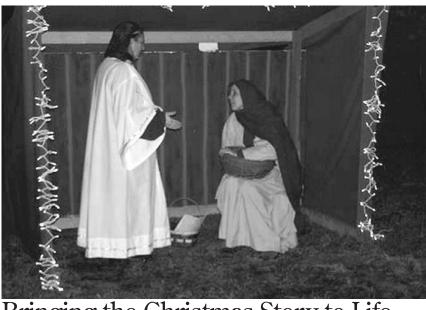
ALIVE (Alexandrians Involved Ecumenically)

www.alive-inc.org The Campagna Center in Alexandria 703-549-0111 United Community Ministries, Mount Vernon, 703-768-7106, 7511 Fordson Road, Alexandria, 22306

- UCM's Food Pantry is open weekdays 9 a.m. 5:30 p.m., and 11 a.m.-2 p.m. the first Sunday of each month (except January, July and September, open on second Sunday). Enter through gates on right side of building, drive around to opposite side of
- Highway, www.lortonaction.org.
- lcacvolunteer@msn.com, 703 339-5161 National Capital Food Bank, 6833 Hill Park Drive,

Lorton, serving all of Northern Virginia 703-541-3063, www.capitalareafoodbank.org Food donations accepted Monday-Friday, 8:30 a.m. to 4 p.m. Fully equipped with refrigeration and freezers,

- so can accept non-perishable food items, plus produce, any kind of meat or dairy products and frozen food.
- Good Shepherd in the Route 1 area, 703-768-9404 Lorton Community Action Center, 703-339-5161



Bringing the Christmas Story to Life

Karen Miller as an Angel with Kacie Greenwood-Ekman as Elizabeth.



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The Guards are Dan Murray and Dale Roach.

Aldersgate United Methodist Church brought the Christmas season and Journey to Bethlehem to life on Dec. 14 and 15. About 1,500 visitors attended the annual community event which involved more than 100 church volunteers of all ages. The shepherds are Samantha Niepling, Christian Marchant, and Isabelle Norton.

Hlount Vernon Gazette

www.MountVernonGazette.com Newspaper of Mount Vernon

An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street Alexandria, Virginia 22314

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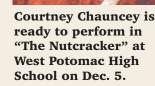
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COMPANIES

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PEOPLE





On Stage Spencer Ferry plays an angel.



Haley Narins plays Clara.

Service Award



Supporting Woodlawn

At the November meeting of Nelly's Needlers, Chairman Claudia Dideum (right) presented Laurie Ossman, director of Woodlawn and Pope-Leighey, with a check for \$10,000 for Woodlawn's **Endowment Fund and a** \$10,000 check to repair the brick terrace by the historic **Smoke House located on** the property. Other recent gifts to Woodlawn from Nelly's Needlers - a nonprofit group organized for the purpose of preserving the art of needlework and raising funds for Woodlawn — include \$10,000 toward the restoration of Woodlawn's historic Smoke House and \$10,000 to underwrite the expenses of the 2010 Annual Needlework Exhibition, held every March at Woodlawn. For more information on either Nelly's Needlers or Woodlawn, call Woodlawn at 703-780-4000.



Former U.S. Rep. Herb Harris receives the Northern Virginia Service Award from the 11th **Congressional District Com**mittee at its annual awards ceremony last Saturday. U.S. Rep. Gerry Connolly presented Harris with the award "for distinguished and honorable service to our communities, our commonwealth, and our nation." Harris was elected to Congress from Virginia's 8th District in 1974. He served three terms.



Part of Candlelight Tour

The Martin Family Band plays 18th century and Irish music for guests during the candelight tour at the Mount Vernon Estate on Dec. 4.



Laurel Philbin and Patricia Gilfillan hand out hot apple cider.



For Distinguished Service

The Fairfax County Board of Supervisors presented the Lawrence V. Fowler Award to Bill G. Evans at its Dec. 7 meeting. The award recognizes the distinguished service of a

longstanding member of a Fairfax County board, authority, commission or committee. Evans has been the Mount Vernon District representative on the Fairfax County Water Authority (Fairfax Water) Board since 1970. Early in his tenure, Evans' influence and leadership was critical in the consolidation of all of Fairfax Water's administrative and engineering employees under one roof. He has been an instrumental leader in shaping water policy for Northern Virginia. Working closely with the Virginia State Water Control Board, Evans played a key role in negotiating the adoption of the Occoquan Policy that establishes key source water protections for the Occoquan Reservoir.



Photo by Alexandria Fire Department **Firefighters'** Toy Drive

Lisa Jones works with volunteers to fill social service agencies and school requests of holiday gifts for clients and students in Fairfax County and Alexandria.

For the Holidays



The Shops at Mount Vernon has a large collection of estate jewelry from all over the country, ranging in price from \$150 to \$10,000.

Not Too Late

he Shops at Mount Vernon offer a variety of items for this gift-giving season. Estate jewelry, handmade crafts, an ornament commemorating George and Martha Washington's 250th wedding anniversary, and more. In the spirit of giving, it is also good to know that a portion of every purchase supports education and preservation programs at Mount Vernon. The shops are open 9-5 daily. Online orders received by Dec. 21 can still arrive by Christmas. See Mountvernon.org/shops.

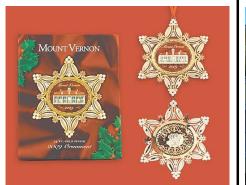
Mechelle Schloss



Peanuts were a staple of the colonial diet. Virginia peanuts have the largest kernels and are grown in southeastern Virginia. Mount Vernon peanuts are cooked in pure peanut oil to keep them cholesterol-free and to preserve the natural peanut taste. No artificial preservatives are added.



Handmade in the Blue Ridge Mountains, this cherry wooden ware is created via the same process as followed by the country's forefathers.



Mount Vernon's 2009 holiday ornament honors the 250th wedding anniversary of George and Martha Washington.



These handcrafted George and Martha Washington **3rd Edition** Carolers are 12" tall, and sold exclu-

sively at the Shops at Mt. Vernon.









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CHRIS WHITE



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Stillwell Avenue

\$525,000

Renovated!

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Happy Holidays from Chris & Peggy White!

\$998,500

Mount Vernon Hwy

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eading builder's model

ome has been loaded

with options and was

planned to sell for over

51,000,000! Fabulous

\$779,000



Waterside Lane \$798,500 Waterfront Value! pdated and expanded me on gorgeou levated grounds verlooks Little unting Creek! Private dock, custom glass

3102

walled family room, updated kitchen with granite, stainless & custom cabinets, hardwood floors, two car garage and much more! Unique opportunity - do not miss out!



open floor plan, 3 fin lvls including full w/o LL, 4/5BR, 3.5BA, updated gourmet kitchen, stunning MBR suite and custom river view screened porch house with deck. Expansive glass window walls capture river views and natural beauty of almost full acre site



BR home is located in a gorgeous setting on a ¹/ acre lot bordering acres of county parkland. Renovated throughout, it features an updated kitchen, refinished

ardwood floors, finished lower level, in-law suite and large deck. A recently remodeled home of this size in a premier setting reates a truly one of a kind value!







fabulous property has

Stunning! ome features bright pen floor plan with oaring cathedral eilings in the mair iving area. This

9316

\$540,000

1208

Tatum Drive

\$875,000

Villamav!

updated kitchen and

8108

East Boulevard Dr

\$2,395,000

Premier Property!

ustom Boucher built

assic on magnificent

ill acre lot just 3 miles

o Old Town! Spacious

esidence with elegant

Colonial detail, custor

Allwood Drive

been substantially updated and is in absolutely impeccable condition. Gleaming hardwood floors, track lighting, finished ower level, garage and much more. Gorgeous setting on half acre tract fronting a quiet street in the heart of Mount Vernon.

baths. MBR suite has private balcony which provides panoramic

vistas of the area with seasonal river views. Elevated grounds

brick exterior, 3 finished levels, handcrafted cabinetry and brick

work, gourmet kitchen, 4.5 luxurious baths, high ceilings, 4 frpls

and 3 car garage. Magnificent private setting on professionally

afford the ultimate privacy with gorgeous custom pool.



special features include: bright and open floor plan, high ceilings, our levels, upgraded kitchen and baths, hardwood floors, custom trim detail, spacious screened porch and two car garage. rime location convenient to everything



Mason Hill area! Home features five bedrooms, three full baths, arge room sizes, open floor plan and oversized two car garage. Fabulous potential to remodel or build your dream home on this special site with rural ambiance in "close-in" location convenient everything

Bright, open floor plan overlooks gorgeous half acre grounds i

one of the area's leading waterfront communities! Less than 5

mins from Ft Belvoir, GW Pkwy, Mt Vernon Yacht Club &

and the sure sure

Mansion House Club. Home warranty!



4413

Ferry Landing Road

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Yacht Haven!

uality gourmet kitchen

vith custom cabinets &

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ardwood floors, large

deck & covered parking.

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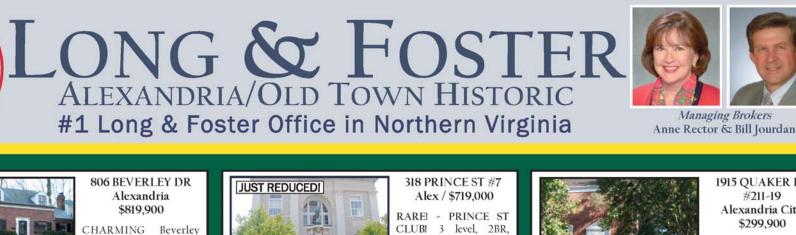
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10 & Mount Vernon Gazette & December 21-28, 2009

andscaped grounds, convenient to everything!

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this benefit). 20ft ceilings w/column detail in

living/dining, custom built-ins for TV, CD &

speaker systems. Direct access from unit to prkg

ace. Huge brick common area. Walk everywhere

2.5BA former model is

spectacular. Main level

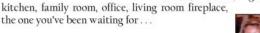
entertaining space, eat-in

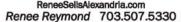
kitchen w/access to

Royal St (only unit with



CHARMING Beverley Drive Red Brick Cape with huge curb appeal, quality two-story addition, deep treed lot for further expansion 2/3BR, 3.5BA, granite





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Mount Vernon Gazette & December 21-28, 2009 & 11

1915 QUAKER LA

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Alexandria City

\$299,900

End unit Madison (2

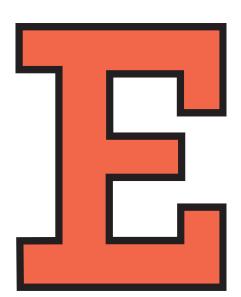
level / 2 Bedroom) with

brand new Maytag

washer / dryer upstairs.

Freshly painted

throughout and newly refinished floors.



Arts ***** Entertainment ***** Leisure

Christmas At Mount Vernon

Mount Vernon is again joyfully decking the halls for Christmas at Mount Vernon, a special daytime program offered from now through Jan. 6. Themed decorations (including 12 Christmas trees), a gingerbread Mount Vernon by former White House pastry chef Roland Mesnier, historical chocolate-making demonstrations, and 18th-century dancing will be offered. Back by popular demand will be "Aladdin," who plays the role of a Christmas Camel! George Washington was fond of unusual animals and plants, and he paid 18 shillings in 1787 for a camel to live at Mount Vernon for his guests during Christmas.

Christmas at Mount Vernon is included in regular Estate admission: \$15 for adults, \$7 for children ages 6-11, and free for children under 6. Call 703-780-2000; 703-799-8697 (TDD); or go to Visit.MountVernon.org

Washington Street.

Wright.

Alexandria To Honor

welve individuals or teams have been named this year's Living Legends

honor all nominees at a reception on Feb. 7, at the Lyceum, 201 North

of Alexandria. The Committee considered 32 nominations and will

Created in 2006, Living Legends of Alexandria is an ongoing, not-for-profit

photo-journalism project, which identifies, honors, and chronicles Alexandria's

citizens. Living Legends recognizes individuals who have contributed at least

one tangible improvement to the quality of the City's life that would likely be

missing without that person's vision and energy and those who have demon-

strated long-term service to Alexandria, especially through work on commis-

recognition programs in that the records are donated to the Alexandria Library

Greene, Sr., the team of Alice Merrill and Linda Odell, T. Michael Miller, John

Porter, Joan and John Renner, David Speck, Pat Troy, Lois Walker and Betty

The Legends of 2010 are: Chet Avery, Rosalind Bovey, Rodger Digilio, Nelson

sions, committees and service organizations. The project is unique among

Its Living Legends

Fun Hunt to Kick Off the New Year's Eve

irst Night Alexandria will kick off with an inaugural Fun Hunt on Thursday, Dec. 31. Teams of friends, family and colleagues are invited to participate in the unique event starting at 2:30 p.m. on New Year's Eve.

Fun Hunt participants will pick up clues at the Torpedo Factory Art Center in Alexandria. Speed doesn't matter, but solving all of the clues does.

The hunt will run until 4:45 p.m., when completed forms must be turned in at the Embassy Suites Hotel. During the First Night Alexandria official kick-off at 5 p.m., a Fun Hunt drawing will take place for first, second and third prizes. All teams that correctly finish the hunt by 4:45 p.m. and are present for the drawing will be eligible to win.

"There has already been a lot of buzz about this new event and we are fortunate to have generous sponsors providing some fabulous prizes," said Denny Auld, First Night Alexandria Board Member and Fun Hunt creator. "Our first prize winners will take home \$500, as well as a two-night stay at The Morrison House, with dinner onenight, and other great gifts. Similar prizes will be awarded to the second and third teams drawn."

The Fun Hunt is open to the first 250 teams registering. There is no fee to participate, but each team must have one First Night Alexandria badge visible at all times.

First Night Alexandria badge value and an energy chased online through Dec. 23 for \$15. Badges are also available for \$20 at several retail locations throughout Alexandria, and will be sold starting at 12 noon on Dec. 31, at the Embassy Suites Hotel on Diagonal Road, First Night Alexandria Headquarters that day. At least one venue in each of the First Night Spotlight Areas will sell badges too, starting 15 minutes before performances on New Year's Eve.

Admission badges are required for entry



Alexandria City Mayor William Euille presents First Night Alexandria board chair Charlotte Hall and Vice Mayor Kerry Donley, First Night Alexandria's chair-elect, with a "Fair Weather Proclamation" at the Alexandria City Council Meeting on Dec. 8.

to First Night Alexandria venues and provide access to any and all of the performances throughout the night. Children 12 and under are free when accompanied by an adult, and active military personnel will receive complimentary badges.

For Fun Hunt details, a list of badge retail sites and a full schedule of the evening's venues and performers, visit www.FirstNightAlexandria.org.

Alexandria Restaurant Week

More than 40 dining establishments will be showcasing their culinary expertise during the second-annual Alexandria Restaurant Week, Jan. 15-24.

For 10 days throughout the City of Alexandria, diners can sample \$35 pre-fixe three-course dinners, or \$35 dinners for two, or \$3.50 sweet treats at participating restaurants. This 10-day gourmet and gourmand event enables residents and visitors to enjoy tantalizing multi-course meals and distinctive treats prepared especially for the occasion showcasing the culinary diversity offered throughout the city. For event details and online reserva-

tions, go to www.VisitAlexandriaVA.com or call 703-746-3301.

List of Participating Establishments

\$35 Three-Course, Prix Fixe Dinner

219 Restaurant A La Lucia (+) Bastille (+) **Bilbo Baggins** Cafe Salsa Chart House Columbia Firehouse Del Merei Grille (+) Finn & Porter (+) Fish Market Geranio (+) Jackson 20 Joe Theismann's Restaurant La Bergerie (+) La Strada (+) La Tasca (+) Laporta's Restaurant (+) O'Connell's Restaurant Raw Silk, Indian Restaurant & Lounge **RT's Restaurant** Tempo Restaurant (+) The Carlyle Club (+) The Jamieson Grille The Warehouse Bar & Grill The Wharf Union Street Public House

GRAPE + BEAN wine bar

\$35 DINNER FOR TWO Bombay Curry Company Chadwicks Old Town Cheesetique Dishes of India (+) Duke's Bar & Grill FireFlies Fontaine Café & Creperie King Street Blues (+) Mango Mike's (+) Monroe's, An American Trattoria Murphy's Irish Pub Overwood (+) Ramparts (+) Seagar's Restaurant (+) Thailand on Royal Street Villa Di'Este

\$3.50 Sweet Treat

Bittersweet Catering

Price does not include tax and gratuity. All prices are subject to change.(+) Indicates online reservations offered

I 12 ♦ Mount Vernon Gazette ♦ December 21-28, 2009

for future research and to inspire others.

Calendar

FRIDAY AFTERNOONS

Tea Dances. 1-3:15 p.m. Group class from 1-1:30 p.m. Ballroom, Latin and Swing music. \$11/person. At the Dance Studio Lioudmila, 18 Roth Street, 2nd Floor (off Duke Street), Alexandria. Call 703-751-8868.

THURSDAY/DEC. 24

- St. Paul's Old Town Music **Offerings.** 6 p.m. (Choral prelude begins at 5:30 p.m.) St. Cecilia Choir, St. Paul's Choir Women, Good Shepherd Ringers, and parish Instrumentalists; Douglas Beck, conductor. At St. Paul's Church, 228 South Pitt Street, Alexandria, Call 703-549-3312 or email:
- douglas@stpaulsalexandria.com. **Christmas Eve Candlelight Service.** 9:30 a.m. The Vocal Ensemble of Westminster Choir, with Carolyn Carmack (soprano), Molly Roden (soprano), Elizabeth Blakeslee (harp), Michelle Clover (flute), Heather Hyde (trumpet), Richard Stone (timpani), and Paul Stetsenko (organ). At Westminster Presbyterian Church, 2701 Cameron Mills Road, Alexandria. Call 703-549-4766.
- St. Paul's Old Town Music **Offerings: Christmas Holy** Eucharist. 11 p.m. With St. Paul's Choir, Instrumentalists; Douglas Beck, conductor. (Choral prelude begins at 10:30 p.m.) At St. Paul's Church, 228 South Pitt Street, Alexandria. Call 703-549-3312 or email: douglas@stpaulsalexandria.com.

THURSDAY/DEC. 31

First Night Alexandria. New Year's Eve celebration with music, dance, performing arts for all ages with more than 100 performances in 25 indoor venues throughout Old Town. All ages are welcome and all venues are alcohol free. Noon to midnight. Fireworks at midnight. Entrance fee. Call 703-746-3301, www.VisitAlexandriaVA.com or www.FirstNightAlexandria.org.

SATURDAYS, SUNDAYS IN JANUARY

Storytelling Sessions. 2 p.m. Children enter a world of fantasy and fables when costumed interpreters weave three tales together during Mount Vernon's storytelling session, "Once Upon a Time at Mount Vernon," at Historic Mount Vernon in the Hands-On History Room in the Donald W. Reynolds Education Center. "Once Upon at Time at Mount Vernon" is included in regular Estate admission: adults, \$15; youth ages 6-11, \$7; and children under 5 are free.

JAN. 1-4

MAGFest 8 — Music and Gaming Festival. Offers 24hour console, arcade and PC game rooms, 10 live video game cover bands, a vendors area and guest speakers from the video game industry and fan scene. Live video game music cover bands and 24-hour gaming. In Alexandria. Go to http:// magfest.org.

SUNDAY/JAN. 3

Bach Vespers at Westminster. 6 p.m. Organ works included: Bach, Prelude and Fugue in c-minor ("Big"). Chorale Preludes "Helft mir Gotts Güte preisen," "Das alte Jahre vergangen ist," "In dir ist Freude" and Fugue on "Magnificat." At Westminster Presbyterian Church, 2701 Cameron Mills Road, Alexandria. Go to www.wpc-alex.org



DEC, 27, 28, 29

- "The Nutcracker." 2 p.m. and 7 p.m. Presented by The Virginia Ballet Company and School. At Northern Virginia Community College Annandale Campus in the Ernst Community Cultural Center Theater. Tickets are \$30/adults; \$20/children, students and seniors. Go to www.virginiaballetcompany.org or call 703-249-8227.
 - Twelfth Night. 6 p.m. A celebration of the Epiphany and the Winter Solstice. Armonia Nova, a Medieval and Renaissance ensemble of historical instruments and voices. At Christ Church, 118 N. Washington St., Old Town, Alexandria. Call 571-482-9052 or www.armonianova.org.

MONDAY/JAN. 4

Tavern Toddlers. \$7 admission. Weekly open playtime between 10:30 a.m. and noon every Monday. (For ages walkers through 36 months). At Gadsby's Tavern Museum, 134 North Royal Street, Old Town Alexandria. Call 703-838-4242 or visit www.gadsbystavern.org.

JAN. 4-5

Auditions for "Urinetown." 7-10 p.m. Presented by the Metropolitan Performing Arts Theatre. Sing up to 32 bars, bring sheet music (accompanist provided). Callbacks are Jan. 7. The performance dates are March 19-27. At 7630 Telegraph Road, Alexandria.



BumpKin Pie with Michael Dunkley and Suzanne Ives of Alexandria.

SUNDAY/JAN. 10

Hungry for Music Concert. 7 p.m. Four folk/ Americana duos perform. Starring Siobhan Quinn and Michael Bowers; BumpKin Pie with Michael Dunkley and Suzanne Ives; Lisa Taylor and Dana Connor; and The Sweater Set. At Church of the Resurrection, 2280 N. Beauregard St., Alexandria. Tickets are \$18/ door; \$15/advance at FocusMusic.org. Contact Kay Coyte at kay@focusmusic.org or 703-501Email danilo.stapula@gmail.com.or visit www.metrotheater.org

SATURDAY/JAN. 9

Rockin' in a Winter Wonderland. 10-11 a.m. Featuring Rocknoceros and benefitting the St. Clement Episcopal Day School in Alexandria. Cost is \$10/ advance; \$12/door. At Grace Episcopal Day School Auditorium, 3601 Russell Road, Alexandria. For tickets, go to http://preschool.fufa.net. Women's Handyman Classes. 10 a.m. to noon. Basic electrical, plumbing and handyman classes for interested women hoping to learn about everything from hanging a ceiling fan, repairing a leaky faucet, installing a door knob or replacing ceramic tiles. At Michael and Son headquarters building, 5730 General Washington Drive, Alexandria. Visit www.michaelandson.com

WEDNESDAY/JAN. 13

All About Dogs. 7:30 p.m. Friends of Duncan Library are hosting Robin Bennett, author of All About Dog Daycare: A Blueprint for Success and Off-Leash Dog Play. At Duncan Library, 2501 Commonwealth Ave., Alexandria. Call 703-838-4566 or visit www.alexandria.lib.va.us.

JAN. 15-24

Alexandria Restaurant Week. More than 40 dining establishments participating in this second-annual event. Offering \$35 pre-fixe threecourse dinner or \$35 dinner for two, or \$3.50 sweet treats. Throughout the City of Alexandria. Menus, event details, and online reservations at: www.VisitAlexandriaVA.com. Call 703 746-3301

TUESDAY/JAN. 19

Winter Concert. Works by Philip Glass with Dana Tae Soon Burgess Dance Co. Schönberg "Verklärte Nacht". At Episcopal High School, in Pendleton Hall in the Ainslie Arts Center, 1200 North Quaker Lane, Alexandria. Call 703-933-4135.

SATURDAY/JAN. 23

Civil War Ball. 8-11 p.m. In Gadsby's Tavern ballroom. \$45/advance: \$50/ door. Period attire, either civilian or military, is encouraged. In preparation for the Ball, dance classes will be offered at Gadsby's Tavern Museum from 7:30-9:30 p.m. on Thursdays, Jan. 7, 14, 21. Learn the waltz, polka, Virginia Reel and more. Cost is \$12/ each of \$30 for the series. Call 703-838-4242. Visit www.gadsbystavern.org.

JAN. 23-24

"Mint Condition." Jan. 23 at 8 p.m.; Jan. 24 at 2 p.m. Jane Franklin Dance and Washington Saxophone Quartet perform in a shared evening. At The Athenaeum, 201 Prince Street, Alexandria, Tickets are \$28 - \$16 can be purchased by phone 703-933-1111 or at www.janefranklin.com

SATURDAY/FEB. 13

Tamburitzans Perform. 7 p.m. Duquesne University Tamburitzans perform. Tickets are \$22, \$25 and \$30. At Bishop Ireton High School, 201 Cambridge Road, Alexandria, Call 1-877-826-6437. **George Washington Birthday**

Classic 10-K Race and 2-K Fun Run. 8 a.m. to 11 a.m. rain or shine. Certified race course through Eisenhower Valley and Alexandria's parklands. Prizes, T-shirts and refreshments will be provided for runners, with the proceeds benefiting the Alexandria Police Youth Camp. Cost is \$25; after Feb. 10: \$30.



New Year's Eve Prix Fixe Tasting Menu

Three Courses

Antipasti or Insalata; Primi or Secondi; and Dolce \$45.00 plus tax & gratuity per person With wine pairings above (Tasting Glasses) \$60.00 tax & gratuity per person

Five Course

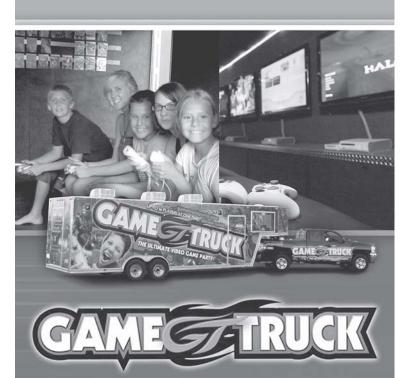
\$65.00 plus tax & gratuity per person With wine pairings above (Tasting Glasses) \$85.00 tax & gratuity per person

BUON ANNO

Happy holidays from the Scott family and staff.

Please call 703-548-2542 or www.lastrada-ontheave.com for menu or to make reservations for 1 of 3 seatings; 6pm, 8pm or 10pm

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Real food, for real people at reasonable prices.

Burger Night (Kids eat 1/2 price) Each child must be accompanied by adult having entree

Crab Cakes, Shrimp & Scallops over penne pasta with white sauce

Dine in or call ahead and your dinner will be ready for pick up. Dinner hours 2:30-9:30pm 730 North Saint Asaph Street Alexandria, VA 22314 (703) 548-1616

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IST -

Prime Rib, Lamb, Surf and Turf, Pork Chops, and Moussaka

 Next six-week session begins January 4 • Register by 2 p.m., January 2 for the pre-registration discount • Offering Yoga for Seniors every Wednesday at 12:15 p.m. • Unlimited class passes available—call for details • 15% off registration with this ad Please call for discour

Drop-ins welcome

Try a free class from January 4–10

Monday - Kids Night

Tuesday - Greek Night

Athenian Roast Chicken, Moussaka!

Thursday - Italian Night

Friday - Fish Night

Brunch served 7am - 2pm

Sunday

Lasagna, Chicken Alfredo, Calamari

Lamb Marinated and Roasted for 3 hours,

Wednesday - All American Night

Saturday -Steak and Chop Night

Meatloaf, Chicken Fried Chicken. Va. Ham



FINE ARTS



Flowering Bull

NOW THROUGH JAN. 3 New Mythology/Tracey Clarke

Tracey Clarke's otherworldly work pairs dramatic images with short narratives that both answer - and - questions. An artist's reception ask will be held Sunday, Nov. 22 at 4 p.m. On display at the Athenaeum Gallery, 201 Prince Street, Alexandria. Call 703-548-0035 or visit nvfaa.org.

NOW THROUGH DEC. 31 Gallery West Presents: The 30th **Anniversary Celebration/Small** Works Show

Join the members of Gallery West in a month-long celebration of the gallery's 30th year. The gallery is located at 1213 King Street in Old Town Alexandria's Boutique District, between Payne and Fayette. Shopping and fine dining are nearby. The gallery is open from 11 - 6 p.m. Wednesday through Sunday. Images of work by the members are on view at the gallery's Web site: www.gallery-west.com. Call 703-549-6006.

NOW THROUGH JAN. 3

The Kiln Club Show. Runs Monday through Sunday from 10 a.m. to 6 p.m. with Thursdays open until 9 p.m. Scope Gallery is located at 101 North Union Street, ground floor Studio 19, Alexandria. Call the Scope Gallery at 703-548-6288 or visit www.torpedofactory.org/galleries/ scope.

NOW THROUGH JAN. 3

Size Matters: Two Shows-Two Jurors. Juried by Peg Koetsch and Brett John Johnson. 11 a.m. to 6 p.m. daily except second Thursdays 2 to 9 p.m. At the Torpedo Factory Art Center, 105 N. Street, #312, Alexandria. Call 703-683-2205.

JAN. 5 TO FEB. 20 "White Ice." At the Potomac Fiber Arts



NOW THROUGH JAN. 4

Pamela H. Viola, "The One Less Traveled."

Photographer Pamela Viola's solo artist exhibit at The Art League Gallery, "The One Less Traveled," features dreamlike, mysterious landscapes that challenge the viewer to see the world in a new and different way. Opening Reception: Thursday, Dec. 10, 6:30 – 8 p.m. Gallery Hours: Daily, 10 a.m. – 6 p.m. Sundays, 12 noon - 6 p.m. Open Thursdays until 9 p.m. Exhibitions and events are free and open to the public. The Art League, 105 North Union Street, Alexandria.

Gallery. Artists interpret in fiber the cool, clear, sparkly, sheer, and smooth nature of Ice. Jewelry, sculpture, clothing, and wall pieces are some of the items that will be exhibited. Located in Studio 18 of the Torpedo Factory Art Center at 105 North Union Street in Old Town Alexandria. Open daily from 10 a.m. to 6 p.m., except on Thursdays when it is open from 1 p.m. to 9 p.m. Free admission.

TUESDAY/JAN. 5

"Morrison House Presents: From the Torpedo Factory to the Mount Vernon Trail." 6-8 p.m. Torpedo Factory artist Christopher Erney will discuss his creation of the George Washington Mural, the longest realistic mural in the United States. Part of a salon-style series celebrating culture through arts, literature and history discussion. At the Morrison House, 116 South Alfred Street, Alexandria. Visit www.morrisonhouse.com or call 703-838-8000.

JAN. 8 TO JAN. 24

New Work for a New Year. The Del Ray Artisans' (DRA) January show for 2010. This exhibit provides local artists a platform to show recent work that has not been previously exhibited. The show will open on with a reception on Friday, Jan. 8 from 7 – 9:30 p.m., and close Sunday, Jan. 24 at 6 p.m. Gallery hours are: Thursdays, noon to 4 p.m.;

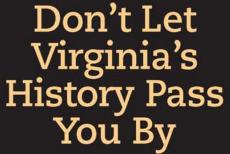
Fridays, noon to 9 p.m.; Saturdays, 10 a.m. to 9 p.m.; and Sundays, noon to 6 p.m. Admission is free. At the Del Ray Artisans gallery at the Nicholas A. Colasanto Center, 2704 Mt. Vernon Avenue, Alexandria. Call 703-838-4827 or www.thedelrayartisans.org

NOW THROUGH JAN. 10

Pandora's Box Exhibition. Pandora's Box is an exhibition that had artists create a visual interpretation of the Greek Myth and express how it relates to modern times. Reception Dec. 10 from 6-8 p.m. Juror talk with Landria Shack: Dec. 10 at 7 p.m. Pandora's Box Youth Outreach Art Project: Dec. 10-Jan. 10; with VIP reception on Dec. 10, 5:30-6:30 p.m. At The Torpedo Factory Art Center on the waterfront in Old Town Alexandria at 105 North Union Street; call 703-838-4565, ext. 4; Visit www.torpedofactory.org

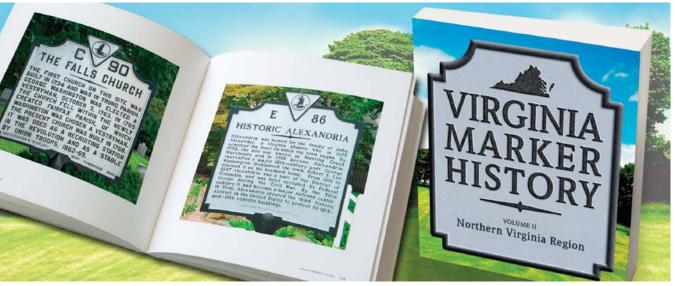
FEB. 3-28

Gallery West Presents: The 13th **Annual National Juried Show** Gallery West invites the public to view works selected for the 13th Annual National Show, juried by Jack Rasmussen, Director and Curator of the American University Museum. Reception: Saturday, Feb. 6 from 5 -8 p.m. Second Thursday Reception: Feb. 11, 6 - 9 p.m. Located at 1213 King Street in Old Town Alexandria's Boutique District. Visit www.gallerywest.com or call 703-549-6006



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Schools

She's Reading Teacher of the Year

From Page 1

she took undergraduate courses in preparation for law school. Attending classes every day, she met other students who also wanted to study law. "They really - really - wanted to become lawyers. They were passionate," she said.

TWO YEARS LATER, the day came when she had to make a decision about a career that she didn't feel much passion.

"I had signed up for an education course during my junior year and I liked my professor. On the last day of add/drop, I went to him and said 'What would I have to do to change my major?' He said 'How many education courses have you had?'

"He sat with me for an hour. I dropped every class I had signed up for except choir and education. He mapped out how I could finish my degree in fours years because I told him my mother wouldn't let me stay any longer than four years. This was the days before computers so I ran up in down the campus to all professors, got them to sign off on my plan, turned in the paperwork and called my mother. 'Guess what I just did?' I said, and that's that. When all was said and done that was what I wanted to become: a teacher."

For the last 30 years, Elmore has been fulfilling her passion. She spent 25 years at Stratford Landing Elementary in Alexandria, teaching kindergarten, first, second, third, and sixth grades, 10 of those 25 years as a reading specialist.

One of her best friends, Judith Kaiser, a retired Stratford Landing teacher who now substitutes, helped to get her her first job there in 1980, "but I think it would be really mean to include that number." Elmore said, laughing.

Thirty years later, she could retire from Fairfax County Public Schools, but she's far from it at 51. And "my youngest daughter -Cate, 19 — is in college [Elon University, North Carolina]; so that definitely doesn't make me eligible." Her oldest daughter, Beth, 23, teaches English in Shanghai.

WOODLEY HILLS sits on property once owned by George Washington, and just minutes away from his Mount Vernon estate. The school, which serves kindergartners through sixth grade, has 663

www.ConnectionNewspapers.com

students; 228 who speak English, 327 who speak Spanish, a small fraction who speak Chinese and French, and others who speak 85 additional languages.

"It's an amazing thing to watch how she can motivate a child who has had a long history of difficulty and she seems to know what to do to break through their struggle to understand our language and access it."

— Principal Sharon Aldredge

from the floor to the ceiling, among them the "Wayside Schools" to the "Junie B. Jones" series, she helps three other reading teachers map strategy to teach all of those students to read and

comprehend the English language. Elmore's award is in the form of a journal, silver plated, and engraved with her name and the name of the award. "I haven't writ-

ten in it." she said. The council, whose membership comes from Arlington, Fairfax, Fauquier, Loudon, and Prince William counties, concentrates on promoting literacy and literacy education. Elmore was nominated by her colleagues. "This has been a very nice

honor; it's just a reflection of the people that I work with," she said. "You're not on an island but a cog in a wheel." A cog, maybe, but an im-

portant one, said Aldredge. "Judi deserves this because of all the work she does with

children and teachers. It's an From her office lined with books amazing thing to watch how she can motivate a child who has had a long history of difficulty and she seems to know what to do to break through their struggle to understand our language and access it. She's phenomenal."



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Christmas Eve at Aldersgate Church

3 p.m. & 5 p.m. Child-friendly Candlelight Service with Communion, nursery provided

7 p.m. Candlelight Service with Communion, nursery provided

9 p.m. & 11 p.m. Candlelight Services with Communion

> Aldersgate United Methodist Church 1301 Collingwood Road (corner Collingwood & Ft. Hunt Roads) www.aldersgate.net for more information



Mount Vernon Gazette 🔹 December 21-28, 2009 🔹 15

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Sports

Mount Vernon Gymnasts Balance Learning, Fun

Coach encourages beginners to join team.

By Jon Roetman The Gazette

sa Zsa Valdez (pronounced Sasha) is competing on the beam when she starts to giggle. The Mount Vernon senior is struggling to keep her balance, and it appears her composure, as well.

Her laughter is misleading, however. Valdez isn't nervous. Actually, she's keeping herself focused on her gymnastics goal. "'m in it just for the fun and just to hang

"I'm in it just for the fun and just to hang out with my friends," she said.

And the giggling?

"I can't take it too seriously, or if I do, I'll start freaking out," she said. "So I have to take it kind of light hearted for me to do well."

Valdez's approach is not uncommon on the Mount Vernon gymnastics team. Of the 26 athletes on the roster, only two have more than minimal experience — neither of which are club gymnasts. There are 11 freshmen on the team. Many athletes start learning the most basic of moves once they join the Majors.

Linda Fisher is in her ninth season as the program's head coach. She attended Mount Vernon and was on the gymnastics team for four years.

"We're starting from the very beginning — cartwheels, roundoffs and just hoping they can at least get on the bar, get on the beam, even if it's elementary skills just to get them up there," Fisher said. "That's how the team's always been, ever since I've been in high school. It's not anything new to me.



Mount Vernon senior Zsa Zsa Valdez goes through a routine on the beam while head coach Linda Fisher watches. Valdez said the beam is her favorite event.

I just want to keep the sport going, so regardless what ability I have, we try to work with it.

"We're not going to win; that's not my priority. It's to get them to learn something, to enjoy it and come back next year."

For Fisher, coaching the Majors is her escape from the daily grind.

"This is my stress reliever for the day," said Fisher, a full-time accountant who also coaches gymnastics at a dance studio.

Fisher attracts students to the program by letting them know it's open to all skill levels.

"Sometimes we do preseason conditioning, end-of-the-season conditioning [and] kind of let it open up to everybody and let everybody know that it's open to anybody," she said. "If I only told everybody, 'You have to [be able to do a] back handspring [to be on] the team,' I would have like four people, PATE IO

Sophomore Sidney Nesbitt said the floor is her favorite event because she can express herself during the event.

maybe." The 26 athletes are more than Fisher usually keeps, but Fisher is trying to maintain interest in the team, especially after nearly losing the program to budget cuts last season. She usually has a few more gymnasts with experience, but nothing too serious.

Senior Meg Earley and junior Sarah Locke are the most experienced Majors.

"We don't really have a lot of expectation," Earley said. "We just go. We play it by ear." Early, junior Sarah Marie Wood and

sophomore Sidney Nesbitt are co-captains. On Dec. 16, Mount Vernon placed third out of five teams during a meet at Yorktown. The Majors finished with 93.3 points, 2.3

ahead of fourth-place Yorktown. Locke posted the team's best all-around score with a 26. She was Mount Vernon's top finisher on the vault (8.3) and the floor (8.0). Valdez said her favorite event is the beam. She was the highest-scoring Major in the event with a 6.35. Lydia Pope and Mackenzie Rumley each scored an 8.0 on the vault.

Nesbitt scored an 8.1 on the vault and a 7.7 on the floor.

"I like the floor most," she said, "because you can express yourself more."

Mount Vernon won't win many events, but the team enjoys the opportunity to participate. Last year, when losing the program was a possibility, the Majors made blue Tshirts that said "save gymnastics" on the front and wore them to districts.

As long as the Majors are enjoying themselves, where they end up in the standings isn't important.

"I just want to place not last," Nesbitt said, "and have a good time."

Well, maybe slightly important.

to play.

–Sports Briefs–

Mount Vernon Girls Ticketed for California

The Mount Vernon girls basketball team will travel to Westlake Village, Calif., for a holiday basketball tournament on Dec. 26 and 28-30. Head coach Terry Henderson said the Majors raised money for the trip and he hopes the team can jell while on the West Coast. The team leaves Christmas night and returns Dec. 31.

"Basically, I wanted to do something different," he said, "and give the girls a new experience and a chance to get away and bond and play against some top-notch competition."

Last holiday season, the Majors traveled to Newport News and won the Lady Greyhound Classic.

Henderson said the team has activities planned for free time during the trip. Depending on the tournament schedule, the Majors could go to Magic Mountain, the Hollywood Walk of Fame or other destinations. "It's really going to bring us to-

gether as a team," Henderson said.

"It's an opportunity to bond with each other and then play against some tough talent. ... [The girls can] use this experience as a life experience. Some of these kids might not ever make it out to California again."

Mount Vernon faced Washington-Lee on Dec. 18, Potomac High on Dec. 19 and Edison on Dec. 22. Results were not available before the Gazette's deadline.

Mount Vernon Boys To Host 35th Annual Tournament

The Mount Vernon boys basketball program will host its 35th annual holiday tournament Dec. 26 and 28-29. Yorktown, Paul VI, Stonewall Jackson, Forest Park McKinley Tech, Robinson, Oakton and Mount Vernon comprise the tournament field.

Among the Majors' potential opponents are a National District foe (Yorktown) and the team which handed Mount Vernon its first loss (Paul VI). Also, Stonewall Jackson guard Darren Warren (6-foot-2) is a college prospect, according to ESPN.com.

"I think it will be some good compe-

tition," Mount Vernon head coach Alfonso Smith said.

Skylar Jones (18.3 points per game), Robert Smith (14.3), Jesse Konadu (13.7) and Sean Stewart (11.3) were carrying Mount Vernon offensively through three games. Smith said playing three games in four days at the holiday tournament provides others a chance for increased contribution while the minutes of the "big four" are scaled back.

Three games in four nights is "an opportunity for us to have guys step up in different roles," Smith said. "You can't just lean on the big four. … We're going to need some of those other guys to [score]."

Mount Vernon faced Washington-Lee on Dec. 18 and Edison on Dec. 22. Results were not available before the Gazette's deadline.

Majors' King Nominated for All-American Honors

Mount Vernon senior Tracy King was nominated as a potential McDonald's All-American, Majors' head coach Terry Henderson said. King, an all-state selection last season, has not played since tearing the anterior cruciate ligament in her right knee during the Majors' regional semifinal loss to Oakton in late February. Henderson said King's target return date is Jan. 8 against Yorktown.

West Potomac To Play at Westfield

The West Potomac boys basketball team will participate in the Westfield Bulldog Bash on Dec. 28-30. The Wolverines lost to South County, 76-61, on Dec. 15. West Potomac faced Centreville on Dec. 18 and Lake Braddock on Dec. 22. Results were not available before the Gazette deadline.

WP Girls Coach Searching for Tournament

West Potomac girls basketball coach Vincent Tate said his team was scheduled to play in a holiday tournament at Oakton, but the tournament was cancelled, leaving him looking for someone Avengers To Host Hawks The Alexandria Avengers, a profes-

The Wolverines lost to South

County, 54-34, on Dec. 15. Kiara

Artis led West Potomac with 15

points, while Talya Dawson added

nine. West Potomac faced Centreville

on Dec. 18 and Lake Braddock on

Dec. 22. Results were not available

before the Gazette's deadline.

sional basketball team and member of the Eastern Basketball Alliance, will host the Nova Hawks at 7 p.m. Jan. 10 at Mount Vernon High School.

Wrestling League

A wrestling club for secondeighth-grade boys and girls will be available from 7-8 p.m. on Tuesdays and Thursdays starting Jan. 12 in the West Potomac High School wrestling room. The club is non-competitive and runs through March. Cost is \$85 and the first two practices are free. Contact Chuck Africano at africano5@cox.net or 703-655-3995.

News



Second grade teacher Cali French dances with Santa last week on Tuesday afternoon at Stratford Landing Elementary School.

anta Arrives on a Harley

The Fairfax County Motor Squad escorted Santa and Mrs. Claus along with Frosty the Snowman on a visit to eight elementary schools — including at Stratford Landing Elementary School -last week on Tuesday.



Frosty the Snowman greets the 700-plus students at the entrance of the school on Riverside Road in Mount Vernon.



Stratford Landing school counselor Mrs. May gets a hug from Santa.

Commentary-

Give Wisely

By Gerald A. Fill The Gazette

he holiday season is here. Inevitably one's thoughts turn to those less fortunate. Unemployed, handicapped, hungry, homeless, and alone. Why not give a contribution

The New

to those organizations who look after the less fortunate? Absolutely MIDDLE AGE the right thing to do. Most Americans are

very generous, compassionate, caring, and giving. But wait; be careful. Intelligent giving requires some checking out unknown organizations, no matter how emotional and effective their appeal. The best of the organizations make certain that your money or in-kind donation gets to the people who need the help. Most of us who celebrate Christmas or

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Hannukah or other holiday observances are regularly inundated with solicitations to give for this or that good cause. Here are a few tips to make sure your charitable giving gets to the intended needy people.

Santa greets all of the students and the teachers with high fives.

First, give to those organizations you personally know and are satisfied that the money or in-kind contribution goes to those

Secondly, give to local organizations which you can check out with a site visit or you have a friend who knows them and can assure you that the contribution reaches the intended recipients. In this category see below some, but by no means all, the local organizations in the northern Virginia area that will use your contribution effectively.

For all other organizations which solicit you and you are considering but know noth ing about, there are several Web sites which you can use to check out the legitimacy and effectiveness of the organization.

They include:

CharityNavigator.org: provides ratings and analysis on more than 5,400 non-profits.

GiveWell.net: provides in-depth analysis on individual charities; focuses on how well programs work

 GuideStar.org: has non profit reports and tax forms for almost two million charities.

Local area Northern Virginia non profits: United Community Ministries: ucmagency.org

- Lorton Community Action Center:
- lortonaction.org Good Shepherd Housing & Family

Services: goodhousing.org

New Hope Housing: newhopehousing.org

* Rising Hope United Methodist Church: risinghopeumc.org

- Progreso Hispano: progresso-hispano.org Beth-El: bethelhebrew.org
- Brain Injury Services: braininjurysvcs.org Housing and Community Services of
- Northern Virginia: hcsnv.org
- National Capital Food Bank: capitalareafoodbank.org

• Women of Mount Vernon: womensgroupofmtvernon@gmail.com

Mount Vernon At Home: mountvernonathome.org

Give generously, but wisely in this holiday gift-giving season.



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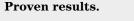
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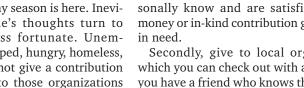


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