

CENTRE VIEW

SOUTHERN EDITION



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Spring Festival Fun

Fairfax Corner hosted a Spring Festival on Saturday, April 24, where families and children enjoyed watching the Unicycle Lady's (Lisa Polinori) antics.

MORE PHOTOS, PAGE 18

New Vision Church Can See the Light

Receives OK from VDOT and county.

BY BONNIE HOBBS
CENTRE VIEW

It's taken more than two years, but New Vision Community Church can finally see the light at the end of the tunnel. At long last, it's received Fairfax County's blessing to build a place of worship along Route 29 in Centreville. The stick-

ing point was whether VDOT would approve the church's turn-lane waiver requests but, once VDOT said yes, the county did, too.

Part of the reformed Presbyterian Church, New Vision's 300 members have been meeting in office/industrial flex space in Fairfax. So they purchased a little more than 10 acres between the NOVEC substation and the Cub Run bridge, with an eye toward constructing a permanent home there.

SEE CHURCH, PAGE 11

Walking for Williams

May 15 fundraiser for genetic disorder.

BY BONNIE HOBBS
CENTRE VIEW

Jason Anderson, 25, and Matthew Pow, 24, have much in common. Both love sports and music, enjoy their jobs and are good friends. They also share something else — a rare, genetic disorder called Williams Syndrome.

It's virtually unknown to the general public, educators and many doctors. Yet it's touched families in the local area, and Jason and Matthew are participating with them Saturday, May 15, in the first-ever Walk for Williams.

"We're hoping to raise at least

\$2,000," said Jason's mom, Malia Anderson of Chantilly's Armfield Farm community. "But the whole purpose is to raise awareness, even more than funds. People can just come out, walk and have fun."

Matthew's mother, Laurie Pow of Fairfax, near Burke Centre, agrees. Her son was diagnosed at 6 months old; but at the time, she said, "No one knew anything about it."

Now, Chantilly is among more than 35 communities across the U.S. participating in the inaugural Williams Syndrome Awareness Week, May 9-15. Area residents, plus honor and SGA students from Chantilly High and Lees Corner Elementary, will walk.

"It's a community walk that will start and end at the Armfield Farm pool parking lot, at 3567 Armfield Farm Drive," said Anderson. "It's

SEE WILLIAMS, PAGE 6

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PEOPLE



McKinney, Napolitano Wed

Nicole Lee McKinney and David Michael Napolitano were married April 17, during a beachside ceremony at Pier House Resort in Key West, Fla.

The bride is the daughter of Philip McKinney of Centreville and Susan McKinney of Arlington.

The groom is the son of Salvatore and Cathy Napolitano of Herndon.

Maid of Honor was Natalie McKinney (sister of the Bride) and Chrissy Sutphin was Bridesmaid. Best Men were Matthew Napolitano (brother of the Groom) and Robert Crane. Groomsmen were Tony Hart and Vic Grover. Jason McKinney, brother of the Bride, traveled from California to attend.

The reception was held at the Roof Top Café in Key West.

The couple reside in their new home in Pensacola, Fla. Both David and Nicole are employed by Navy Federal Credit Union.

PEOPLE NOTES

Volunteer Fairfax and the Fairfax County Board of Supervisors honored local volunteers at the 18th annual Fairfax County Volunteer Service Awards, Friday, April 23, at the Fairview Park Marriott in Falls Church.

Some 148 individuals and groups nominated were honored for their work supporting such causes as mentoring children, the arts, environmental programs, job training, helping young mothers, animal rescue, homelessness and hunger. In Centreville and Clifton, the following residents have been nominated for a Fairfax County Volunteer Service Award:

❖ **Barbara Levermann** volunteered at the Cub Run RECenter, and is nominated for the Rising Star award.

❖ **Fairfax Medical Reserve Corps** volunteered at the H1N1 Clinics of Fairfax County, and are nominated for the Volunteer Program award.

❖ **Lisa Erdeljon** volunteered with the St. Timothy's Episcopal Church Youth Group, and is nominated for the Benchmark 500 award.

❖ **Andrew Levy** volunteered at the

SEE PEOPLE, PAGE 9

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John Hadjikyriakou, junior,
Centreville High



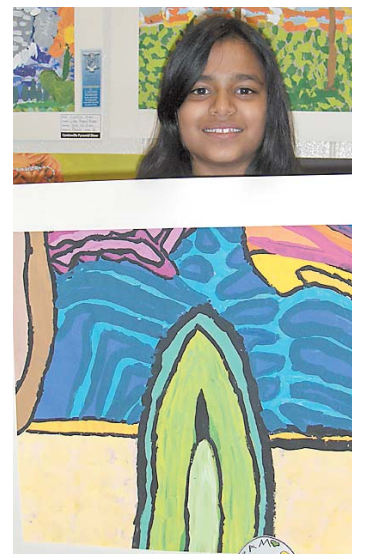
Kathleen Lee, senior,
Centreville High



Centreville High seniors
Matt Duble and Tayler
D'Alelio



Robin Enriquez, senior,
Centreville High



Pooja Gupta, 4th grade,
Colin Powell Elementary

Students Shine at Centreville Pyramid Art Show



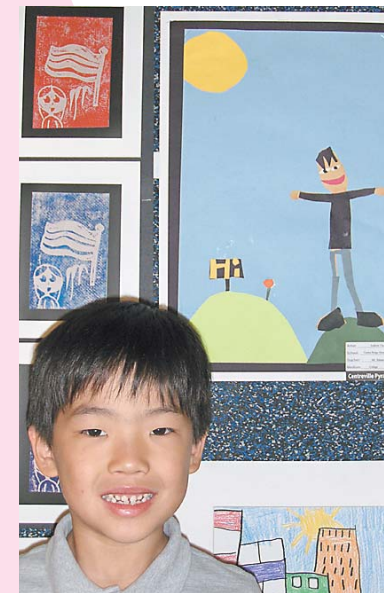
Madison Scheetz, 2nd grade,
Centre Ridge
Elementary



Kylie Welliver, 2nd grade,
Bull Run
Elementary



Allaja Hicks, 7th grade,
Liberty Middle



Andrew Choe, kindergar-
ten,
Centre Ridge Element-
ary



Ariadne Randolph, 8th grade,
Liberty
Middle



Isaac Garfield, 4th grade,
Centreville Elementary



Lindsey Donovan, 5th grade,
Union Mill
Elementary

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

ME & MY MOM

Readers submitted photographs for this Mothers Day gallery.



Lara Valosio of Centreville with Renner, 2 and a half, and Makenna, 7 months, in D.C. for the cherry blossoms.



Summer 2009: Martha Evers of Little Rocky Run in Clifton visits Ocean City, Md. and rides the OC Rocket with children David (age 12, 6th grade), Lauren (age 10, 4th grade) and Eric (age 7 1st grade) — students at Union Mill Elementary School.



Mommy, Amy Portofe of Centreville, with her children — Luke and Virginia — after Trick or Treating.



The three generations includes Nana (Caretha Williams), Mom (Mary Barrino-Smith), and sisters Kelly Butler-Noel, and Kim Butler-Dennis. These are from last year's Mother's Day.



The Mielnicki family of Little Rocky Run on vacation in Ocean City, Md. Front row, from left, is Lindsay, 18; mom Sherry, Ashley, 26, and dad Joe. Back row, from left, is Joe, 23, Matt, 19, and James 22.



Amy McConaghie of Centreville's Gate Post Estates community with her sons Shane (8), Ryan (6), and Nathan (4) before boarding the Spirit of Washington last September.



Kelly Butler-Noel and her sons Carlos and Kobe Noel at last year's Mother's Day.



"Sharing a moment:" Valerie, mom, Suzanne and Sarah Olijar at a wedding in December.



Tanya Rapp of Centreville with her son Adam (age 9) and daughter Alexa (age 3) at Seaworld in Orlando, Fla. in August 2009. The heat index that day was 106 degrees so they hung out with the penguins — nice and chilly in their habitat.



Michaun Harrison (Mom) and Edan J. Harrison 8 years enjoy a field trip to Colvin Run Mill Wednesday April 29 with Centre Ridge Elementary School's 3rd grade class, teacher Mrs. Matthewswall. The day was spent learning about simple and compound machines.

PEOPLE

National Awards for CVHS Student

BY BONNIE HOBBS
CENTRE VIEW

Senior Hye Won Lee of Centreville High School has won two, prestigious awards in the drawing category of a national competition. She received both a Gold Award and an American Visions Medal for her entry, "Baby and the Elephant."

She was one of just eight Fairfax County Public Schools students winning a Gold Award at the national level and the only one receiving an American Visions Medal in the Scholastic Art Awards competition.

The event is sponsored by the Alliance for Young Artists and Writers, and more than 165,000 entries were submitted for this year's competition. National award winners and their teachers will be honored at a June 9 ceremony in New York's Carnegie Hall.

"It's a really big award," said Lee, 18. "I was surprised and excited to receive it."

She won for her pencil drawings of an elephant holding a crying baby with his trunk. "It was a series of three drawings, with the baby happy and smiling in the final one," she said. "It was just my imagination. I was drawing fashion and it came from elephant skin. Then my friend asked me, 'How about putting in a baby?' The most difficult part was the baby's expression."

Lee's always liked to draw and wants to eventually be a fashion designer. Her mother and father, Kibok and Inho Lee, of the Fair Crest community, are both tailors, so it's not surprising that their daughter likes drawing fashions so much. Said her art teacher, Pam



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Hye Won Lee paints a self-portrait in her art class at Centreville High.

Young: "She comes by her talent honestly and gets great support and encouragement from her parents."

Still, Hye Won "didn't think I'd win the regional contest," since it was a different type of drawing from what she usually does. "So it gives me more confidence, but also tells me I have to do more work; I want to continue doing more of that style of art."

She's already been accepted into the Pratt Institute, but also applied to the Parsons School of Design and is waiting to hear back, since that's her first choice. Meanwhile, she'll attend the awards ceremony in June with her mother.

Lee's taken art at Centreville, all four years. "It helped me to be creative and keeps me working and

improving," she said. "I'm still finding my style of design." She's in Young's AP Studio Art class, which students take to prepare their portfolios for entry into art school. It's also the third year Young's been her teacher.

"She's extremely creative and self-directed and comes up with her own ideas," said Young. "Her craftsmanship is impeccable and she's an all-around, sweet young lady — and very humble about her work. I am so proud of her; it's fantastic that she won both regional and national awards. It's very competitive, particularly on the regional level, because we have a very strong art program in Northern Virginia. So to be selected from here is really an honor — and a testament to her talent."

Detwiler, Sunukjian Engaged

Mr. and Mrs. Sam and Susan Sunukjian of Clifton proudly announce the engagement of their son, Adam Sunukjian, to Lacy Detwiler, daughter of Mr. and Mrs. Chuck and Terri Detwiler of Fauquier.

The bride-to-be is a 2000 graduate of Stafford Senior High School, completed her B.S. at Longwood University, M.Ed. at George Mason University, and Ed.S. at Virginia Commonwealth University. Lacy is currently a doctoral student at Liberty University, where she will graduate in December 2010 with a Doctorate of Education in Educational Leadership. Lacy currently works for Loudoun Country Day School.

The future groom is a 2000 graduate of Centreville High School and completed his B.S. in business at Longwood University in 2004. Adam is currently the marketing director at SolutionsDevelopers in Dulles. Adam proposed on top of the Eiffel Tower in Las Vegas, Nevada and the wedding is set for Aug. 14, 2010.



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Williams

FROM PAGE 1

about 2.2 miles, and strollers and dogs are welcome.”

IT'S OPEN to the public, and registration is \$10/person or \$25/family. Registration and pledge forms are available at wschantilly@gmail.com or call Malia Anderson at 703-478-0987. People may also register, the day of the walk, at 9 a.m. The walk begins at 10 a.m.

Attendees are encouraged to bring picnic lunches because after the walk there'll be family fun time with moonbounces, face painting, children's activities, crafts and music. Those wishing to make donations may do so at <http://thenewwsa.org>. Click on Walk for Williams, scroll down to the second page and click on Virginia: Chantilly.

Williams Syndrome is characterized by medical and developmental delays, cardiovascular disease and learning disabilities. Children with Williams syndrome need costly, ongoing medical care and early interventions that may not be covered by insurance or state funding. But at the same time, people with Williams often have unique abilities, including advanced verbal skills, highly sociable personalities and an affinity for music.

Williams Syndrome occurs in about 1 in 8,000 births and is not caused by anything the parents did or did not do, either before or during pregnancy. Instead, it's caused by the spontaneous deletion of 26-28 genes on chromosome No. 7 — and this deletion occurs at the time of conception.

One of the missing genes is the gene that produces elastin, a protein allowing blood vessels and other tissues to stretch. So it's believed that having only one copy of this gene leads to the blood-vessel narrowing found in people with Williams.

In Jason, it manifests as aortic and pulmonary stenosis — narrowing of the arteries. He only has one kidney and, said his mom, “He's had his share of medical issues, including problems with feeding. But he's in pretty good health, right now.”

Matthew also has pulmonary stenosis and, as an infant, had failure to thrive. So at 6 months old, he had open-heart surgery — and he still has a patch on one of his heart chambers to keep it open. “He's also had surgery for crossed eyes and now wears corrective lenses for reading,” said his

SEE WALK TO RAISE, PAGE 7

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Walk To Raise Awareness of Williams Syndrome

FROM PAGE 6

mother. Nonetheless, both Jason and Matthew lead full, happy lives. Both were in the special-education program at Chantilly High; Jason graduated in 2004, and Matthew, in 2005. They then received further training in the FCPS vocational program at the Davis Center. Jason now works in food services at the NRO in Chantilly, and Matthew does a variety of jobs at Mount Vernon Presbyterian Church in Alexandria.

"Jason is very friendly, outgoing, loves music and used to play the sax," said Malia Anderson. "He knows every artist on the radio, every song and who wrote it. And he always remembers faces."

Jason and his dad John belong to the International Order of Alhambra, a fraternal organization of Catholic men that helps the intellectually disabled. Within the Arlington Diocese, it provides support and financial resources to enhance the quality of life for adults and children through particular programs, plus social activities such as dances and cookouts.

IN ADDITION, Jason enjoys playing sports. "In the Special Olympics, he likes bowling and power lifting," said his father. "He also likes playing basketball, soccer and softball. And recently, at the Franklin Farm Shopping Center, he helped collect donations for the Knights of Columbus to donate to people with special needs. He's very social and enjoyed talking with all the people."

Matthew loves sports, too; he likes reading about them in the newspaper and watching hockey, basketball and golf on TV. "He knows his teams and what everybody's doing," said Laurie Pow. "Recently, he even told Jason's dad something about the Boston Celtics in 1980; he knew all the players — but it was before he was even born."

Matthew likes listening to any type of music, but especially loves 1970s groups like the Eagles and America, as well as disco tunes and Michael Jackson songs. "But he also likes the Three Tenors, country and even do-wop," said his mom. "And if you play a little bit of a song, he can tell you what it



DEB CORB/CENTRE VIEW

Jason Anderson, left, and Matthew Pow will participate in Chantilly's Walk for Williams.

is, who sings it and when it came out."

He, too, participates in softball in Special Olympics, and John Andrews coaches both Matthew and Jason in basketball. And each fall, the pair bowl on Sundays in a bowling league for families with children with disabilities, at the Bowl America near Matthew's

home. Matthew also enjoys his job at the church, where he mops tables, picks up trash, sets up chairs for preschool and stuffs envelopes in the office. "He's so happy; it makes a difference to his life," said Pow. "He's proud that he can do it and can get to and from work by himself. He knows this is what you do

when you're a grownup. He likes having responsibilities, and it makes him feel like he's part of the community and fits in."

Pow said her son is "so looking forward to the Walk for Williams. Jason and Matthew have known each other for years. Jason's parents were directors of this area's Williams Syndrome Association when Matthew was diagnosed, shortly after birth."

It's a volunteer organization formed in 1982 by family members of people living with the disorder. It's the most comprehensive resource for them, as well as for doctors, researchers and educators. For more information, see www.williams-syndrome.org.

"It's a great support group," said Pow. "The boys have so much fun together and all the parents have gotten close, too. Since Jason was a year older than Matthew, I'd call and ask Malia, 'OK, what comes next? Where do we go from here?'" When Matthew was born, she explained, little was known about Williams Syndrome. So, said Pow, "That's why we want to bring

SEE RAISING, PAGE 11

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OPINION

Police Power Demands Transparency

Local police departments should open their books, release original documents, welcome public scrutiny and involvement.

First, we should say that we appreciate and support the police officers who serve and protect our communities. These are remarkable men and women who have dedicated themselves to community service even in the face of danger. They are entitled to a special level of respect.

Police in all communities also wield power unlike any other entity — the power to detain and question, the power to arrest, the power to respond with force when necessary, sometimes deadly force.

With that power, comes responsibility — the responsibility to operate openly and with transparency, the responsibility to make available the greatest possible amount of information, especially the responsibility to provide the public with a full picture of what happened when something goes wrong.

Somewhere along the way, police leaders in Arlington, Alexandria and Fairfax have gone astray in their control of information.

The first paragraph of Virginia Freedom of Information Act, passed by the General Assembly in the 1968, states that all public records “shall be presumed open.” But the legislation includes an exception that allows police to withhold “complaints, memoranda, correspondence, case files or reports, witness statements and evidence.”

Police officials in Fairfax, Arlington and Alexandria have adopted what they call a “blanket” approach to using their exemption. That means they have decided to withhold any document they can. The actual reports filed by po-

lice officers about any incident, available to the public and the press in almost every jurisdiction in America, are never released in Northern Virginia.

“I don’t think we have to justify it,” said Alexandria Police Chief Earl Cook.

A Fairfax County spokesperson asserted that it was only a few “individual reporters” who were interested in more information from the police.

“Conscientious and dedicated judges, prosecutors, public defenders, and law enforcement officers work in a system which is as transparent as it needs to be,” wrote Alexandria Commonwealth’s Attorney Randolph Sengel.

EDITORIAL

Sengel is mistaken.

“Incident reports like the ones the Virginia law enforcement authorities are saying can’t possibly be released across the country are being released across the country every waking minute of every day,” Charles Davis, director of the National Freedom of Information Coalition, told reporter Michael Pope.

“In Florida, with the transparency level that we have, it helps law enforcement,” said Gerald Bailey, commissioner of the Florida Department of Law Enforcement. “It’s made us better agencies simply because we proceed knowing that our work product is going to be reviewed by the press, by the public and by the people who are actually involved in the cases we are working.”

This isn’t an academic exercise.

In the extreme example, Fairfax County police shot and killed an unarmed motorist in

Join the Debate

- ❖ Read Michael Pope’s story, “Transparency Blackout: Police departments in Northern Virginia refuse to release public documents,” at <http://connectionnewspapers.com/article.asp?article=338832&paper=59&cat=104>
 - ❖ Read Alexandria Commonwealth’s Attorney Randolph Sengel’s response, “Confidentiality Trumps Disclosure” at <http://www.connectionnewspapers.com/article.asp?article=339154&paper=59&cat=110>
 - ❖ Read an excellent rebuttal to Sengel’s letter, “Citizens Have Right to Know Details of Crimes,” by Ryan J. Donnemoyer <http://www.connectionnewspapers.com/article.asp?article=339781&paper=59&cat=110>
- Email your thoughts to mkimm@connectionnewspapers.com, and watch this space next week to find out how to request information about crime and police activities in your neighborhood.

November, and have said that the shooting was justified. But they have refused to release the name of the officer who did the shooting, refused to release video from the patrol car near the shooting, refused to release any document at all that might shed light on what happened or why.

In everyday examples, a scan of police incidents within a mile of a Tysons Corner address reveals multiple drug offenses and sex offenses. But that’s all the information that is available — the label of the offense, the time, date and block where it occurred. If you as a resident want information on crimes like this near you, you should be able to see for yourself if these are minor or isolated incidents or part of a more serious pattern.

Police should not use a “blanket exemption” from public information laws to refuse to provide specific information about any crime or police activity from the public.

Next week in this space, you’ll learn how to find incidents occurred in your neighborhood, and how to ask the police for more information.

LETTER

Speak Out For Children

To the Editor:

Those of us in Northern Virginia who care about children have two excellent opportunities to speak out on their behalf at the upcoming community forums on children’s mental health, Wednesday, May 12 at Loudoun Mental Health’s Aspen Room from 7-9 p.m., and Thursday, May 13 at Inova Fairfax Hospital Physicians Conference Center Auditorium from 10:30 a.m. to 12:30 p.m. The forums are hosted by the Campaign for Children’s Mental Health, a major statewide advocacy initiative sponsored by Voices for Virginia’s Children, aimed at transforming the mental health system so that children get the services they deserve, regardless of where in Virginia they live.

As a psychiatrist, I am well aware of the many children in our region

who suffer from mental health problems. Too often, families are afraid to ask for help because of the stigma, or they do ask for help but get put on waiting lists. There are simply not enough mental health services available in our community to meet the demand.

The Campaign’s forums on May 12 and 13 are opportunities to share your views on how we can do better by our children who suffer from mental health challenges. For more information and to sign up for the forum, go to www.1in5kids.org.

The addresses where the forum will be held are:

Loudoun Mental Health,
906 Trailview Blvd, Leesburg

Inova Fairfax Hospital Physicians Conference Center Auditorium,
3300 Gallows Road, Falls Church

Thomas N. Wise, M.D.
Medical Director, Behavioral Health Services
Inova Health System



Peachy Keen Turns 30

The Northern Virginia Therapeutic Riding Program (NVTRP) in Clifton is celebrating the 30th birthday of NVTRP’s pony and community ambassador, Peachy Keen, or Peaches for short. Peaches, an Arabian-Welsh cross pony, has been teaching therapeutic riding for about 15 years. As a therapeutic riding instructor, she provides equine-assisted activities to children and adults with disabilities, youth-at-risk, and to veterans to help improve balance, coordination, muscular strength, social skills, and self confidence.

Peaches uses her natural intuition to help riders work through their challenges. Peaches’ skills have even been recognized by North American Riding for the Handicapped Association (NARHA) when she won 2002 Region 3 Horse of the Year award.

CENTREVIEW

SOUTHERN EDITION

www.ConnectionNewspapers.com

Newspaper of
**Centreville / Clifton
Little Rocky Run**
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.
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A Connection Newspaper

PEOPLE

FROM PAGE 2

Citizen Corps, Red Cross, and Reston Interfaith, and is nominated for the Benchmark 500 award.

❖ **Christina Knott** volunteered at the Northern Virginia Therapeutic Riding Program, and is nominated for the Adult Volunteer 250 Hours & Under award.

❖ **Colleen Wilson** volunteered at the Northern Virginia Therapeutic Riding Program, and is nominated for the Benchmark 100 award.

❖ **Hina Hauck** volunteered at the Cub Run RECenter, and is nominated

for the Adult Volunteer 250 Hours & Under award.

❖ **Irene Cain** volunteered at MVLE, Inc., and is nominated for the Adult Volunteer 250 Hours & Under award.

❖ **Our Neighbor's Child** Volunteers are nominated for the Adult Volunteer Group award.

❖ **Delta Sigma Theta Sorority, Inc.** (Fairfax Alumna Chapter) volunteered with the Fairfax County Department of Family Services, and are nominated for the Adult Volunteer Group award.

❖ **Renee and Sean McGinnis** vol-

unteered at the Northern Virginia Therapeutic Riding Program, and are nominated for the Family Volunteer award.

❖ **Robert Dutrow** volunteered at the Cub Run RECenter, and is nominated for the Benchmark 250 award.

❖ **Theodore Moriak, Ph.D.**, volunteered at The Brain Foundation, and is nominated for the Senior Volunteer award and the Benchmark 500 award.

❖ **Toora Arsala** volunteered at Habitat for Humanity of Northern Virginia, and is nominated for the Youth Benchmark 100 award.

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On the Market



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Profile in Real Estate- Keith Harris

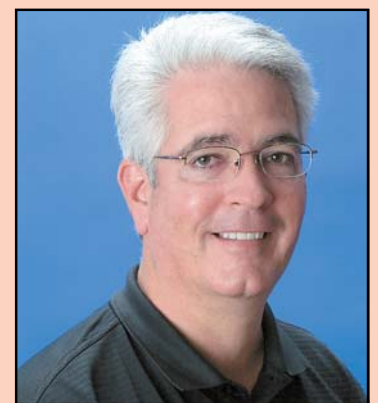
Keith Harris was born in Northern Virginia and has lived here most of his life. He has been selling real estate in the area for the last 8 years and has achieved NVAR Lifetime Top Producer, Associate Broker, Top 5, Certified Residential Specialist and other accomplishments.

His drive for winning solutions in real estate is accentuated by his love of sports and coaching the "winning team." Coach Harris, as he is known, coaches football, basketball and baseball with the Chantilly Youth Association. He seeks to understand each child's individual strengths and weaknesses with a drive to see them win. His son, Ryan, who is 10 yrs old, who has been coached by his dad since he was just a toddler, will be the first to say that he is thankful for the winning drive his dad instills as he displays his many trophies and awards from years of competitive sports. This same "winning" philosophy is carried into Keith's real estate transac-

tions. Knowing his clients' individual needs and desires personally, financially and emotionally is one of Keith's goals. He studies the area comparables, notes the strengths and weaknesses of each property in order to list at the best market price.

When negotiating the purchase of a home he is very careful to find the most recent, comparable sales and give the buyers a complete and honest evaluation of each property they may be interested in purchasing. Keith will go to unusual and creative lengths to negotiate on behalf of his buyers and sellers for which they are very thankful.

Coach Harris's long time history in the Northern Virginia area has and continues to serve him greatly in both his coaching of youth sports and coaching his clients to winning in what can be termed "important life goals". Find more information on Keith at: coachkeithharris.com



Keith Harris, CRS, Associate Broker
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coachkeithharris.com

Church To Build along Route 29

FROM PAGE 1

It's near the Gate Post Estates community and required a special-use permit from the county before plans could proceed. Serious transportation problems also needed resolving. Twice, the West Fairfax County Citizens Association (WFCCA) Land-Use Committee voted to deny the proposal — and county staff took the same position, until hearing from VDOT.

Then finally, last Wednesday, April 28, the county Board of Zoning Appeals (BZA) gave it the green light. And New Vision's land-use attorney, Amber Scharn, said the congregation is thrilled.

"We are very excited to have a positive resolution to this marathon case," she said. "The church is so happy to now have a home to call its own, and it aims to begin work on the site-plan drawings as soon as possible."

Originally, New Vision planned to construct a 43,500-square-foot facility, at build-out, with 600 seats. But the WFCCA contended it was too intense a use for such a small parcel of land.

So New Vision scaled back its proposed building by some 8,000 square feet. The work will be done in three phases. The first entails renovating the existing, circa 1946, 3,500-square-foot, frame house currently on site for offices and the minister's residence. Up to four, 1,500-square-foot trailers would serve no more than 100 people for worship. There'll be 58 parking spaces.

In phase two, that house will be demolished and a two-story, 27,565-square-foot church, with up to 300 seats and 123 parking spaces, will be built. A private school of general education for 90 students will also be added, and the trailers removed. Phase three will bring an additional 8,320 square feet to the church for a total of 35,885 square feet. It will seat 500 people and add 70 more parking spaces, for 193 total.

TO EASE ACCESS into the site from Route 29, New Vision proposed moving the median break as far over as possible, for the maximum amount of turning space. But new, national requirements dictate that, on Route 29, the distance between median breaks must be 1,320 feet. "It's about 1,100 feet now and would be about 975 feet [once we moved it]," said Scharn, at an October 2009 WFCCA meeting. "So we're asking for an exception."

Additionally, the church is allowing 300 feet for its left-turn lane, with 100 feet of taper. But federal regulations require 550 feet for the turn lane. So, again, the church asked for a waiver. It also requested a reduction for the right-turn lane.

If VDOT hadn't approved the waiver for the left-turn lane, the church would have had to do extremely expensive bridge reconstruction — which might have been a deal-breaker. "It'll cost the church \$600,000 for off-site improvements now," civil engineer Gerry Hish told the WFCCA in February. "It jumps to \$1.3

million if they have to do the bridge, too."

However, said Scharn, "Our site was grandfathered, and VDOT approved it so we can locate the median break about halfway between the two, existing medians, as far away from the Cub Run Bridge as possible. This was critical to the project because it gave us access coming from the east and the ability to make a left turn into the site."

Still, New Vision needed VDOT's approval of its turn-lane waivers, and the BZA — which had the final say on the church's building proposal — couldn't decide on the matter without knowing what VDOT was going to do. So the BZA deferred its decision twice, until it learned, April 21, that VDOT had indeed OKed both waivers and county staff was, therefore, going to change its recommendation in the church's favor.

"We are very excited to have a positive resolution to this marathon case."

— Amber Scharn, land-use attorney

THEN AT ITS REGULAR meeting, April 28, the BZA voted 5-0 to approve New Vision's application. In the BZA's resolution, it stated that "The Board was pleased that the waivers requested from VDOT came through and those issues resolved. It would have been difficult to support this application without the waivers. There was no real objection to the church itself, but the transportation issues were significant."

The church must abide by numerous, development conditions. They include preserving at least 50 percent of the site as undisturbed, open space; not exceeding a building height of 45 feet; keeping all parking on site; establishing a tree-save area; and not exceeding a height of 4 feet for the parking-lot lighting.

New Vision must also dedicate some 2.74 acres to the county Park Authority, plus \$5,600 in lieu of construction of a trail section across the Route 29 frontage of that land. It must construct the road improvements it's agreed to do. Furthermore, before disturbing the site in any way, it must also survey for wood turtles, along with experts; and if any are found, they must be relocated to the Cub Run stream area.

Pleased with the final outcome, Scharn said last week that the church elders "were committed to ensuring that their special-permit plan met their needs, while remaining sensitive to the surrounding citizens. After an extremely detailed review of the proposed road improvements along Route 29, VDOT determined that the proposal provides safe and adequate access into the site, which was our goal from the beginning of this project."

She said full build-out is several years away, but New Vision hopes to complete phase one, as soon as possible. "My very rough estimate for beginning phase-one construction — which includes all improvements to Route 29 — would be early 2012," said Scharn. "What was once a vacant, dilapidated house, providing a prime location for trespass and vandalism, will now be home to a small, community church that endeavors to be an excellent neighbor and an asset to the community."

Raising Awareness of Williams Syndrome

FROM PAGE 7

awareness to it through the walk." Jason attends St. Veronica Catholic Church, and its council of the Knights of Columbus is helping fund the event, as are Porto Charities Inc. and the special-care

planning team of Massachusetts Mutual Life Insurance.

Walk proceeds go for continuing research, plus scholarships for families and children to attend national Williams conventions, events and music camps. The

money will also help young adults with Williams move into independent living environments and obtain specialized job training.

"I think having this walk is fantastic," said Pow. "I hope a lot of people show up for it."

OPEN HOUSES SAT./SUN. MAY 8 & 9



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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

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10501 Oak Place Ct.....\$587,900.....Sun. 1-3.....Kate Stafford-Walter.....ERA.....703-629-8091
13050 BLACKBIRD PL.....\$689,000.....Sun. 1-5.....Charles Jackson.....Weichert.....(703) 569-7870
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Lorton

9042 John Sutherland Lane.....\$799,900.....Sat. 1-5.....Donna Moseley.....Prudential Carruthers.....703-272-2332

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6825 Bluecurl Cir.....\$600,000.....Sun. 1-4.....Steve Childress.....Long & Foster.....703-981-3277

Kingstowne/Alexandria

6196 Little Valley Way.....\$320,000.....Sat./Sun. 2-5.....Shanelle Ramos-Rodgers.....Keller Williams.....703-565-6693
6153 Castletown Way.....\$390,000.....Sun. 1-4.....Carol Hooks.....Coldwell Banker.....703-518-8300
5430 Brookland Rd.....\$459,238.....Sun. 1-4.....Michael Malferrari.....Avery-Hess.....703-451-9797

Annandale

4917 Casimir St.....\$345,000.....Sun. 1-3.....Fawzia Noori.....Long & Foster.....703-313-6500
6450 Gainer St.....\$499,999.....Sun. 1-4.....Deborah Gorham.....Long & Foster.....703-581-9005
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To add your Realtor represented Open House to these weekly listings, please call Karen Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Tuesday at 3 pm.

Mother's Day Brunch & Dinner

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WORTH NOTING

ONGOING

Trinity Centre Farmer's Market — The Trinity Centre Farmer's Market is located at 5875 Trinity Parkway Centreville. It will run May 7 - Oct. 29 from 3:30-6:30 p.m. Come enjoy local produce from the finest farmers and specialty vendors in Virginia. Check out the website at www.smartmarkets.org.

THURSDAY/MAY 6

Helping Older Adults. 7-9 p.m. Deciding when and how to help an older adult can be a difficult decision. Common concerns include driving, safety, health, and finances. Learn how and when to step in and how to find help assigning financial and medical oversight to a more competent relative at the appropriate time. At the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call 703-324-5205.

FRIDAY/MAY 7

Swing Dancing. 9 p.m. to midnight. Cost is \$15. Dance lesson from 8:30-9 p.m. With Sue and Gary Caley. With the band, Natty Beaux. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

SATURDAY/MAY 8

Virginia Run Yard Sale. 8 a.m. to 2 p.m. Rain or Shine. Treasure Maps will be given out on the corner of Pleasant Valley and Wetherburn Drive. Yard Sales will be held at individual residences. Contact Helaine Newman 703-402-3134 or Paula Ferrara-Garcia 703-216-6730.

Musician Brii Performs. 7 p.m. Her music combines the soft nuances of pop with genuine grit of the rock genre. At Java Dave's Café, 13924 Metrotech Drive, Chantilly.

Youth Summit. 9:30 a.m. to 4 p.m. For teens in grades 6-12. Sponsored by the Fairfax County Department of Community and Recreation Services' Teen Services Division, the summit will provide training to young people to create change focused on improving health and well-being, while also gaining experience and skills to become leaders in their communities. At Liberty Middle School, 6801 Union Mill Road, Clifton. Visit www.fairfaxcounty.gov/rec or call 703-324-TEEN, TTY 711 to have a registration form sent to you. Deadline for registration is April 15.

Westfield High 5K Run/Walk. 8 a.m. 10th annual run/walk for scholarships. Both the run and walk will begin and end at WHS. Over \$60,000 in scholarship money has been raised from this event for WHS graduating classes. Sign up at the web site: <http://ptsa.westfieldhs.org/committees/5k-committee.html> Registration is \$15/ students, \$25/others. Contact Gary Flather or Karen Duncan at 5KPTSA@westfieldhs.org.

SUNDAY/MAY 9

Free Mother's Day Yoga Workshop. 3:30-5 p.m. Presented by Rajeswari Tress E-RYT 500. Mother's come and join the workshop and discover how yoga, meditation and relaxation can improve your lives. Remember to bring a mat or beach towel and wear comfortable clothes. At Chantilly Library Meeting Room, 4000 Stringfellow Road, Chantilly.

Mother's Day With Historic Fun. 11 a.m. to 4 p.m. Bring Mom to Sully Historic Site to celebrate Mother's Day. Make her a sachet of petals and spice like they did in the olden days. Appreciate the history of the 18th century and tour the beautiful grounds. The fee is \$2 per project. Sully Historic Site is located at 3650 Historic Sully Way in Chantilly. Call 703-437-1794.

City of Fairfax Antique Car Show Old Town Fairfax

Saturday May 15, 2010
10:00AM - 3:00 PM

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PHOTO BY BONNIE HOBBS/CENTRE VIEW

Holding original paintings of their homes and garden on tour are (from left) Mosako and Dick Nanto, Jane Elizabeth and Richard Braun, Cari and Steve Britt, and Peggy Cranston. (Not pictured are Stu Cranston and Arlene and Paul Posner). Fairfax Station's Trudi Arnold did the paintings, which were presented during the May 2 homeowners reception at the home of Sharon and Mark Gottlieb in Fairfax Station.

Clifton Homes Tour Is May 20

BY BONNIE HOBBS
 CENTRE VIEW

It's almost time for the 38th Annual Clifton Homes Tour and Marketplace, and something different is in store for everyone attending.

"This year, besides the houses, we have a garden, so it's a change for us," said Homes Tour Chairman Linda Beckman. "Mosako and Dick Nanto have a Japanese garden, and we thought it would be a lovely addition."

Presented by the Clifton Community Woman's Club, the event will be held Thursday, May 20, from 9:30 a.m.-3:30 p.m. Tickets are \$20 in advance and \$25 on tour day; single home admission is \$10.

Beckman said the club tries to make each year's tour special, and this one is no exception. Visitors will enjoy seeing the small, quaint home on Main Street where the screenplay for the movie, "Sleepless in Seattle," was written, as well as a large house with a pre-Revolutionary War cabin on the grounds. There's also a designer home on property where a horse farm once operated, plus a house that's an exact replica of the governor's mansion in North Carolina.

The day's Marketplace activities include an art show and sale, silent auction and boutique which run from 9:30 a.m.-5 p.m. The boutique features fiber-art necklaces and scarves, clothing, glassware, designer jewelry, chocolates, herb mixes and clothing accessories.

The art show is in the fellowship hall of Clifton Presbyterian Church and – unlike previous years when only women artists' work was displayed – this time, artwork by men is also included. There's even

a drawing for a \$50 gift certificate for a local restaurant.

At the Clifton Town Meeting Hall on Chapel Road, attendees may browse and bid on a variety of silent-auction items such as theater tickets, themed baskets and gift certificates from area merchants, and purchase gifts from vendors at the boutiques. Admission is free to the activities at the church and town hall. For more information, see www.cliftoncwc.org or call contact Linda Beckman at 703-266-0213.

Homes tour tickets are available at The Clifton Store and Cottage Art, in the Town of Clifton; Adler's Art & Frame, in the Colonnade Shopping Center; Judy Ryan, in the Twinbrooke Shopping Center in Fairfax; Banner's Hallmark in the Centreville Plaza in Centreville; and Five Star Hair, The Picket Fence and Yarn Barn in Burke.

Tickets may also be purchased on tour day, at any of the tour homes, or at the town hall at 12641 Chapel Road in Clifton. Or order them by mailing a check or money order payable to CCWC to: Clifton Community Woman's Club, P.O. Box 229, Clifton, VA 20124. Include a phone number or e-mail address to receive verification of receipt. Tickets will be held for pick-up at the town hall on tour day.

This event normally attracts some 600 people from throughout the Washington Metropolitan area and is the woman's club's primary fund-raiser. All net proceeds go to its Charitable Trust which, over the past five years, has distributed more than \$100,000 to local charities and student scholarships.

"We're hoping word will get out and more and more people will come," said Beckman. "We encourage people to buy their tickets in advance."

SCHOOLS

St. Andrew the Apostle Catholic School in Clifton is pleased to announce the following award recipients:

❖ Andrew Corzo, Grade 8, received the 2nd place Algebra award at the Thomas Jefferson High School in the Middle School Math Competition.

❖ Aaron Skouby, Grade 8, achieved a perfect score on the 2010 Introduction to Latin National Latin Exam. Only 795 students out of over 18,800 who participated world-wide attained this distinction.

❖ Of the 25 eighth-grade students the following have been accepted for admission to Thomas Jefferson High School for the 2010-2011 school year: Andrew Corzo, Stephanie Keener, and Madison Nguyen.

❖ Twenty of the eighth-grade students were accepted to Paul VI Catholic High School. Ten of those students are classified as "Scholars," achieving 90th percentile or higher on the High School Placement Test.

St. Andrew's Catholic School is hosting its 12th Annual Guardian Angel Golf Tournament on Thursday, May 20 at Westfields Golf Club in Clifton. The rate is \$150 per golfer. The fee includes lunch, golf ticket, golf cart, gifts, complimentary beverages (including beer, Gatorade, water and sodas) consumed on the golf course and dinner prepared by Outback Steakhouse. All proceeds benefit St. Andrew the Apostle Catholic School. For more information, contact Moira McGinty Klos, PTO President and Golf Tournament Chairman, at 703-815-0473.

The Colin Powell Elementary School PTA is sponsoring its annual fundraising 5K and Fun Run on Saturday, May 8 at 8:30 a.m. at Colin Powell Elementary. Entry forms can be printed from the PTA Web site at www.cpespta.org. There are age category prizes and random prizes too. Contact Michele Mezher at mmezher@juno.com. All ages are welcome to participate.

Xuerong Dai of Centreville has been awarded a corporate-sponsored scholarship from the National Merit Scholarship Corporation. Dai, who attends Thomas Jefferson High School for Science and Technology and

intends a career in economics, will receive a National Merit SAIC Scholarship.

News from Centreville High School:

The 6th Annual Wildcat Classic Golf Tournament will be held at Westfield Golf Club on Wednesday, May 12. The sponsorship of a foursome is \$600. Fee includes: greens fees and golf cart, goodie bag, range balls, and dinner at the awards receptions. Visit: www.cvhs.org/wildcatclassic.html or contact the tournament director at geordie.bigus@fcps.edu

Centreville High School is having its annual Sports Physical Night on Tuesday, May 18, at Family Medicine of Clifton/Centreville, 6201 Centreville Rd., Suite 100, Centreville. Cost is \$40 for pre-registered individuals and \$50 for walk-ins. <http://www.fcps.edu/supt/activities/atp/ppoverview.htm>

Centreville High School's Bryan Buser has been named FCPS Business Teacher of the Year. He is also a candidate for Virginia's Business Teacher of the Year.

Centreville High's Best Buddies students competed in the Fourth Annual Oakton Best Buddies Basketball Tournament on April 17 and won first place for the second year running. Tim Rabbu scored the winning basket!

Congratulations to Senior Andrew Adere who competed at the DECA International Career Development Conference, April 24 -28, in Louisville, KY. Andrew was the first runner up at the DECA State Leadership Conference in the category of Quick Service Restaurant Management this past March.

Congratulations to the Junior Math Team for placing second in regional competition and first in their group (Pascal Group)

The JazzCats Café will premier on Thursday, May 6 at 7 p.m. in the CVHS cafeteria. Performances will be by our own CVHS Jazzcats, Liberty Jazz Band, and special guests, The Dave Detwiler Quartet. Desserts & beverages will be served. Tickets are \$10 for adults & \$5 for students. Reservations for tickets can be emailed to c.skowron@verizon.net and picked up and paid for at the will-call table. Tickets can be purchased at door.

The Centreville High School Athletic Boosters & General Dynamics would like to invite you to the Wildcat Classic on May 12 at the Westfield Golf Club in Clifton. The sponsorship of a foursome is \$600. Fee includes: greens fees & golf cart, goodie bag, range balls, & dinner at the awards receptions. Prizes will be awarded to the top teams NET & GROSS. On-course contests will include both long-drive & closest-to-the-pin. All participants who purchase a mulligan will be guaranteed to win a raffle prize. Visit: www.cvhs.org/wildcatclassic.html or contact Tournament Director Geordi Bigus at geordie.bigus@fcps.edu.

The American Cancer Society is sponsoring The Relay For Life event at Centreville High School on May 22-23.

The Opening Ceremony will be at 4 p.m. and the Luminaria Ceremony will be at 9:30 p.m. Entertainment includes the Flock of Eagles Band, the New Life Band, DJ with karaoke, Willow Springs Fox Jumpers, Karate and Hawaiian dance demonstrations, children's area with two moonbounces, games, and team competitions. Go to www.CentrevilleRelay.org or email CentrevilleRelay@gmail.com.

Standards of Learning (SOL) tests will be administered at CVHS beginning on Monday, May 24 and extending through Friday, June 11. The majority of the testing will occur on Monday, May 24 through Thursday, May 27 and on June 2. Students who are currently enrolled in the following courses will be involved: Algebra 1 and 2, Geometry, Biology, Chemistry, Geosystems, World History 1 and 2, VA&US History, AP US History, Grade 11 English, AP English Language.

The CVHS Chorus Boosters will be holding a yard sale on May 15 from 7 a.m.-noon at CVHS. All proceeds will be used to support the CVHS choral department. We will be accepting donations on Friday May 14 from 5-7 p.m. in the chorus room. Large items can be dropped off on the morning of May 15th in the bus loop from 6 a.m.-7 a.m. We will be accepting any and all items - clothing, furniture, toys, baby items, kitchen accessories, etc. Donors are welcome to price their own items and will receive a charitable contribution tax receipt for their donations. For more information or additional donation drop off options contact Tori Ogus at 703-802-6137 or toriogus@cox.net.

The CVHS Student Activities Office will be holding a silent auction on June 14 to help support the 44 clubs and 21 varsity sports offered at Centreville High School. The money raised will be used to purchase new athletic equipment, musical instruments, team uniforms and practice equipment. Donation ideas might include sharing a skill, such as giving tennis, golf, music, painting, cooking or other lessons, offering a fishing trip, contributing game, theater, concert tickets, assembling a "theme" gift basket, or donating art work or a restaurant gift certificate. Email Mike Brown or call him at 703-802-5454.

Boy Scout TAG Sale Is May 8

Come to the giant garage sale on Saturday, May 8 from 8 a.m.-1 p.m. at the Dulles Expo Center-North Building to find the best bargains around while supporting the Boy Scouts. This is the 37th Annual TAG (Totally Awesome Garage) Sale for Boy Scout Troop 893. Each year they collect clothing, toys, bikes, books and media, sporting goods, electronics, non-upholstered furniture, household goods, tools, lawn & garden items and even cars and boats. Proceeds from the sale pay for troop gear, summer camp and high adventure activities for nearly 100 boys in the community. Go to www.Troop893.org. Admission is a Canned Good or Non-Perishable Food Item (or \$1) per person, to be donated to Western Fairfax Christian Ministries Food Pantry.

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With First Place on the Line, Wildcats Thump Herndon

Centreville's Ashooh allows one hit in shortened, five inning baseball win.

BY RICH SANDERS
CENTRE VIEW

Centreville High starting pitcher Ryan Ashooh has been coming up big for the Wildcats all season long, so it was almost expected that the senior southpaw would put together another solid outing in the Wildcats' important late season baseball game against Herndon on Tuesday night.

Sure enough, Ashooh, in his fourth complete game outing over his last five starts, gave Centreville another stellar performance in leading his team past the Hornets, 10-0. The Concorde District baseball game, in which first place was on the line, took place on a beautiful spring evening at Centreville and ended during the home team's bottom of the fifth inning at-bats when Cam Walter's RBI single made the score 10-0 and evoked the 10-run mercy rule.

"We're feeling good right now," said Walter, Centreville's senior first baseman who homered and knocked in four runs in the win. "This was a big game. Herndon has come out of nowhere."

Indeed, the Hornets have not been among the district's better teams in recent years. But this season, under first year coach Greg Miller, the squad has experienced a breakthrough season. Entering this week, Herndon (10-4) was tied with both Centreville and Westfield for first place in the district standings with just two weeks remaining in the regular season. The Hornets, despite the recent injury loss of key starting pitcher Paul Hvozdovic, have remained a contender.

But Centreville (11-5) overwhelmed its guests on Tuesday, scoring four runs in the bottom of the first inning and three more in the second to all but assure itself of earning its fifth district win to two defeats. With the early 7-0 lead and its ace pitcher on the mound, the Wildcats were in control from start to finish.

"We were ready and knew the importance of this game and every game," said Centreville coach Morgan Spencer, whose team won its fourth game in a row. "We know Herndon is well coached and that they were capable of coming back. They're having a good season."

The Hornets had an ominous start to the game when starting pitcher Alex Clark, in just his sec-

ond starting assignment and third overall pitching appearance of the season, left the game in the first inning after facing just five batters and recording one out. Clark, who had been so effective in a six inning outing in his team's 3-2 win over Chantilly on April 27, left the game with a strained arm.

Mark McCormick, Centreville's junior leadoff batter, opened the bottom of the first with a scorching line drive double off the right field fence. He eventually scored the game's first run on a wild pitch. But the first inning's biggest highlight came when clean-up hitter Walter, with two Centreville teammates aboard, sent a soaring fly ball well over the left field fence for his fifth home run of the season to give the Wildcats a 4-0 lead.

"He'd been working away from me the whole at-bat," said Walter, who will be playing football on scholarship next school year at Virginia Military Institute (VMI). "He then brought a fastball in and I got a hold of it."

Walter finished the game 2-for-3 with the homer, a single and two runs scored. His groundball single into left field with no outs in the fifth inning scored teammate David DeLorimier from second base to make it 10-0, automatically ending the game because of the 10-run rule.

On hand to witness the game was VMI baseball coach Marlin Ikenberry, who is hoping Walter will be a two-sport athlete for the Keydets next year. Centreville senior pitcher Connor Bach, a left-hander, is already committed to playing baseball at VMI. Ikenberry is also hoping that the 6-foot-4 inch, 215-pound Walter will play for his team as a walk-on. Following Tuesday's game, Ikenberry spent several minutes talking to both Walter and Bach, the latter who played right field and collected three hits against the Hornets. Walter, already committed to playing football at VMI, said he is likely to also play baseball as well at the Lexington, Va. School.

For the season, Walter is batting over .600 with a slugging percentage over 1.000. He has knocked in 25 runs to go along with his five homers.

"He's just an excellent hitter," said coach Spencer. "He's got a good approach at the plate."

FOR THE GAME, Centreville knocked around 13 hits off of



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

Ryan Ashooh struck out 10 and allowed just one hit in the Wildcats' district shutout win over visiting Herndon on Tuesday night.

three Herndon pitchers. Along with Walter's big night, the Wildcats also had multi-hit games from McCormick (2 hits, 3 runs), DeLorimier (2 hits, 3 runs), and Bach (3 hits, 2 runs). McCormick and Bach had RBI singles in Centreville's three-run second inning.

Other base hits for the Wildcats came from catcher Chris Mandell (RBI single), DH Leo Montoya, Bobby San Martin and Kevin Kang.

Centreville was playing without two starters out with health issues - second baseman Andy Viands and shortstop Chris Campbell.

Ashooh, Centreville's terrific starting pitcher, saw his record improve to 7-2 on the season. His earned run average is around one and he has six complete games. He said the key to his strong season

has been throwing first pitch strikes.

"I'm trying to get ahead and not throw too many pitches," said Ashooh, who allowed one hit — a second inning single to Daniel Shill — while striking out 10 and walking two against Herndon. "My curve ball definitely had [Herndon batters] thinking a little tonight."

Ashooh, who struck out the side in the top of the first, said he loves going deep into games.

"I think I am better later in the game," he said.

Spencer said Ashooh brings a lot to the hill.

"He's a kid that gets ahead in the count and throws four different pitches for strikes," said the coach. "He's well conditioned and gets stronger as the game goes on."

Walter loves watching his fellow

senior pitch.

"He's got good movement and his fastball drops off," said Walter. "You don't see opponents hitting fly balls. They're all ground balls."

Herndon hit just three balls into the outfield — Shill's single and two fly ball outs. On one second inning fly ball off the bat of Herndon's Zach Reif, Centreville left fielder McCormick ran in and made a spectacular diving catch.

This Friday night, Centreville will host district opponent Chantilly at 6:30. The Chargers have beaten Centreville in seven straight meetings. Chantilly defeated Centreville, 4-2, in the first meeting between the local rivals this season.

"We need to come back big this Friday and get that game," said Walter.

CENTREVILLE HIGH SCHOOL SPORTS NOTEBOOK

BY KAREN FULKERSON
CENTREVILLE HIGH SCHOOL

WILDCAT HOCKEY TEAM WINS: Congratulations to the Wildcats ice hockey club on its 7-2 victory over Woodson on Sunday evening, May 2, improving its record to 3-1-2. The Wildcats have their next game of the spring ice hockey season on Sunday, May 16 at 5:20 p.m. when they take on Oakton at the Reston ice arena. The club is also welcoming new players for the 2010-2011 NVSHL season.

SPORTS PHYSICAL NIGHT: Centreville High School is having their annual Sports Physical Night on May 18 at Family Medicine of

Clifton/Centreville, located at 6201 Centreville Rd., Suite 100, Centreville 20121. This is a great opportunity for student-athletes to obtain their sports physical which is required for all student athletes in order to try out and participate in sports for the 2010-11 school year. All the money collected from the physical night will go towards helping the Centreville High School Athletic Training Program to obtain medical supplies, rehabilitation tools, and cleaning supplies for the upcoming school year. The cost of the sports physical's are \$40 for pre-registered individuals and \$50 for walk-ins.

Ashooh Fans 16: Senior left-handed pitcher Ryan Ashooh set a school record with 16 strikeouts in tossing a complete-game, one-hitter, and

senior first baseman Cam Walter added a three-run home run to pace the Centreville HS Wildcats baseball team in a 7-0 victory over Robinson at home on Tuesday, April 27. Ashooh, who picked up his sixth win of the season, allowed just one runner to reach third base and has now thrown complete-game shutouts in three of his past four starts. The win moved the Wildcats to 9-5 overall and 3-2 in the Concorde District. The loss dropped the Rams to 5-9 overall and 2-3 in the district. Walter, who also had a run-scoring double, lifted a two-strike pitch well over the left-center field fence to provide the game's final margin in the sixth inning. Senior right fielder Connor

SEE NOTEBOOK, PAGE 17

SPORTS

Buccaneer Bound

Brent Bowden, a Westfield High graduate and a member of the school's state championship football team in 2004, was a sixth round selection of the Tampa Bay Buccaneers at the recent NFL Draft in April. Prior to the draft, Bowden, a First Team All-ACC punter at Virginia Tech this past fall, was one of five punters nationally to participate in the NFL Combine showcase which brings together some of the top college football seniors. A former All-District, All-Region and All-State selection as a high school player at Westfield, Bowden went on to earn a football scholarship at Virginia Tech where, over the course of his collegiate career, he became one of the nation's top punters. He also was honored as an All-ACC Academic selection a few times while in Blacksburg. Bowden, who played sports within the Southwestern Youth Association (SYA) as a youngster, earned a bachelor's degree at Virginia Tech in May of 2009 and is set to earn a second degree in business information technology later this month. Bowden is nicknamed "Sunshine" after the Ronnie Bass character in the movie, "Remember the Titans."

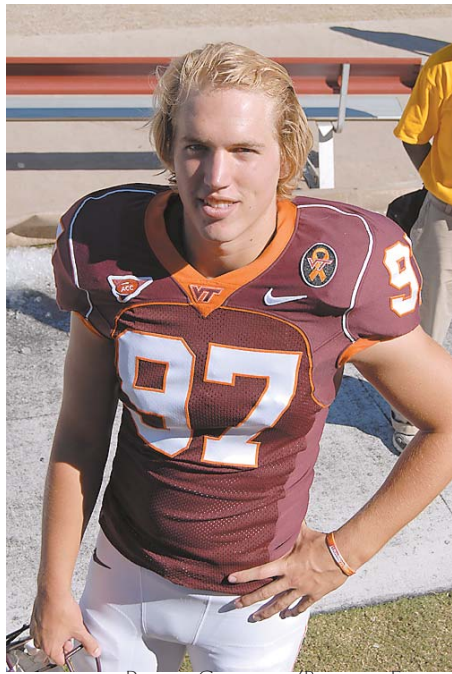


PHOTO COURTESY/BOWDEN FAMILY

CENTREVILLE HIGH SCHOOL SPORTS NOTEBOOK

FROM PAGE 16

Bach added two hits and drove in a run and junior left fielder Mark McCormick reached in all three of his plate appearances.

Later in the week, Connor Bach drove in five runs and threw five innings to pick up the victory as the Wildcats defeated rival Westfield, 8-2, to claim first place in the Concorde District standings. Bach scattered five hits and allowed two runs while striking out five to earn the victory, and put the game away with a grand slam in the sixth inning as the Wildcats (10-5 overall, 4-2 district) won their third straight and first district road game this spring. The loss dropped the Bulldogs to 11-4 overall and 4-2 in the district. Cam Walter continued to yield a hot bat, going 2-for-2 with a solo home run, single and walk. He was also hit by an Aaron Scoville pitch following Bach's slam. Senior DH Leo Montoya doubled twice. Junior Mark McCormick scored the game's first run after a first-inning triple and added a two-run double in the second. Also, senior catcher Chris Mandell added two hits to power Centreville's offensive output.

Softball: On Tuesday, April 27, Centreville's Varsity Softball team lost at home to Robinson HS, 4-3. Later in the week the Lady Wildcats lost to host Westfield, 5-0, yielding a 5-5 record overall, 4-2 in the Concorde District.

Anderson Nets 4 Goals: The Centreville Girls

Varsity Lacrosse team continued their current winning streak by defeating host Paul VI Catholic HS in Fairfax on Monday, April 26 by a score of 11-9. Goals were scored by Hayley Anderson (4), Jessie Dagata (3), Maggie Dulkerian (3) and Solange Duong (1), with two assists by Duong. Goalie Carolyn Macek recorded 12 saves. On Thursday April 29th, the Lady Wildcats beat another non-district opponent, Stuart HS, 18-7. The team record is now 5-5 overall.

Boys Lacrosse: The CVHS Boys Lacrosse team improved their record to 5-5 with two significant wins this week. In games on back-to-back school nights, the team defeated Falls Church on Wednesday, April 28, rolling over the Jaguars 13-3. The following night saw the Wildcats defeat visiting Stuart HS, 8-3.

Girls' Soccer Posts Shutout: After an exciting and controversial 1-1 tie with the top-ranked soccer team in the region, the Centreville HS Lady Wildcats Girls Soccer team returned to their shut-out ways with a defeat of host Edison HS, 9-0, on Friday, April 30. The team has posted shutouts in seven of their 12 games thus far this season, and they have outscored their opponents this season, 45-4. They are one of four Concorde District teams in the Top 10 for the Washington D.C. metro area. Their record now stands at 8-2-2, 2-1-1.

The only way some of us exercise our minds is by jumping to conclusions. —Cullen Hightower

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The Unicycle Lady's Boston terrier, Enzo, joins her for some tricks.

Children in the crowd delight in the Unicycle Lady's tricks.

Spring Festival Fun at Fairfax Corner

Fairfax Corner hosted a Spring Festival on Saturday, April 24, where families and children enjoyed watching the Unicycle Lady's (Lisa Polinori) antics, munching on treats, watching the fountain squirt and getting face paintings and balloon animals.



Olivia Pak, 11 months, looks at 3-year-old brother Brandon's face painted as Spider-Man. Parents are Brian and Yun Pak of Centre Ridge.



Scott Warden of Fair Oaks admires his 4-year-old daughter Sierra's face painting and princess balloon hat.



Unicycle Lady Lisa Polinori includes Centreville's Jhossette Pinaya, 7, in one of her routines.

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Salad Daze



By KENNETH B. LOURIE

The dictionary defines "salad days" as the "time of youth, innocence and inexperience." For a cancer patient (yours truly), who has changed his eating habits, almost entirely (I give myself a B-) to incorporate fruits and vegetables, greens in general, and salad in particular, instead of merely consuming his daily bread, there is no more ironic characterization of time than this column's title. And I'm eating salad because my "time of youth, innocence and inexperience" is long gone. It left March 5, 2009, when my oncologist explained to me (and Team Lourie) exactly what my stage IV lung cancer diagnosis meant, statistically speaking: I was now life-expectancy-challenged, to put it mildly; that is, with a "p.c." spin on it.

And "correct," with respect to my consumption, is what I've tried to be. I'm attempting to follow a PH-balance-changing regimen to consume a great deal more alkaline foods than acidic foods, thereby altering (hopefully) my blood chemistry; the theory being that cancer cells, which we all have as part of our DNA, figuratively speaking (maybe even literally for all I know/understand), cannot exist in an alkaline environment. In effect/theory, making one's internal combustion engine a less hospitable environment/host to these life-threatening cells, and to extend my prognosis/life in the process, beyond its current 13-months-to-two-years time frame.

And so, salad, sometimes days, more so nightly and on the weekends, is now a primary part of my food for thought. These days, I spend more time in the produce section of the supermarket than I do in any other aisle. Not that I've become the least bit knowledgeable (actually I have become the least bit knowledgeable), but I have become more inclined and quite frankly, likely, to wander through this section first (and foremost) to take in the sights – and smells – and to see if there are any items that meet my still extremely narrow window of eating opportunity. (Organic is even better, I've been advised.)

No more can I cookie-cake-candy-ice cream-soft drink my way through the supermarket. In fact, I haven't had an Oreo Cookie (Double Stuf) in so long, that I'm no longer sure how to spell "Stuf." Still, I wander through those aisles, too (I'd be lying if I said, occasionally), taking inventory, so to speak (sort of as a peculiar way to motivate/discipline myself) and to semi dip my toe back in the sugar-consuming water. But I have enough intestinal fortitude now, to not indulge in my former eating fantasies. (To be honest, I'm not a saint, but neither am I the sinner I once was.) It's extremely difficult, though. Almost all the foods (or the category of foods) that I misspent my youth – and life – eating, and love still: sugar, dairy, pasta, potatoes, rice, bread, beef/veal/pork/turkey are acidic and thus, out, at least to the extent/percentage theorized (30 percent of your calories) in this alkaline/acidic, cancer-affecting discussion/debate.

As my new consuming passion then, no longer am I eating/drinking all the friendly-to-cancer "ingestibles" that I have been for the past 50 years (certainly nowhere near the frequency or ferocity, that's for sure). Is it helping? I don't think it's hurting. Is it proactive? Yes, in a reactive-to-my-diagnosis kind of way. Am I doing better than my oncologist expected? Yes! (See column titled "Between a Rock and a Hard Place," 4/21/2010 for comparison.) Is my prognosis different now in year two? No. Can I live with the consequences of these most recent actions? Happily so, and hopefully for years beyond the original diagnosis. Are there any guarantees? Just one: "No one gets out of this life alive." So said, Ceil Lourie, my mother, many times. (For her sake, thank God she died before my diagnosis.)

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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