# Mount Pernon Gazette

Mount Vernon's Hometown Newspaper • A Connection Newspaper





Storck hears concerns from parents and teachers.

> BY GERALD A. FILL THE GAZETTE

n a wide-ranging weekend monthly office hours session in a Sherwood Hall Library conference room, Dan Storck, Mount Vernon School Board member, listened to a variety of concerns of parents and school employees. He also reflected back on the school year and cited the hiring of new superintendent, Karen Garza, and changes in student rights policies, including discipline and parental notification, as among the highlights of the board's accomplishments this school year.

Among his disappointments was

**Details** 

Mount Vernon School Board member Daniel Storck resumes his walk-in, no appointment necessary office hours on Sept. 14 in the Lorton library from 10 a.m. to noon and at Sherwood Hall library, 1-3 p.m.. He is also available other times by appoint-

the equivalent of fiscal year 2008 levels and the Fairfax County board's funding on a per student level at fiscal year 2009 levels, despite the increase in the cost to educate students.

"Our teacher pay is below the average of other metro area school districts and significantly below

SEE AT OPEN, PAGE 24



the continuing problem of a shortfall in state education funding at



# Power of Pink

bers celebrated their 2nd annual Debutante Cotillion Ball on Saturday evening, May 11, at West Potomac High School. Four students — Kaya Hampton, Genesis Taylor, Shaliyah Hollins and Kisanet Asfaha — were honored at the ball.

The Power of Pink is a mentoring

he Power of Pink mem-program for high school students. The members participate in workshops, cultural and community service projects.

> The program also includes fundraising activities to help support college scholarships. This year's sponsors included the Apple Store at Pentagon City and Mary Kay Cosmetics.

- LOUISE KRAFFT

# Open Up Police Chief Search

## Coalition wants citizens to help in chief's recruitment.

BY GERALD A. FILL The Gazette

uring the final meeting of the Citizens Coalition for Police Accountability before summer recess, Executive Director Nicholas Beltrante discussed a letter he sent to Sharon Bulova, chairwoman of the Board of Supervisors, asking that the new police chief be someone who supports the creation of a citizen police oversight board, and is flexible in the use of the Freedom of Information Act instead of invoking an automatic blanket exemption available to police on all investigations.

Currently, the supervisors are conducting a search to replace former Police Chief David Rohrer, who was promoted to a new position as deputy county executive for public safety. In the letter, Beltrante called on Bulova and the board to include specific qualifications the candidates should possess in evaluating the selection of the new police chief. The letter outlined the following qualifica-

- \* Favor the creation of a Citizens Police Oversight Board.
- ❖ Favor accountability and transparency when the Freedom of Information Act is invoked by any-SEE COALITION, PAGE 24

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CONNCIL



Sento Bangura and Antuanette Acevero help Kisanet Asafaha with a pearl necklace and white gloves.



**Debutant escorts Tommy Peters, Je-wan** Herbert and Joshua Marshall.



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\$869,000



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By this lovely Nantucket-style home tucked away on a private cul-de-sac, surrounded by trees, yet only minutes to Old Town. Fresh, spacious rooms offer abundant living spaces to suit any style, with quality updates throughout. Five bedrooms, four and a half baths, a newly renovated eat-in kitchen and storage galore. This is a "must see"

Be Charmed



## ALEXANDRIA SOUTH



## Pristine Townhouse

Sparkling and flooded with sunlight on three sides, this three-bedroom, hree-and-one-half-bath, end unit offers hardwood floors, a renovated kitchen, new windows, two fireplaces, extensive storage and customized closets plus a very large landscaped side yard enclosed with an iron fence. The family room opens to the brick patio. Reserved parking for two cars.

> **Babs Beckwith** 703.627.5421 www.BabsBeckwith.com MLS ID# FX8078253



\$539,000

## ALEXANDRIA



Jo Erkiletian 703.862.6870 www.McEnearney.com MLS ID# FX8051109

## Olde Belhaven Towne Pristine! Recent upgrades in-

\$640,000

clude new kitchen with cherry cabinets, granite counters, stainless appliances, new baths with granite and marble. Hardwood floors on main and upper level, floored attic, one gas/one woodburning fireplace, lower level walkout recreation room to large walled garden with brick and slate patio. Great view of country club golf course.



\$712,000

## ALEXANDRIA/BELLE HAVEN





## Quintessential Belle Haven

This 1940s update features a top-of-the-hill location on a lovely street. With four finished levels of charm, this meticulously maintained home is move-in ready! With a one-car garage and four bedrooms four full baths, you'll love the Belle Haven lifestyle!

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## ALEXANDRIA



## Walk to Metro

Charming, updated, Huntington duplex has two bedrooms, two baths, beautiful hardwood floors, renovated kitchen with granite and new windows throughout. The lower level has been completely redone and boasts a family room, full bath, separate laundry area and storage. Beautiful, fully fenced backyard overlooks parkland.

> Jodie Burns 571.228.5790 www.JodieBurns.com



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# Mount Vernon Estate Wins \$100,000

George Washington's home snags second place in Partners in Preservation contest.

> By Michael Lee Pope The Gazette

fter all the votes were counted, George Washington did not win at least not this time. The historic plantation estate that was once home to America's first president was beaten by the Washington National Cathedral, the neogothic Episcopal church that was badly damaged in an earthquake back in 2011. The contest was an online voting scheme called "Partners in Preservation," organized by the National Trust for Historic Preservation and funded by American Express. Fortunately for the Mount Vernon Ladies Association, however, second place had its own reward - \$100,000, which leaders at the estate say they will use to restore the large dining room.

"The D.C. Metro region has shown a true sense of community through its spirited support of their local historic places," said Timothy McClimon, president, American Express Foundation in a written statement. "We hope the Partners in Preservation funding is just the first step in ensuring that these cultural sites are accessible for many years to come."

For three weeks, leaders at Mount Vernon urged supporters to "Vote for George." The estate was one of several buildings, icons and landmarks that were in the running to receive funding. For the first time, the Partners in Preservation contest this year emphasized voting by social media, including Facebook, Twitter, Foursquare and



This 1932 postcard shows the dining room in a very different configuration compared to how it looks now.

Instagram. Overall, the National Trust for Historic Preservation and American Express will pump \$1 million in funding to preserve historic buildings throughout the metropolitan area.

"It has been inspiring to see the tremendous support local preservationists have shown their favorite historic places in the Washington area and a pleasure to bring this program to the Trust's hometown," said Stephanie Meeks, president of the National Trust for Historic Preservation. "In the months to come, we look forward to sites undertaking preservation projects in our backyard with Partners in Preservation grant funding and using the promotional tools and resources they have gained from the program."

Leaders at Mount Vernon say they will use the \$100,000 to renovate the large dining room on the north edge of the estate, a space sometimes called "the new room" because it was the last addition Washington made to the structure. The Palladian window needs carpentry repairs and investigation to discover what is causing the baseboards under the window to sink. And the hearth beneath the mantlepiece is cracked and needs to be lifted and repaired. The renovation will also feature a thorough documentation.

"The New Room has never been fully documented, and we plan to use photography and laser scanning to capture the architectural details and overall space," wrote Esther White, director of historic preservation and research in an outline of how the money will be spent. "Documentation becomes crucial should a disaster strike and also would allow us to share this amazing space with a large audience online."

The room has not been restored since 1981, so it's been more than 30 years since it was last cleaned and repainted. Conservators stared phase one of the restoration by focusing on the ceiling, removing the

# Other Partners in Preservation Grants

- ❖ Metropolitan African Methodist Episcopal Church, Scott Circle: \$90,000 to restore stained glass windows on church's primary facade.
- ♦ Carter G. Woodson Home National Historic Site, Shaw: \$75,000 to rebuild front and rear facade in order to stabilize home for public access.
- ❖ Colvin Run Mill, Great Falls: \$75,000 to bring the 18th-century grain elevator into working order.
- ❖ Greenbelt Theatre, Greenbelt: \$75,000 to renovate art deco lobby.
- Sixth & I Historic Synagogue, Mount Vernon Square: \$75,000 to repair and preserve a dozen of the synagogue's stained glass windows.
- ♦ LAMB at Military Road School, Brightwood: \$60,000 to repair exterior of school building including columns and cupola.
- \* All Souls Church Unitarian, Adams Morgan: \$50,000 to repair historic bell tower, including clock, stonework and windows.
- \* Congressional Cemetery, Barney Circle: \$50,000 to replace and reconstruct a row of 26 mausoleum vault roofs.
- \* Dumbarton Oaks Park, Georgetown: \$50,000 repair garden's original built structures including viewing platform, stone houses and retaining wall.
- ❖ GALA Hispanic Theatre at The Tivoli, Columbia Heights: \$35,000 to restore three ornate interior domes.
- Meridian Hill Park, Columbia Heights: \$50,000 to stabilize and repair exposed aggregate concrete grotto.

cobwebs and dust. Then the wallpaper was reattached in places where it had become undone. Next, layers of modern paint were removed in some parts of the room, and syringes were used to take samples from the walls to create an exact replica of the paint Washington used in the room. Phase two, funded in part by the Partners in Preservation grant, will begin by documenting the room. "We'll have very accurate measurements of everything that's here," said White. "And then our architectural paint conservators will be coming back in the fall and they'll be putting paint on the wall exactly as it was done 200 years ago in the 18th century."



## National Bike/Walk to School Day

Hollin Meadows Elementary School students ride to school under the watchful eye of parent volunteers during National Bike/Walk to School Day, held on its rain date, May 10.



Students secured their bikes after checking in with a parent volunteer. At least 93 students rode their bikes to school on this day.

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## News



From left: Brem Foundation vicepresident, Ellen Gordon; guest, Afroze Qureshi; guest, Nilo Mahmood; Dr. Rachel Brem; hostess, Shaista Mahmood; guest, Alda H. Ali; Brem Foundation president, Sue Apple, and Brem Foundation secretary, Cheryl Skillin.

## **Embracing Breast Cancer Awareness**

# Brem Foundation looks at key issues for women.

By Sharon Allen Gilder
The Gazette

n celebration of Mother's Day, and to raise awareness about breast health in the global community, an international cadre of 60 women, in addition to members of Brem Foundation to Defeat Breast Cancer, gathered at the Alexandria home of Shaista Mahmood on Wednesday, May 8 for "Coffee & Conversation with Dr. Rachel Brem."

Brem, a world-renowned radiologist and director of the Breast Imaging and Interventional Center at George Washington University Medical Center, is dedicated to finding breast cancer early when it is a curable disease. The Washington Metropolitan area has the highest death rate from breast cancer nationwide

Mahmood welcomed family and friends including the wives of ambassadors to Ghana, Monaco, Pakistan, Sudan, and Yemen. "It's wonderful to have the capacity to bring people together. The women to women connection will bring peace and more understanding. Dr. Brem is a fantastic woman and is doing so much work for the lives of women here and around the world. It's remarkable," said Mahmood.

Brem said her conversations with guests revealed that many women are met by the challenges of cultural differences and being in a country that may not be their mother country. "Breast cancer knows no boundaries. It is an evil that impacts all of our lives," said Brem. She advised women to be sure they have their yearly mammogram read by a radiologist who reads breast images 90 percent of the time, not knees and elbows, and noted that when cancer is only in the breast, 95 percent of early stage cancer is curable. "Nobody knows you like you know you. If you think something is wrong, you insist that you have additional screening. If the doctor doesn't agree, you go to another doctor. You are your own best advocate," she said.

Zunaira Kahn, whose husband is the DC Deputy Chief of Mission of Pakistan, said, "Modesty, unawareness, and the lack of opportunities to know this information is a big issue for us. We would go and seek help if needed if we were aware. For us to know, even if something is wrong, and then educate our fellow women, that would be a big step from our part of the world."

"We have a lot of work to do to help our sisters



Rose Agyekum (left), wife of the ambassador from Ghana, and Maha Abrahim, wife of the ambassador of Sudan.

around the world survive breast cancer. Modesty is such a big issue and sadly, this results in breast cancer being discovered at a much more advanced stage," said Brem.

Diagnosed with breast cancer in August 2012, guest Salma Hasan Ali underwent a lumpectomy and seven weeks of radiation. "I remember the shock and disbelief, but the gratitude that it was caught early. There's not a lot of discussion about this topic in the Muslim community. People are very guarded about personal health issues." Hasan Ali wrote a series of letters for family and friends hoping her personal essays would start a dialogue about breast cancer. "I wrote the letters to build a community around me so close friends and family would not worry too much and to instill as much hope and will in the five words, 'we'll get through this Insha'Allah (God willing)'.' She addressed Brem, "The work you are doing is profound and I say thank you for that. There's a quietness, a hush about it, but we need to share our stories and come together and help each other get through this. There is so much hope in sharing.'

Bano Makhdoom remembered being called back after her routine mammogram for an additional screening. "It was the longest 20 minutes of my life. It was like I'd been in the cubicle forever. It was a total numbing of all the senses. We need more platforms to present this information."

Dense breast tissue is an issue that is getting state and federal attention. Virginia is one of only six states that have legislation requiring health care practitioners to inform patients that they have dense breasts. On May 16, Maryland's Gov. Martin O'Malley will sign similar legislation and a federal bill is pending. Statistically, 40 percent of women have dense breast tissue and many are unaware. Brem said one-third of breast cancers in women with dense breast tissue cannot be seen on a regular mammogram and the risk factor for those women is a four to six fold chance of getting breast cancer in their lifetime. "Breasts can be perky dense and saggy dense but the only way to determine if breasts are dense is by mammography,"

See Awareness, Page 22



# Rex Reiley RE/MAX Allegiance 703-768-7730 rex.reiley@rmxtalk.com



## Alex./Hollin Hall Village \$549,900 1505 Dare Court

Beautiful Brick Front-to-Back Split w/4 BRs, 3 BAs, 2 gas FPLs, located on a quiet cul-desac. Major ticket items replaced/ updated: roof, furnace, A/C, hot water heater, hdwd floors refinished, baths, windows, kit appli-

ances and painting. It's a Cream Puff! Waynewood Elementary, 10 minutes to Ft. Belvoir (S), 10 minutes to Old Town (N).



## Alex./Hollin Hall Village \$559,900 7919 Bainbridge Road

A Hollin Hall Masterpiece! Totally updated & remodeled 2 level, 3 BR, 2 BA Brick Rambler. Updated: kit, baths, hdwd flrs, expanded living & dining rooms & spectacular 16x16 covered tongue & groove screened porch – beautiful! 2-level deck & hot tub – beautifully landscaped & fenced back

yard. Did I mention the 16x24 detached brick garage/workshop? Spectacular is an understatement! 15 mins (S) to Ft. Belvoir, 25/30 mins to Pentagon/D.C.



## Alex./Riverwood \$809,900 3713 Riverwood Road

Fabulous 6 BR, 3.5 BA Colonial in prestigious riverfront community of Riverwood. 3 finished levels, updated & expanded kitchen w/plenty of storage – large sunroom addition w/wraparound deck overlooking a beautiful, fenced back yard. 425 SF of storage below sunroom – remodeled baths –

finished walkout lower level w/2 BRs, rec room, den and full bath. 5 minutes to Ft. Belvoir, 15 mins to Old Town, Alex, 25/30 mins to Pentagon/D.C.



### Alex./Riverside Estates \$464,900 8359 Orange Court

Large 5 BR, 3 BA Split Foyer with spacious 2-car garage, landscaped and fenced back yard in the heart of Mt. Vernon in lovely Riverside Estates community. Freshly painted interior, and beautiful refinished hdwd floors. Furnace, A/C and hot water heater

replaced. 5 mins to Ft. Belvoir, 15 mins to Old Town, Alex, 30/35 to Pentagon/D.C. Walk to elementary and high schools. Lots of house for a good price.



## Alex./Riverwood \$799,900 3709 Carriage House Ct

Large, Stunning & Updated Brick Colonial w/Anthony in-ground pool surrounded by a beautiful, professionally landscaped yard. Prestigious Riverwood's larger model. Main level office w/2 FPLs. Hdwd floors on main & upner level w/4 large spacious BRs

& upper level w/4 large spacious BRs. Lower level w/huge rec room & large unfinished utility room w/plenty of storage. Luxury living – Only 5minutes to Ft. Belvoir, 30/35 to Pentagon/D.C.



## Alex./Riverside Est. \$799,900 8312 Wagon Wheel Road

Stunningly updated 4 BR, 2.5 BA WATERFRONT Colonial w/3 fin lvls backing to Little Hunting Creek offers amazingly beautiful views of nature, teeming w/wildlife. Rec rm opens to a large deck & patio, perfect for entertaining. A paradise in your own home. Also, remodeled baths, & kitchen

w/granite counters. Refinished hdwd floors. 5 mins to Ft. Belvoir, 15 mins to Old Town/Huntington Metro. This is a spectacular value for waterfront!



## Alex./Mt. Vernon \$462,000 8620 Curtis Avenue

Lovely, spacious 4 BR/3 BA Split in the heart of Mt. Vernon – Hardwood floors throughout main level, eat-in kitchen with ceramic tiled floor. Walkout lower level offers a family room w/wood FPL, new carpet and new sliding glass door to a large, fenced backyard. Also, a 4th

BR, 3rd bath and den. 5 minutes to Ft. Belvoir, 15 mins to Old Town, 25 to Ntl Airport and 30 to D.C./Pentagon. Priced for a quick sale.



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### **6906 Park Terrace Drive**

## \$765,000 • One of Westgrove's Loveliest Lots • Solid Brick and Block

Construction • Four Level Split with Attached Garage • Fenced Rear-Wraparound Decking • Bright Seasonal Sunroom on South Elevation • Unique Remodeled Eat-in Kitchen • Four Bedrooms • 3.5 Bathrooms • Two Full Masonry Hearth Fireplaces • Large Recreation and Utility Rooms on Lower Level Dir: GW Pkwy South, R on

Tulane, R on Park Terrace Drive to 6906 on left.



## 7716 Ridgecrest

## \$850,000

• Two Blocks from GW Parkway & Stone Bridge • Custom-Built in Wellington - Waynewood School • Tremendous Curb Appeal with Circular Drive • Ideal "One-Level Living - Age in Place" Home • Master Bedroom w/ Shower Bath, Laundry and Spacious 2-Car Garage - All on Main Level • Dual Entry Bath and Two Bedrooms on Upper Level • Remodeled Kitchen, Sunroom, Formal Rooms, Den w/ Wet Bar • Lovely Manicured & Fenced Rear w/ Patio and Extensive Beds & Hardscape Dir: GW Pkwy South, R onto W. Boulevard Dr, L onto Alexandria Ave, R onto Ridgecrest Dr to 7716 on left.

### **7120 Park Terrace Drive**

• Elevated Corner Lot on almost One Half Acre • First Offering of this Customized Floor Plan • Expansive, Open Kitchen w/adjacent Family Room • Glass Sunroom/Breakfast Room at Rear Elevation • Large Formal Living and Dining Rooms • Light-filled Recreation

Room w/Raised Hearth Fireplace • Four Spacious Bedrooms - Three Full Baths • Brick & Block Construction – Full Masonry Fireplaces • Beautiful In-ground Pool - Manicured Grounds Dir: GW Pkwy

South, R on Tulane, L on Park Terrace Drive to 7120 on right.



## **1206 Belle Vista Drive**

## \$989,000

• Stately, All-Brick, Columned Colonial • Elevated and well-manicured lot w/ Fenced Rear • Spacious Center Hall Entry Foyer • Elegant Formal Living and Dining Rooms • Generous Family Room with Hearth Fireplace features Beamed Cathedral Ceiling • Remodeled, Eat-in Granite Kitchen • Expanded Master Suite with Large New Bath • Four Large Bedrooms • Hardwoods Throughout Dir: GW Pkwy South, R on Morningside Ln, R on Park Terrace, L onto Belle Vista Drive

## **7116 Burtonwood Drive**

## \$889,000

• Marlan Heights • Superior Location near GW Pkwy • Tremendous Curb Appeal - Generous Elevated Lot • Three Level - All-Brick Colonial Style . Lovely, Large Formal Living and Dining Rooms • Expansive Family Room adjoins Upgraded Kitchen • Main Level Den/Bedroom - Three Upper Level Bedrooms • Finished Lower Level w/ Recreation Room, Office & Full Bath • Main & Upper Level Hardwoods • Three Masonry Fireplaces • Fenced Rear Yard features Huge In-ground Pool • Two-Car Garage Dir: Rte 1 South, L on Fort Hunt Rd, L onto Westgrove Blvd, R onto Marine Dr, L onto Warrington Pl, R onto Burtonwood Dr to 7116 on right.





## 1914 Leo Lane

• Minutes from GW Pkwy - Fort Hunt Elementary • Turn-Key Condition - Ready to Move In! • Spacious Brick-Front Colonial w/Carpet • Great Curb Appeal on Elevated, Generous Lot • Fully Fenced Rear with Patio and Deck • Remodeled Kitchen with Large Eat-in Space • Generous Family Room with Raised Hearth Fireplace • Four Bedrooms • Formal Living & Dining Rooms • Unfinished Basement with Half Bath Dir: Rte 1 South, L on Fort Hunt Rd, R onto Elkin St. L onto Linton Ln, L onto Leo Ln to 1914 on left.

## 6154 Braeleigh Lane

## \$499,000

• Bright and Sunny 3-Level Kingstowne Townhome • Three Bedrooms • Two and One Half Baths • Newly Renovated Granite and Stainless Kitchen with Adjacent Family Room w/ Fireplace and Sliding Glass Doors to Upper Level Deck

• Beautiful Hardwoods throughout Main and Upper Levels & Staircase • Master Bedroom with Renovated Custom Stone Bath • 1-Car Garage • Plenty of Visitor Parking • Lower Level Recreation Room with Sliding Glass Doors to Low-Maintenance Fenced Rear Yard Dir: 395 South towards Richmond, exit 1B for Franconia Rd, R onto Fleet Dr, R onto Beulah St, L onto Kingstowne Commons Dr, L onto Braeleigh Ln to 6154 on left.



## BULLETIN BOARD

Email announcements to gazette @connection newspapers.com.Deadline is Thursday at noon.

#### **SATURDAY/**MAY 18

EMS Week Event. 10 a.m.-2 pm. at Mount Vernon Rec Center, 2017 Belle View Blvd. Browse displays, get one-on-one interactions, take a blood pressure screening, and more. Free 703-768-3224.

#### **THROUGH MAY 18**

Diaper Drive. Local volunteers, in conjunction with Northern Virginia Family Service, announced Diaper Drive 2013: Help Keep a Baby Dry intended to raise 10,000 diapers to assist local needy families. The drive will runs through May 18 and encourages people to drop off diapers at local elementary schools, churches and public locations in several Fort Hunt, Mount Vernon and Old Town locations. Donated diapers can be loose from an open pack or part of a sealed pack. Financial donations are also accepted through the drive's Facebook page: www.facebook.com/ DiaperDrive2013. Public Diaper Drop Locations include: Occasionally Cake - 207 King St. and 8859 Richmond Highway; Fort Hunt Safeway - 7900 Fort Hunt Road; St. Aidan's Episcopal Church - 8531 Riverside Road; and Heritage Presbyterian Church - 8503 Fort

#### MONDAY/MAY 20

Free Conference. 8:30 a.m.-2 p.m. at South County Building Conference Center, 8350 Richmond Highway. Bethlehem Baptist Church is sponsoring "Anticipating the Future

50+." Register by May 15 to 703-

Presentation for Seniors. 11 a.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carfit is holding a presentation on how to adapt a car to the needs of older adults. Bring your car for an assessment. Free, but reservations required. 703-765-4573.

#### TUESDAY/MAY 21

#### Genealogical Society Meeting. 1

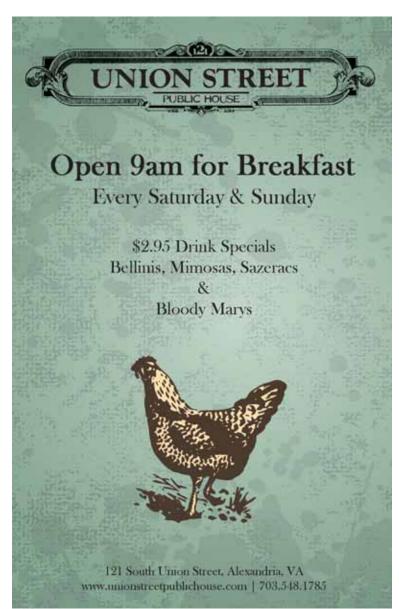
p.m. The Mount Vernon Genealogical Society will meet in room 112 of the Hollin Hall Senior Center, 1500 Shenandoah Road. The meeting will feature a presentation by Sharon Hodges titled "The File Burned, Now What? Finding Your WWII Relative." The United States entered World War II December 1941. More people than ever are attempting to find out exactly what their relatives did in WWII, but many are finding that the personnel file was burned. This session will explain what records are available and where to locate them. Free and open to the public. Visit www.MVGenealogy.org.

## Colonial Republican Women

Meeting. 6:30-9 p.m. at Virginia Hills Administration Center, 6520 Diana Lane, Program features Supervisor Pat Herrity who will speak on "How to Be an Effective Leader When You're in the Miniority." 703-624-3252.

**Open House.** 4-7 p.m. at The Beacon of Groveton, 670 Richmond Highway. Take a tour of the development, see nearby restaurants and more. Free. Visit www.beaconofgroveton.com for

SEE BULLETIN, PAGE 7



## BULLETIN BOARD

From Page 6

#### MONDAY-THURSDAY/MAY 20-23

Blood Donor Week. 7:30 a.m.-2 p.m. at the Fort Belvoir Blood **Donor Center**, 9300 Dewitt Loop, Fort Belvoir (lower level Oaks Pavilion). Both Pence Gate and Tully Gate are accessible with a State Issued License or ID. Sponsored by American Legion Post 24. Call or email regarding eligibility questions or to make an appointment, 202-294-6674 or email donna.onwona.civ@health.mil.

#### WEDNESDAY/MAY 22

Program for Seniors. 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Older adults can learn about an alternative for traditional senior care. Free. 703-765-4573.

## MONDAY/MAY 27-SATURDAY/JUNE 1

**Operation Medicine Cabinet** 

Cleanout. Drop off unused or expired medications at a Fairfax County Police district station (pills or liquids only, no pressurized canisters or needles). Disposal is free, convenient, confidential and safe. Safe handling of unused or expired medications prevents accidental poisoning, prevents drug abuse and protects the environment. The Mount Vernon District Station is located at 2511 Parkers Lane. Visit www.unifiedpreventioncoalition.org or call 703-938-8723, TTY 711.

## SATURDAY/JUNE 1

Roater Education Course. 8 a.m.-5 p.m. at the Knights of Columbus Hall, 8592 Richmond Highway. Take a course that meets the boating education requirements of all states. To register e-mail eaglesailor75@cox.net or 703-780-3765



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## PEOPLE

Sara's Head Shaving Birthday Party

ara Raffel's little brother Ryan lost his battle with AML, a form of leukemia, on Aug. 11, 2012 — less than a year after diagnosis and just two days before his sixth birthday.

In remembrance of him, Sara wanted to shave her head for her 11th birthday this year and ask for donations to Ryan's Best Buddies instead of presents. Her mom, Mikelle Raffel, started the non-profit Ryan's Battle Buddies to help other military children battling cancer. For more information, visit www.ryansbattlebuddies.org.

Sara hoped to not only raise money but to make a point to other children about not bullying children who have lost their hair due to cancer treatment. Her best friend Ethan also volunteered to have his head shaved at the Head Shaving Birthday Party on May 12 at the Fairfax Village Community Center in Fort Belvoir. Sara's paternal grandmother Deb Grant shaved her head at the same time, watched via a mobile phone.

A childhood cancer survivor Andrea Severson and her husband shaved their heads at home in Nebraska. Barbara Zimmerman, a military spouse, cut off her long hair for locks of love. Her husband



Ashley McGhee, a military spouse, volunteered to shave Sara's head.

shaved his head. So far, nearly \$2,700 has been collected. Sara's goal was \$1,100. A friend of the Raffel family who works for Geico collected donations in her office, which totaled \$350. Geico has committed to match this donation.

Renée Ruggles





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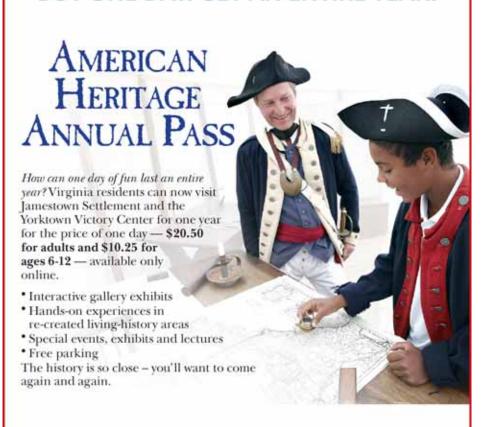
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**Keller Williams associates** arrive with care packages at the Carpenter's Shelter in Alexandria.

'Comfort of Home Campaig

eller Williams Realty, Alexandria - Kingstowne and more than 80,000 Keller Williams associates worldwide participated in the fifth annual RED Day on May 9.

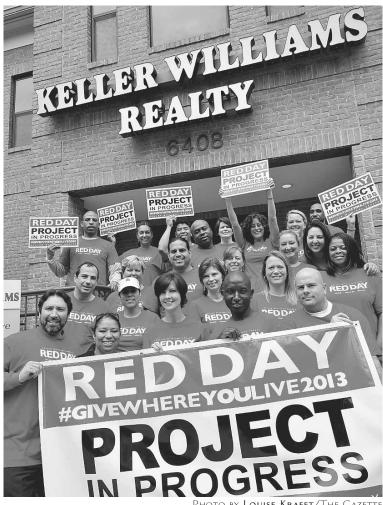
RED Day, which stands for Renew, Energize and Donate, is a collective service initiative where the company's associates donate a day to give back to the community.

Keller Williams Alexandria -Kingstowne associates volunteered at New Hope Housing Administration / Carpenter's Shelter, Eleanor Kennedy Shelter and Alexandria Community Shelter supported by the Family-to-Family non-profit organization.

Keller Williams associates at RED Day also assembled donated comfort and hygiene packages for displaced individuals and families in Alexandria.



Volunteers worked at New Hope Housing and the Eleanor Kennedy Shelter at Ft. Belvoir, Captenters Shelter in Alexandria and the Alexandria Community Shelter as part of the RED Day activities.



Keller Williams Realty Alexandria-Kingstowne associates: Marvin Felix, Maude Dixon, Rottank Ouy, Jaime Pardo, Dawn Knox, Sandy Allen, Olivia Thomas, Jason Williams, Dan Rochon, Tina Rodgers, Jorge Bohabot, Amy Smedley, Michelle Rose, Theo Poitevin, Lisa Dunham, Miryam Firtag, Lori Krause, Jennifer Mack, Julian Jasso, Esther

Sangiovanni, Heather Galloway, Bigz and Danny Currie.



Volunteers organize a closet at the homeless shelter.

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Never doubt that a small group of thoughtful committed citizens can change the world. Indeed it's the only thing that ever has.

> -Margaret Mead



# OPINION

# Vote in Spite of Election Fatigue

Primary voting, absentee voting, Republican convention.

bsentee voting, including "in-person" absentee voting, is already underway for the June 11 primary, a statewide Democratic party primary for lieutenant governor and attorney general, plus one delegate race in Northern Virginia.

EDITORIAL Voters in the Democratic primary will choose between Ralph S. Northam and Aneesh Chopra for lieutenant governor; and voters to participate in upcoming elections between Mark R. Herring and Justin E. Fairfax for attorney general.

Because voters do not register by party in Virginia, any voter can vote in the Democratic primary, but cannot vote in a Democratic and Republican primary on the same day.

The Republican party will nominate their candidates for statewide office in a convention to be held on May 17-18 in Richmond. Delegates to the convention were elected by locality in March and April.

Each locality is entitled to one Republican convention delegate vote per 250 Republican votes for governor and president at their last election, so that Fairfax County is entitled to 1,392 delegate votes; Arlington County is entitled to 215 delegate votes; Alexandria City is entitled to 133 delegate votes; the City of Fairfax is entitled to 32 Delegate Votes; Falls Church City is entitled to 14 delegate votes. Localities choose up to five times the number of delegates as votes, plus an equal number of

> The polls will be open from 6 a.m. to 7 p.m. on June 11.

Absentee voting allows qualified even though they may not be able to go to the polls on Election Day. Absentee voting in person began on April 26.

Most people in Northern Virginia qualify to vote absentee under this provision, although there are many others:

"Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work

for 11 or more hours of the 13 that the polls are open (6 a.m. to 7 p.m.)."

In Fairfax County, in-person absentee voting is ongoing through June 8 at the Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035

Hours: Monday, Tuesday, Wednesday, and Friday: 8 a.m.-4:30 p.m.; Thursday: 8 a.m.-7 p.m.; Saturdays (June 1 and June 8): 9 a.m.-5 p.m. Closed Monday, May 27, for Memorial

You can also vote absentee by mail. The deadline to request a mailed ballot is June 4, by 5 p.m.

Absentee ballots must be returned by 7 p.m. on Election Day June 11.

Here are some good sources for information on upcoming elections:

Virginia State Board of Elections, http:// www.sbe.virginia.gov/,

Virginia Public Access Project, http:// www.vpap.org/candidates?display=state,

Fairfax County Board of Elections, http:// www.fairfaxcounty.gov/elections/ ecalendar.htm.

- MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

## LETTERS TO THE EDITOR

## Add Tax, But Lower Other

To the Editor:

Last week's Gazette reported on Supervisor Hyland's latest attempt to convince his Board of Supervisors' colleagues to support his quest for a meals tax referendum. In his sales pitch, the supervisor states that such a tax would bring in \$80 to \$100 million in additional rev-

enue. This made me wonder whether these figures were based upon static analysis or dynamic analysis. In other words, would gross revenues of restaurants stay the same despite the new tax or go down as a result of it? Of course, the push back will be: "Who would stop eating at restaurants if it costs just 4 percent more?" The answer is that this new tax would be on top of all the other taxes we pay. At some point, taxpayers will draw the line and stop voluntary activities that trigger additional



## Collecting for Princess for a Night

Girl Scouts Margarita and Caroline solicit donations for the West Potomac High School Princess for a Night campaign at Aldersgate United Methodist Church. The Princess for a Night campaign provides a dress, shoes, purses and jewelry to girls for free who otherwise might not be able to attend the prom. The scouts have been soliciting donations of slightly used items which will be distributed at West Potomac High School on May 18 and 20.

taxes. Would this be the "tipping point?" I don't

Supervisor Hyland indicates he wants to specifically list, in the referendum, the county programs that would be funded by the meals tax. He also "vows" to "make an effort" to lower the real estate tax rate in subsequent budgets by the amount of money raised by the meals tax. Notice, the intention to reduce the real estate tax rate is not in the referendum.

A meals tax referendum is minimally acceptable only if the referendum binds the Board of Supervisors to lower the real estate tax rate to 100 percent compensate for the increased revenue resulting from the meals tax. This would achieve the goal of raising revenue from sources other than the real estate tax without increasing the average taxpayer's annual tax bill. This said, it is still not ideal, and in fact it is discriminatory, to target one industry for a tax increase. For that reason, I could not support Supervisor Hyland's proposal.

> H. Jay Spiegel Mount Vernon

## True Danger Is Speed

To the Editor:

I sympathize with Rocky and Julie Curtis's account of their "frightful" experience rounding the southbound curve in Ft. Hunt Road just past the Martha Washington Library, but doubt that prohibiting turns into the newly-opened Westgrove Park (a local park meant to serve the residents within 1-2 miles) will solve the real problems confronting travelers along Ft. Hunt Road.

Assuming drivers obey the speed limit of 35

SEE LETTERS, PAGE 23

## Alexandria Gazette Packet

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10 \* Mount Vernon Gazette \* May 16-22, 2013



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**Marymount University** counseling students Maya Georgieva, of Alexandria, and Sandi Boyles, of Centreville, pack a box for female soldiers.

PHOTO COURTESY OF Marymount University

# Teaching Healing Through Altruism

Marymount students learn counseling technique by helping U.S. troops.

> BY MARILYN CAMPBELL THE GAZETTE

> > "The research has shown

outside of themselves to

therapeutic experience,

especially for those who

have depression or other

mental health challenges."

— Lisa Jackson-Cherry, Ph.D.,

**Marymount University** 

that if a person goes

help others it can be

group of counseling students got to experience a therapeutic technique while also helping service men and women serving in Afghanistan.

Graduate students in the Pastoral Counseling program at Marymount University in Arlington assembled care packages for U.S. troops as part of a

community service requirement. One of the project's goals was to teach the future therapists how altruism can have long-term mental health benefits.

"The research has shown that if a person goes outside of themselves to help others it can be a therapeutic experience, especially for those who have depression or other mental health challenges," said Lisa Jackson-Cherry, Ph.D., chair of the Department of Counseling and founder of the Pastoral Counseling program. "We want students to experience what a client would experi-

Students are required to perform 30 hours of com-11 students formulated, planned and implemented have thought of." the task. "I think everyone thought of the assignment as not just a project we had to complete, but a chance to actually, in some small way, let men and women in the military know that people here at home do appreciate their service and sacrifice," said Annandale resident Nina Angeles.

The students collected an array of items like games,

magazines, books and DVDs. They gathered nearly enough items to fill their classroom and exceeded their professor's expectations. "I was expecting five or six boxes, but it became more than what the entire university could have put together," said Jackson-Cherry. "We had almost a roomful of supplies. The students solicited from their churches and from family members across the country."

Pastoral counseling students learn to incorporate spirituality into their work with clients. They wrote personal letters to the troops and included information on stress relief practices like meditation and breathing exercises. "We could not help but feel for the brave men and women who ... face stressful and sometimes traumatic situations away from home," said doctoral student Maya Georgieva of Alexandria. "... It was essential that we send notes of encouragement and support."

> Jackson-Cherry said the most powerful learning experience came when she delivered the boxes to a VFW Post in Maryland: the feeling that comes from seeing the impact benevolence has on others. "The place was packed for lunch, and I was planning to slip in the back door and drop off the boxes," she said. "There were veterans there from World War II and Vietnam ... they became teary-eyed as they were telling me stories of how the acts of strangers had impacted them when they were serving overseas. It was quite touching. I wish the students

munity service as part of their program. The class of an ess touched so many more people than they would

The students did get an opportunity to experience gratitude first-hand, however, when the military unit that received their supplies wrote a thank you note to the class. "The unit was overwhelmed by the generosity and the kindness of strangers, especially because they were away from their families," said Jackson-Cherry.

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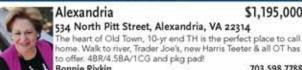


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Alexandria

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Popular Hollin Hills

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# Entertainment

# Miracles Continue in Mattie's Memory

A day of fun in honor of a brave boy raises money to help other families in the fight.

> BY AMBER HEALY THE GAZETTE

hen Vicki Sardi-Brown sees

a butterfly, she knows her Mattie, her 7-year-old son with husband Peter Brown, bravely faced an uphill battle with multifocal osteosarcoma, a rare and aggressive type of bone cancer, for 14 months, much of that time spent at Georgetown University Hospital. His rooms were filled with bins of craft supplies and toys, his walls were decorated in bright colors, his parents never left his side and his nurses quickly fell in love with the warm brown eyes and bright, wide grin.

While Mattie was still undergoing treatment, his parents, their friends and his Team Mattie supporters gathered for the first of what would become the Mattie Miracle Walk at St. Stephen's & St. Agnes School, in Alexandria, to show Mattie how much he was loved and thought of. The walk continues, with proceeds from registration and raffle tickets going to a variety of programs, including the funding of a snack cart at Georgetown hospital for other families enduring cancer treatment, the funding of a

"child life" specialist for those same families, and a monthly luncheon for nurses in the hospital to share their stories in a comforting and supportive environment.

"Mattie was a character," Sardi-Brown said. "No matter how much education I had, he always threw me for a loop."



Hundreds of people come out for the Mattie Miracle Walk, which helps raise money to support nurses and families at Georgetown University Hospital's pediatric oncology unit, in memory of Mattie Brown. This year's walk is Sunday, May 19.

who loved nature and was inquisitive from an early age.

WHILE HE WAS HOSPITALIZED, Mattie created a whole series of shapes and buildings out of cardboard boxes, collected for him by nurses and others at Georgetown, and loved playing with Legos every chance

And he was loyal, Sardi-Brown said.

"When he was in preschool, he had a close group of a few friends," much in the same way that people retain a handful of good friends as they grow up, she

said. "In some ways, he was an old soul. He reacted to people in a mature way. Those kids still come to the walk."

Ann Henshaw, a friend of the Browns' since her daughter went to preschool with Mattie at St. Stephen's, has become one of the longtime volunteers and coordinators

of the walk and other events. Her husband is an orthopedic oncologist and was able to talk with the family about his diagnosis from an early stage, which provided the family with some comfort.

She immediately set up Mattie's Helpers and went about working to ensure that the Brown's house was taken care of while they were in the hospital, that the cat was fed and the plants watered, and that anything Mattie wanted was provided.

"He wanted to ride a bike, but he didn't know how," she recalled. Within a few hours, a bike and up to a dozen sets of training wheels were collected at her house. An-

Join the Fun

The 4th annual Mattie Miracle Walk and Family Festival will take place Sunday, May 19, 11 a.m. - 3 p.m. at St. Stephen's & St. Agnes Upper School Campus, 1000 St. Stephen's Road, Alexandria. Information on the event, pic-

tures of the gift baskets to be raffled off, photos of previous

events, and more is available at www.mattiemiracle.com,

where pre-registration is also available and raffle tickets can

be purchased. Registration will also be available on the

morning of the walk. Anyone interested in volunteering for

the event can contact Vicki Sardi-Brown, co-founder, chair

and president of Mattie Miracle Cancer Foundation, at

vicki@mattiemiracle.com or 202-549-8036.

other time, they rounded up Scooby-Doo videos, because he wanted to watch some cartoons.

"If you give a mom a tangible 'to-do,' they're there," she said.

Another time, they arranged for a visit from

the Reptiles Alive! company, and Mattie took special delight in making sure Henshaw came in contact with creepy crawlies she despised.

Henshaw remembered the first walk as a bright, sunny day, and Mattie was very excited to be out of the hospital and surrounded by people who loved him. "He had

Lately, she's been collecting items for the dozen or so baskets to be raffled off during this year's walk, picking up odds and ends and going to stores with Sardi-Brown to find last minute things to make the baskets colorful and fun. Each item has a butterfly on the outside, which Sardi-Brown writes on her blog has become a symbol of her son's presence with her.

The Browns have decided to take the lessons they learned during Mattie's hospitalization to improve the stay for other families in similar situations.

With the money they've raised from the walk and other donations, the Browns have helped pay for an additional child life specialist at Georgetown.

"We help families cope with their hospitalization and help kids understand why they are in the hospital," said Linda Kim,

the child life coordinator and a certified child life specialist at Georgetown who has known the Brown family since Mattie got sick. "We teach kids and parents coping skills and use distraction during procedures

or other painful things. We also plan milestone celebrations and events for hospitalized kids and pretty much support anything fun for patients."

CHILDREN DON'T JUST NEED medical treatment when they're in the hospital, but their emotional, psychological and social needs have to be tended too as well, and it's an area that's under-appreciated in many cases, Sardi-Brown said. Prior to help from the Mattie Miracle Cancer Foundation,

SEE MATTIE, PAGE 20

- Tricia Grusholt

"It's her love for Mattie

that propels her."

The photos she's posted on her blog, http://mattiebear.blogspot.com, which she started on the day of Mattie's diagnosis and continues to update daily, show a little boy

Vicki Sardi-Brown, **Mattie and Peter** Brown in happier times, before Mattie's diagnosis with multifocal osteosarcoma in July 2008, shortly after his sixth birthday.



## CALENDAR

 $E ext{-mail}$  announcements to gazette@ connectionnewspapers.com. Photos and artwork are encouraged. Deadline is Thursday at noon.

#### **ONGOING**

- Summer Classes. Art at the Center, 2804 Sherwood Hall Lane. Children ages 6-10 can participate. Register at www.artatthecenter.org or 703-201-
- **Diaper Drive.** Through Saturday, May 18, local volunteers, in conjunction with Northern Virginia Family Service, announced Diaper Drive 2013: Help Keep a Baby Dry intended to raise 10,000 diapers to assist local needy families. The drive runs through May 18 and encourages people to drop off diapers at local elementary schools, churches and public locations in several Fort Hunt, Mount Vernon and Old Town locations. Donated diapers can be loose from an open pack or part of a sealed pack. Financial donations are also accepted through the drive's Facebook page: www.facebook.com/ DiaperDrive2013. Diaper Drop Locations include Occasionally Cake, 207 King St. Drop off at Occasionally Cake and be entered in to win a Mommy and Me cupcake decorating class. Visit occasionallycake.com.
- Art Exhibit. Helen Dilley Barsalou has a show of 39 watercolor and collage paintings at Goodwin House, 4800 Fillmore Ave. It is open from 9 a.m.-9 p.m. until May 21.
- Art Exhibit. Through Sunday, May 26, Thursday, Friday and Sunday noon-4 p.m.; Saturday 1-4 p.m. at The Athenaeum, 201 Prince St. See works by Mary Margaret Pipkin. Free. Visit www.mmpipkin.com.
- Student Design Competition. Come see Woodlawn transformed from a historic house museum into a

comfortable and stylish home for 21st century living. Through Sunday, June 16. \$20. Call 703-780-4000.

Watercolor Exhibit. Through Sunday, June 23, see "Paintings of the Potomac Valley Watercolorist" at Green Spring Gardens, 4603 Green Spring Road. Hours at the Historic House are Wednesday-Sunday, noon-4:30 p.m. and at the Horticulture Center are Monday-Saturday, 9 a.m.-4:30 p.m. and Sunday, noon-4:30 p.m. Visit potomacvalleywater colorists.org for more.

Art Exhibit. Through Tuesday, June 25, 10 a.m.-12 p.m. at River Farm Gardens, East Blvd. Come see 'Elegance of Spring.'

**Distillery Open.** George Washington's Distillery and Gristmill open through Oct. 1. \$17/adult, \$8/child, 5 and under are free.

#### THURSDAY/MAY 16

- Martha's Poetry Discussion. 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Discuss the poetry of Tomas Transtromer. Free. 703-768-6700.
- Book Discussion. 7:15 p.m. at John Marshall Library, 6209 Rose Hill Drive. Call for title. Free. 703-971-
- Music Performance. 8 p.m. at Old Town Theater, 815 King St. Hear Brent Birckhead & The Ivory Antidote. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

#### FRIDAY/MAY 17

Wine Festival. 6-9 p.m. at Mount Vernon. Learn about the history of wine in Virginia and Mount Vernon, while sampling wine from 16 Virginia wineries among other activities. \$38. Visit www.mountvernon.org to purchase tickets.

- **Opening Reception.** 7-10 p.m. see "Artworks for Good" at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Free. Call 703-838-4827 or visit www.thedelrayartisans.org.
- Music Performance. 8-10 p.m. at St. Elmo's Coffee Pub, 2300 Mt. Vernon Ave. Randy "Windtalker" Motz will perform, with proceeds from the performance benefiting Futures for Children. Visit stelmoscoffeepub.com for more
- Casino Night Fundraiser. 6:30-10:30 p.m. at Mount Vernon HIgh School, 8515 Old Mount Vernon Road. Enjoy dancing, games and more. \$35/advance; \$40/door.
- Adult Auditions. 5-8:30 p.m. at Washington Revels Office, 531 Dale Drive, Silver Spring. Audition for the Christmas Revels. Visit www.revelsdc.org/auditions-adults-2013.html for information on the process and application. **Bike To Work Day Pit Stop.** From
- 6:30-8:30 a.m. stop by John Carlyle Square, 300 John Carlyle Square, and enjoy breakfast items, beverages, prizes. Register and information at www.thecarlylecommunity.com and be eligible for prizes and t-shirts.
- Music Performance. 8 p.m. or 11 p.m. at Old Town Theater, 815 King St. Hear The Nighthawks with Linwood Taylor.. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313
- Dance Recital. Enjoy a dance recital by Dana Tai Soon Burgess & Company at 7:30 p.m. at Pendleton Hall, Episcopal High School, 3900 W Braddock Road. Free. 703-933-4135.
- Child and Me Yoga. 10:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 1-3 can use yoga poses to imitate animals and more. Bring a yoga mat or beach towel. Free. Registration required, 703-339-4610.

#### **MAY 17 THROUGH JUNE 1**

**Art Exhibit.** "Artworks for Good" at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Free. Call 703-838-4827 or visit www.thedelrayartisans.org.

#### SATURDAY-SUNDAY/MAY 17-18

Relay for Life. The T.C. Williams National Honor Society and Athletic Department are bringing to Alexandria the American Cancer Society's Relay for Life. Several teams of T.C. Williams students and staff members will participate in the fundraising event, which will take place from 2 p.m. on Saturday, May 18, to 7 a.m. on Sunday, May 19, at the George Washington Middle School Campus, 1005 Mount Vernon Ave. The field will be covered in tents, sleeping bags and other camping supplies while at least one team member is on the track, walking, at all times. Registration costs \$10 per person. Ninety-two cents from every dollar earned will go toward the fight against cancer. To get involved, visit http:// main.acsevents.org/site/ TR?pg=entry&fr\_id=53233 and sign up as a team member or sponsor.

#### SATURDAY/MAY 18

Civil War 150th Concert. 7 p.m. featuring the Federal City Brass Band. Honor Armed Forces Day at an evening performance of songs from the Civil War era in the Fort Ward Park amphitheatre. The Federal City Brass Band recreates the sound and appearance of a regular U.S. Army regimental brass band of the 1860s. Visit http://apps.alexandriava.gov/ Calendar.

**Exhibition.** 9 a.m.-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Spring Garden Day with a plant sale and more. Free. Call 703-642-5173 for more information

Charity Day. Old Town Boutique District is holding its 3rd annual Old Town Boutique District's Boutiques Give Back Charity Day during retail store hours. Visit www.oldtownboutiquedistrict.com

Book Signing. 11 a.m.-1 p.m. at Olio Tasting Room, 1223 King St. Chef Jenn Crovato will sign copies of her book "Olive Oil, Sea Salt & Pepper."

**Concert.** 8 p.m. at the Rachel M. Schlesinger Concert Hall. The finale of the 2012-2013 ASO season. \$5/ youth; tickets start at \$10 for students and \$40 for adults. Visit www.alexsym.org for more. **Signature Tea and Tour.** 1 p.m. at

Historic Pohick Church, 9301 Richmond Highway, Lorton. Enjoy a tour of the church led by the Pohick Church Docent Guild and then a full English tea and history program. \$40/adult; \$25/child. Seating is limited, reservations due by May 10.

703-372-1296. **Adult Auditions.** 9:30 a.m.-noon at Washington Revels Office, 531 Dale Drive, Silver Spring. Audition for the Christmas Revels. Visit www.revelsdc.org/auditions-adults-2013.html for information on the process and application.

Comedy Performance. 7 p.m. or 10 p.m. at Old Town Theater, 815 King St. Andy Woodhull performs Buy tickets at www.oldtowntheater1914.com/

home.html or 703-544-5313. Book Sale. 10 a.m.-4 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Browse books for all ages. Free. 703-768-6700.

Wag A Tale. 10:30-11:30 a.m. at

See Calendar, Page 18

# Celebrate! Mount Vernon At Home Annual Gala

WEDNESDAY, MAY 22, 2013 4:00 TO 7:00 PM

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Shrek, Madagascar, Kung Fu Panda and all related characters and properties © 2013 DreamWorks Animation L.L.C.

## CALENDAR

From Page 17

Kingstowne Library, 6500 Landsdowne Centre. Children ages 5-12 can register to read aloud to Chester, a reading therapy dog. Registration required, 703-339-4610.

#### SUNDAY/MAY 19

Wine Festival. 6-9 p.m. at Mount Vernon. Learn about the history of wine in Virginia and Mount Vernon, while sampling wine from 16 Virginia wineries among other activities. \$38. Visit www.mountvernon.org to purchase tickets.

Opening Reception. 2-4 p.m. see artwork by Sandy LeBrun-Evans and Danny Conant at Multiple Exposures Gallery in the Torpedo Factory Art Center, 105 N. Union St. Free. Visit www.torpedofactory.org for more.

Music. 7 p.m. at Church of the Resurrection, 2280 N. Beauregard St. Focus Music presents Don White. \$18/general; \$15/advance. Buy tickets at www.focusmusic.org or 703-380-3151.

Family Festival and Walk for Pediatric

Cancer. 11 a.m. - 3 p.m. at St. Stephen's upper campus, 1000 St. Stephen's Road. Activities for all ages such as arts and crafts, cooking demonstrations, magic show, raffles and a walk around the track to show support for the cause. Featuring performances by Alexandria teen bands including Fuse Box, Keira Moran and others. To benefit Mattie Miracle Cancer Foundation. \$25 adults/\$10 children and teens (under 3 free). T-shirts and drawstring bags included. Information and to register: www.mattiemiracle.com.

Stories and Music in the Garden. 4-6 p.m. at Mount Vernon Unitarian Church, 1909 Windmill Lane. Enjoy folk stories and songs in the walled garden. Food will be sold. Families with children are encouraged to bring a blanket. Proceeds will benefit the church's natural playground project.

Dance and Orchestra Performance. 6:30 p.m. at National Gallery of Art, East Building Atrium, Fourth Street and Constitution Avenue, N.W. Arlington's Bowen McCauley Dance company performs with Alexandria Symphony Orchestra. Free. Hear a tribute to Stravinsky's "Le Sacre du Printemps." Visit www.bmdc.org/upcoming for more.

Alexandria Family Fun Day and 5K. 8 a.m. at Cameron Run Regional Park, 4001
Eisenhower Ave. Enjoy a 5k race/walk, children's run and more. Register day of the race. Visit Alexandria5k.com for more.

Fly, Float or Watch. 10 a.m.-4 p.m. at West Potomac High School, 6500 Quander Road. Bring any RC planes, helicopters, cars, or boats and drive or fly them around. There will also be activities for children, concessions, prizes and more. Visit www.westpotomacengineeringstore.com for more.

#### MONDAY/MAY 20

**Concert.** 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. Don Williams performs, with special guest Ashley Monroe. \$55. Visit http://ashleymonroe.com/

\$55. Visit http://ashleymonroe.com/.

Virginia Search and Rescue Dogs. 3:30
p.m. at Kingstowne Library, 6500
Landsdowne Center. All ages can learn about
wilderness safety and what to do if you get
lost Registration required, 703-339-4610

lost. Registration required, 703-339-4610. **Introduction to Creative Writing.** 7 p.m. at Kingstowne Library, 6500 Landsdowne Centre. Adults can enjoy a six-week writing workshop. Bring ideas, laptop or pen and paper. Free. Registration required, 703-339-4610

#### TUESDAY/MAY 21

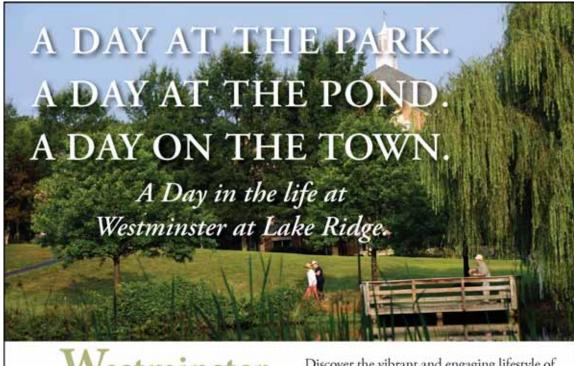
Concert. 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. Peter Tork performs. Visit www.birchmere.com.

School Lunch Bunch Concert. 12:15-1:15 p.m. at Market Square, 301 King St. St. Rita's, St. Francis of Assisi and Linton Hall bands will perform. Free. 703-746-5592.

Swing Dancing. 9-10:30 p.m. at The Carlyle Club, 411 John Carlyle St. King Teddy will perform music. \$10. Visit

www.gottaswing.com for more. **Rainbow Readers.** 10:30 a.m. at Kingstowne
Library, 6500 Landsdowne Centre. Children
ages 3-5 can enjoy stories and songs. Free.

See Calendar, Page 19





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## CALENDAR

From Page 18

Registration required, 703-339-4610. A to Zoo Preschool Storytime.
10:30 a.m. at John Marshall Library, 6209 Rose Hill Drive. Children ages 2-3 can enjoy stories and activities. Free. Registration required, 703-971-0010.

Harambee Readers. 7 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Adults can discuss "The World Has Changed: Conversations with Alice Walker" by Rudolph Byrd. Free. 703-765-3645.

Martha's Mystery Book

**Discussion.** 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Adults can discuss "The Forger's Spell" by Edward Dolnick. Free. 703-768-6700.

#### WEDNESDAY/MAY 22

Lecture. 7:30 p.m. The Lyceum, 201 S. Washington St. Listen to a lecture by Chief Historian of Fredericksburg and Spotsylvania National Military Park John Hennessy on the aftermath of the Battle of Fredericksburg, its impact and its connections to Alexandria. Free. Open seating, ADA accessible, 140 people maximum. Visit www.AlexandriaHistory.org or call 703-746-4994.

Swing Dancing. 9-11 p.m. at Nick's Nightclub, 642 S. Pickett St. DJ Dabe Murphy will provide music. \$6. Visit www.gottaswing.com for more.

#### THURSDAY/MAY 23

Garden Stroll and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour some of the gardens with a master gardener docent who will tell stories of Green Spring past and present. Afterwards, enjoy a traditional English afternoon tea served in our 1784 historic house. \$28. Call 703-914-7987 to register.

Italian Inspiration. 7-9 p.m. at Art at the Center, 2804 Sherwood Hall Lane. Enjoy Italian dessert while gaining new insights and inspirations for working with children. \$25/person or \$20/for those who attended other meetings. RSVP to kathryn@artatthecenter.org. Visit www.artatthecenter.org for more.

Bow Wow Luau. 5-8 p.m. at Hotel Monaco, 480 King St. The dogfriendly event will include a costume contest for dogs and their companions, drinks, door prizes and more. Proceeds benefit the Animal Welfare League of Alexandria and the homeless animals in their care at the Vola Lawson Animal Shelter. Free, but leis will be sold. Visit www.alexandriaanimals.org for more

Music Performance. 8 p.m. at Old Town Theater, 815 King St. Hear Jazz Visions. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

## FRIDAY/MAY 24

**Fundraiser.** Thirteen-year-old Pasquale Procaccino is hosting a fundraiser at Royal Restaurant, 734 N. St. Asaph St., to raise funds for the outreach program Game On, which helps improve tennis courts and tennis instruction for underprivileged peers. 703-548-1616.

Performance. 7 p.m. or 10 p.m.at Old Town Theater, 815 King St. Kier performs. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

## SATURDAY/MAY 25

**Tour.** 1 p.m. at Friendship Firehouse Museum, 109 S. Alfred St. Learn about three major fires, the techniques used to fight them and the five volunteer companies of the early city. \$6/adult; \$4/youth ages

## 2014 Young Composers Competition Opens

The 2014 Kluge Young Composers Competition, a new competition for composers 18 years or younger, was announced in celebration of Maestro Kim Allen Kluge's 25th anniversary year with the Alexandria Symphony Orchestra.

Established through the joint efforts of the ASO and the Symphony Orchestra League of Alexandria, the competition provides an opportunity for young composers to develop their talents. The winning composition, selected by Maestro Kluge, will premiere at an ASO performance. The 2014 Kluge Young Composers Competition is open to any composer 18 years or younger who resides in the state of Virginia. Compositions should be five to seven minutes long and use standard orchestra instrumentation and normal doublings. Submissions must be received by Dec. 20, 2013. In addition to having their piece performed by the ASO, the winner will receive a \$1,500 cash prize. Visit alexsym.org/kluge-young-composers-competition.

10-17. Reservations required, 703-746-4994.

Yard Sale. 8 a.m.-2 p.m. at 2704 Mount Vernon Ave. Stop by the Del Ray Artisans yard sale. Profits support Del Ray Artisans. Free. For information on volunteering, contact Lesley at

Volunteers@TheDelRayArtisans.org. Visit www.TheDelRayArtisans.org/ YardSale.

Sunset Viewing at Mount Vernon.
6-8:30 p.m. at Mount Vernon Estate.
Families can enjoy evening tors of the mansion, dancing, games, wagon rides and more. Food, wine and beer will be available for purchase. \$18/adult; \$12/child; free for children under 5. This is a separate ticket from daytime estate admission. Visit mountvernon.org for tickets and information.

Performance. 7 p.m. or 10 p.m.at Old Town Theater, 815 King St. Kier performs. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

Wag A Tale. 10:30-11:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 5-12 can register to read aloud to Chester, a reading therapy dog. Registration required, 703-339-4610.

**Ebook Workshop.** 1 p.m. at John Marshall Library, 6209 Rose Hill Drive. Bring your eBook reader and library card and get all questions answered. Free. 703-971-0010.

Virginia Grand Military Band. 7:30 p.m. at the Rachel M. Schlesinger Concert Hall, NVCC Campus, 3001 N. Beauregard St. "Salute to Memorial Day Concert," with works by Sousa, Shostakovich and Fillmore. Adults \$15. - band directors, students and children free. Visit www.vgmb.com, email manager@vgmb.com or call 703-426-4777.

## SUNDAY/MAY 26

Sunset Viewing at Mount Vernon.

6-8:30 p.m. at Mount Vernon Estate. Families can enjoy evening tors of the mansion, dancing, games, wagon rides and more. Food, wine and beer will be available for purchase. \$18/adult; \$12/child; free for children under 5. This is a separate ticket from daytime estate admission. Visit mountvernon.org for tickets and information.

Monday/May 27

**Annual Jazz Festival.** 1-6 p.m. at Waterfront Park, 1 Prince St. Hear music by the United States Navy Band, Al Williams, Daniel Ori, Emy Tseng and more. Free. 703-746-5592.

Remembrance. 11 a.m. at Mt. Vernon Rec Center, 2701 Commonwealth Ave. Join citizens of Alexandria and the "Friends of Rocky Versace" as they remember Alexandria's fallen military heroes at the Capt. Rocky Versace Plaza and Vietnam Veterans' Memorial. The ceremony will include reading the names of the 67 men on the Memorial, a wreath-laying, sounding of "Taps" and singing "God Bless America."

#### TUESDAY/MAY 28

Martha's Family Movie. 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. All ages can watch a film based on a children's classic book. Free. Registration required. 703-768-6700.

## WEDNESDAY/MAY 29

Adoption Information Session.

6:30-7:30 p.m. at UMFS, 5400 Shawnee Rd, Suite 101. Agency representatives will be on hand to answer questions and explain the requirements to foster or adopt. Free. Visit www.umfs.org or call 703-941-

**Documentary.** 5 p.m. or 7:30 p.m. at Old Town Theater, 815 King St. Watch "Girl Rising." Buy tickets at www.oldtowntheater1914.com/home.html or 703-544-5313.

## THURSDAY/MAY 30

**Psychic Show.** 7:30 p.m. at the Birchmere, 3701 Mt. Vernon Ave. Come see Sylvia Browne present her one woman show about her work in the field of parapsychology, give readings and hold a Q&A on her field and work. \$55. Visit www.birchmere.com.

Tour. 7:30 a.m.-5:30 p.m. Leaves from Green Spring Gardens, 4603 Green Spring Road. Travel to Richmond to an herb farm for lunch and a class on lavender followed by an afternoon tour of the gilded age of Maymont Estate and gardens. \$119 per person.Register on-line at www.greenspring.org or call Green Spring Gardens 703-642-5173.

Music Performance. 8 p.m. at Old Town Theater, 815 King St. Hear The Mike Tony Echols Project. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

## **MAY 30 THROUGH JULY 14**

Art Exhibit. See "Hair Apparent" in the Athenaeum Gallery, 201 Prince St. It is a multimedia exhibit featuring sculpture, photography, performance and assemblage. Free.

SEE CALENDAR, PAGE 20



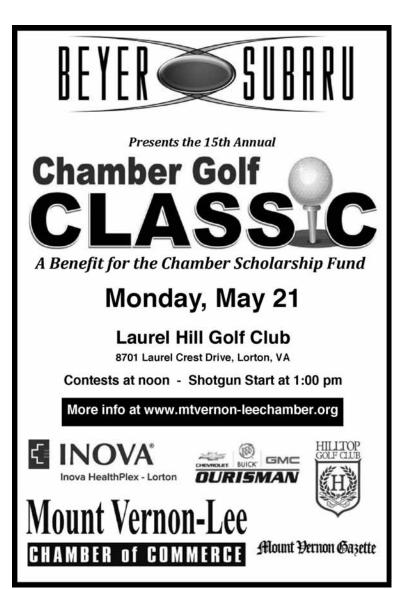
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## Entertainment

## Mattie Miracle Walk

From Page 16

children were only visited for up to 15 minutes per day, but the foundation's help has allowed the hospital to hire a second spe-

The specialist "specifically works with oncology patients and with patients who are being sedated for procedures like MRI, CT scans and many others," Kim said. "We wouldn't have been able to expand our services without their generous donation."

The Mattie Miracle Cancer Foundation also has contributed to symposia, one in Washington, D.C. and another in California, working toward the creation of national standards of psychosocial care for pediatric cancer patients. "There are standards of care for biological and medical treatment, but no standard treatment for social and psychological support," Sardi-Brown said. Some members of Congress have signed on to support the creation of national

standards, and the founda-

tion continues to strive toward this

Additionally, the Mattie Miracle Cancer Foundation funds — and stocks — a snack cart that makes the rounds in the hospital three times per week, filled with goodies including candy bars, bottles of drinks and other snacks for patients and their families. Last Halloween, the foundation collected and donated 1,000 pounds of candy to the

The idea for the cart blossomed out of the routine supply of food provided to the Browns during Mattie's treatment, said Tricia Grusholt, a pediatric oncology nurse

at Georgetown who was with the Mattie Miraele Browns from the time Mattie arrived at the hospital un-

til his death. Grusholt, a nurse for more than 20 vears, has become close with the Browns and has attended every one of the Mattie Miracle walks, with her own children, who think of Mattie, and his parents, as family.

The Browns were with Mattie continually, and their family and friends quickly worked out a schedule to provide them with breakfast, lunch and



Some of the funds raised by the **Mattie Miracle Walk go to support** this snack cart, which provides free treats to patients and families in the pediatric oncology unit of Georgetown University Hospital.

dinner every single day, something Grusholt said she'd never seen before.

THE NURSES COULDN'T HELP but love Mattie while he was in for treatment, but it's hard for them to separate their hearts from their patients. It's a line that the Brown family crossed early, she said. Sardi-Brown understood this, and the foundation now helps fund a lunch each month to provide nurses with a place to share stories, express their frustration or just get a shoulder to lean on during tough times.

Grusholt doesn't shy away from heaping praise and gratitude on the Brown family, repeatedly referring to Sardi-Brown as "amazing," "selfless" and "awesome," and to Peter Brown as "wonderful."

Mattie sometimes was able to go home for a week or so, but when he had to return, his dad happily brought a cart filled with bins overflowing with arts and craft supplies, Legos and decorations for his room, to make Mattie's stay as easy as possible, she said. Together, Mattie and his dad built "every Lego set out there," enjoying their shared love of building things, Grusholt said.

There's a tremendous respect and admiration for Sardi-Brown from her friends and those who know her through the founda-

"She's an inspiration to me," Grusholt said. "The strength and courage she gave that little boy was incredible at a time when she was frightened out of her mind .... It's her love for Mattie that propels her."

"It means so much, because they simply don't have to do any of the wonderful things they are doing," added Kim. "They lost a child at Georgetown and it must be so painful to step into the building for a meeting or to bring a donation, but they do in so many ways. It's nice for families to know they are receiving a lot of support from parents who know what they are currently going through."



## CALENDAR

From Page 19

## FRIDAY/MAY 31

Comedy. 7 p.m. or 10 p.m. at Old Town Theater, 815 King St. Jody Kerns performs. Buy tickets at www.oldtowntheater1914.com/ home.html or 703-544-5313.

## **SATURDAY/JUNE 1**

21st Annual Alexandria Armenian

Festival. 1:30-6 p.m. at Market Square, 301 King St. Enjoy vendors, entertainment, food and more. Free admission. Visit www.alexandriaarmenianfestival.com/

Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Meet local artists and hear live music. Visit www.thedelrayartisans.org/ artmarket for more.

Closing Benefit. 7-10 p.m. see "Artworks for Good" at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Proceeds benefit American Cancer Society Call 703-838-4827 or visit www.thedelravartisans.org

T.C. Williams Alumni Baseball Game. 2 p.m. at Eugene Simpson

Field, 420 East Monroe Ave. All former players from T.C. Williams. Hammond, G.W. and Parker Gray High Schools are invited to play in the game and reconnect with old friends.\$20. Buffet dinner, courtesy of the T.C. Williams Basel Boosters, will be served at the field immediately following the game. \$20. For more information contact Jeff Beck at jbeck55@msn.com.

Music Performance. Ottmar Liebert & Luna Negra perform at The Birchmere Music Hall, 3701 Mount Vernon Ave. Visit

www.birchmere.com or call 703-549-

## **JUNE 1-29**

Art Exhibit. Eight painters, including Alexandria artist Christine Gray, have been selected as finalists for the Bethesda Painting Awards. Their works will be on display at Gallery B, 7700 Wisconsin Ave., Suite E, Bethesda. Free. Gallery hours are from noon-6 p.m. Wednesday through Saturday.

## **JUNE 1 THROUGH JUNE 30**

Art Exhibit. The artists of Studio 4, Old Town, 218 N. Lee St., Suite 101. have created 2D and 3D artworks on the themes of pride and equality. Hours are Wednesday through Saturday 11 a.m.-7 p.m. and Sunday from noon-5 p.m. Visit www.facebook.com/ WorkhouseStudio4 for more.

## SUNDAY/JUNE 2

Opening Reception. 4-6 p.m. see 'Hair Apparent" in the Athenaeum Gallery, 201 Prince St. It is a multimedia exhibit featuring sculpture, photography, performance and assemblage. Free.

**Hymn Festival. 5** p.m. at Historic Christ Church, 118 N. Washington St. The choirs of Christ Church, St. Mary's Arlington, Grace Church Alexandria, St. George's Arlington, Alexandria, and Church of the Redeemer Bethesda, will combine for a memorable hymn festival. The service will feature a variety of hymns sung by both the congregation and the combined choirs. A reception will follow in the churchyard. Visit www.historicchristchurch.org.

# Sports

# Mount Vernon Softball Eyes District Championship

## Majors beat Falls Church to earn regional berth.

By Jon Roetman The Gazette

ollowing her two-out RBI single, Mount Vernon sophomore Amber Sable headed for third base after teammate Kelly Quigley lifted a fly ball to left field.

Moments after the Falls Church left fielder made the catch for the final out of the inning, Sable tripped over the third-base bag and crashed into the dirt.

The following inning, Sable belted a runscoring triple. As she headed for third base, someone in the crowd yelled, "Don't let that base get the best of you!"

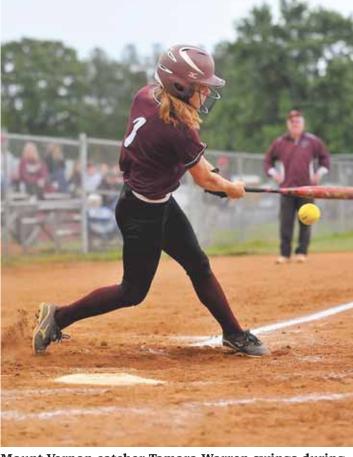
It was all fun and games for the Mount Vernon softball team on Tuesday night, as the Majors defeated Falls Church 23-2 in five innings during the quarterfinal round of the National District tournament at Mount Vernon High School. The Majors secured a berth in the Northern Region tournament and many players padded their offensive statistics.

While Mount Vernon enjoyed a lopsided victory, the Majors plan on getting down to business and bringing home a district championship.

Mount Vernon finished with an 11-3 National District record during the regular season, earning the Majors the No. 2 seed in the tournament.

Two of the Majors' losses came against Hayfield, the No. 1 seed and owner of a 21-0 record. Mount Vernon's other district defeat came against Washington-Lee, a 3-2 loss March 3.

After dispatching No. 7 Falls Church,



Mount Vernon catcher Tamara Warren swings during Tuesday's game against Falls Church.



Mount Vernon second baseman Ashleigh Sable crosses the plate during the Majors' 23-2 victory over Falls Church on Tuesday.

Mount Vernon will host No. 3 W-L in the semifinals at 6 p.m. on Thursday, May 16. The Majors stressed the importance of not overlooking the Generals, but the team wants another shot at Hayfield in the district championship game.

"We've been too close," senior catcher Tamara Warren said, "not to take the title this year."

Warren, senior second baseman Ashleigh Sable and senior pitcher/shortstop Megan Cole have started at the varsity level since they were freshmen and faced Hayfield in the district semifinals each season. Hayfield beat Mount Vernon in the 2010 and 2012 semifinals. The Majors got the best of the Hawks in 2011, but lost to Yorktown in the championship game.

This year, Hayfield beat Mount Vernon 11-1 on March 21 and 2-0 on April 23. The second meeting was scoreless after six innings. The Hawks are led by district Pitcher of the Year Taylor Neuhart.

"Clearly, we've got to be able to show a

lot of discipline at the plate with Taylor pitching," Mount Vernon head coach Daniel Coast said of how to beat the Hawks if the two teams meet in the district final. "... A lot of teams, including us, have been chasing [Neuhart's pitches out of the strike zone]. We've just got to show more discipline in the box and we'll be able to get enough runs ..."

Warren, Cole, Ashleigh Sable and sophomore Stormy Zyzyk were big reasons why the Majors reached second place in the regular-season district standings.

Zyzyk was named National District Player of the Year. She pitches for the Majors and bats leadoff. She entered Tuesday's game with an on-base percentage of .717.

"Between her walks and her hitting," Coast said, "her on-base percentage is out of this world."

Ashleigh Sable was voted first-team alldistrict at second base. Warren and Cole were named to the first team as at-large players.

Cole bats third in the lineup and has developed into the team's top pitcher.

"The leadership she gives as a captain," Coast said, "is really key."

Sophomore Maggie Heltzel also pitches for Mount Vernon.

Against Falls Church, Ashleigh Sable went 2 for 3 with five RBIs. She tomahawked a two-run double over the left-fielder's head in the second inning, giving the Majors a 3-2 lead they would not relinquish.

"I like the high ones," Sable said.

Corinna Mattison went 3 for 4 with a triple and four RBIs. Amber Sable finished 2 for 3 with a triple and three RBIs.

## SPORTS BRIEFS -

## West Potomac Baseball Team Earns Regional Tourney Berth

The West Potomac baseball team finished second in the Patriot District regular-season standings, earning the Wolverines a berth in the Northern Region tournament.

West Potomac finished 8-6 in the district, including a pair of wins against South County, which also finished 8-6. Lake Braddock is the No. 1 seed.

The Wolverines will compete in the district semifinals on Friday, May 17.



The West Potomac women's lightweight four qualified for the Scholastic Rowing Association Nationals by placing second at the VASRA state championship on May 11. This is the first time in seven years that West Potomac has had a qualifying contender at nationals. SRAA Nationals will be held in Camden, N.J., on May 23-25. From left are Sarah McKeown, Taylor Haas, Laura Jacobs, lead coach Alan Weatherley, Lilly Lane and Hannah Gwartney (cox).

## News



Wendy Yu skates during the Intermediate Ladies Short Program Competition last month.



Molly Cesanek placed first in the Juvenile Solo Combined Dance-Free Dance Competition.



Isabella Quintero skates during the **Intermediate Solo Free Dance** Competition. Behind her, a judge watches.



Michelle Bendersky places first in the Intermediate Solo Free Dance

Icy Competition 35th Annual Cherry Blossom Invitational, a figure skating competition, held at Mount Vernon Rec Center.



Sara Preston Davidson gets some air during her performance. Sara placed second in the Juvenile Solo **Combined Dance-Free Dance Competition.** 



Alexandra Scott begins her routine in the Juvenile Solo **Dance Combined Dance** event.



## Gathering Raises Breast Cancer Awareness

From Page 5

Brem said.

Additional screening with Breast Specific Gamma Imaging (BSGI) and Automated Breast UltraSound (ABUS) technology is recommended for women with dense breast tissue. BSGI or nuclear imaging, has less false positives and is an option for women who cannot have an MRI. With BSGI and ABUS, secondary cancers may be found that would have gone undetected with traditional screening. The Breast Imaging and Interventional Center at George Washington University Medical Center is the only mammography center in the Metropolitan

area that has BSGI and ABUS. Brem said that 3-D ultrasound maximizes detection of breast cancers in dense breast tissue. "Through acquisition of the images and the information taken by a physician, we can see 30 percent more cancers in women with dense breasts. They are typically invasive cancers that would go on to become killer cancers if undetected."

Carolyn "Bo" Aldige, president and founder of the Prevent Cancer Foundation in Alexandria, sees modifying behavior and knowing the risk factors for breast cancer as the key to help bring down the incidence and mortality from the disease. She said, "With what we know right now about prevention and early detection, we could reduce cancer deaths by half."

Rose Agyekum, wife of the ambassador to Ghana, and her daughters, Irene and Linda, were in unison with their gratitude to Brem and Brem Foundation. "Our eyes have been opened in terms of education about breast cancer and research and to know that this hands-on operation [the foundation is in operation to cure women, catch breast cancer early, and treat it. Dr. Brem is right there one on one. She is literally saving the world one woman at a time and we are extremely grateful to be part of this."

Brem Foundation secretary Cheryl Skillin



**Hostess Shaista Mahmood (left)** with Dr. Rachel Brem.

explained to guest Nilo Mahmood that the foundation began when four women started meeting in each others kitchens. "Look at where meeting in the kitchen can bring you," said Mahmood.

Visit www.bremfoundation.org.

## **OPINION**



## Mother's Day at Mount Vernon Estate

Martha Washington and her granddaughter Nelly Custis greet guests as they arrive at Mount Vernon Estate on Mother's Day.

## LETTERS TO THE EDITOR

From Page 10

mph, the normal estimated stopping distance (360 ft., including reaction time), is well within the sight lines of both ends of the curve on either side of the Westgrove Park entrance (as shown on county maps). That is not true for many other curving sections of Ft. Hunt Road where it intersects with neighborhood streets and sight lines are much more limited.

Unfortunately, if drivers can't enter Westgrove from the north, they will be forced to go several miles farther south before they can safely reverse direction, further increasing congestion and adding to the growing dangers faced by drivers trying to enter Ft. Hunt Road from the side streets.

The entrance to Westgrove Park from Ft. Hunt Road is just one piece of what should be a much greater concern. That road has become one of the most dangerous roads in the county, starting with the section between Belleview Blvd and continuing all the way to the Hollin Hall Shopping Center.

At the end of the school day, it's a mess near the school/library/rec center, with cars and buses jockeying to turn left from the southbound lane near the bind curve, buses and cars parked on both shoulders of the narrow road, kids running across the road — and even a few brave souls trying to enter or exit the library/Rec Center parking lot. Drivers heading north at that hour are in even greater danger as they round that same blind curve and come upon cars suddenly pulling out from the shoulder just past the curve.

And who knows if the car waiting to turn left into Westgrove actually contained Fido? As a frequent user of Westgrove, I often see cars entering the park from the north, rounding the circular road, and exiting to the right so they can park on the shoulder. (Indeed, the availability of this turnaround is not an illogical way of mitigating the growing congestion problem.at the school entrance.)

But the bigger issue remains: how to make Ft. Hunt Road safer, especially north of Sherwood Hall Lane, where road widenings and turn lanes are inconsistent, speeding is the norm, and there are too many blind curves. Less than a mile from Westgrove, at another (and even blinder) curve where Ft. Hunt intersects Paul Spring Road, the accident rate has become truly alarming. (I have witnessed three in the past three months alone.) Despite a death, and reported accident levels in that area in at least two of the past few years that have exceeded the minimum standard for installation of a traffic light, nothing is being done.

More than a year ago, after several months spent trying to get the attention of our local and state elected officials (Toddy Puller was the only one who even responded to our initial request), a small group of concerned Hollin Hills residents met with VDOT (meeting arranged by Senator Puller's staff). Here, we learned that, contrary to our understanding, Ft. Hunt Road is actually a county road, though VDOT is responsible for paving (but not widening) and installation of traffic lights.

Without some proactive effort by our elected officials, it is unlikely that there will be any effort to address these problems in our lifetime. But there are a few steps that could be taken at minimum cost with maximum effectiveness: better signage warning of curves, reduction of speed limits on the more dangerous sections of Ft. Hunt to 25 or even 15 mph, and proactive enforcement of the speeding laws in those sections.

Although the police have denied it, speeding is a major problem on Ft. Hunt Road. I rarely see cars moving at less than 40 mph along Ft. Hunt Road, and often see them exceeding 50 mph northbound just before they approach the Paul Spring intersection (where the poorly marked and badly lighted intersection, the blind curve, the very narrow lanes, people making illegal right turns from Paul Spring, and a deep ditch on the east side are responsible for the ever-growing number of accidents at that corner).

Last week's Gazette also featured a letter complaining about the excessive speeds on the GW Parkway (also easily observed). Gino Shoultz's plea to "stop the insanity and slow the traffic down now" should apply to Ft. Hunt Road as well.

**Mary Tracy** 

## Lions Appreciate Community's Support

To the Editor:

The Mount Vernon Evening Lions thank the Belleview Safeway customers for their generous donations to our White Cane Drive held in April. The money will be use for sight projects. If you would like to know more about the Lions clubs, contact Andrea Corsillo at 703-960-4973.

**Mount Vernon Evening Lions** 





## **United Community Ministries**

Fighting poverty, hunger and homelessness since 1969

UCM provides food to more than 100 hungry families every day—and we need your help to do it. Our food pantry always needs:

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- Canned vegetables
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- Oatmeal
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  Peanut butter
- Jelly

UCM's food pantry is located at **7511 Fordson Road**, **Alexandria**, **VA**, **22306**, and accepts food donations Monday through Friday, 9 am to 5 pm and the first Sunday of every month, 9 a.m. to 1 p.m.

UCM is thankful for the generous support of the Mount Vernon Gazette.

Mount Vernon Gazette

# Coalition Wants Citizens To Help in Chief's Recruitment

From Page 1

one seeking information regarding cases that have been investigated and closed.

\* Favor a candidate who comes from a police department which has a Citizen Police Oversight Board and a flexible approach to the FOIA.

Beltrante closed his letter to Bulova with this question: "Has the police department or the Board of Supervisors formed a citizen review panel to review and comment on the nominee's qualifications?"

When the Fairfax County School Board recently selected a new superintendent, it conducted more than 70 community meetings and received thousands of comments from residents on the desirable characteristics for the new superintendent. The School Board also created a community selection committee to assist it in selecting and unanimously approving the hiring of the new superintendent.

The Citizens Coalition for Police Accountability was formed approximately three years ago and registered as a non-profit Virginia corporation following the shooting death by Fairfax County police of David Masters who allegedly took flowers from a Route 1 store and drove away in his car until he was stopped by traffic and the police who pursued him. He was shot in the back while sitting in his car at the corner of Fort Hunt

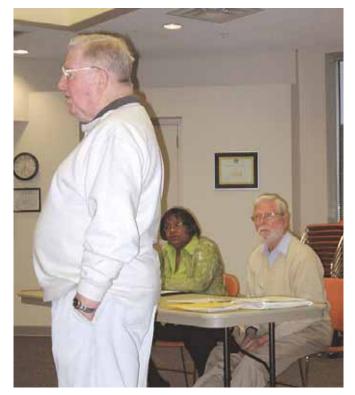
**Nicholas** Beltrante, executive director, **Citizens Coalition** for Police Accountability, addresses the organization at its May 14, meeting. In the background and seated is the president of the coalition, the Rev. John Reed Smucker and the secretary/treasurer of the board, Annie Whitehead.

GERALD A. FILL THE GAZETTE

unarmed. Because of the blanket police ex-

emption provided by the Virginia Freedom

of Information Act, the police incident re-



Road and Route 1 by one of the police ofport was never released. ficers who believed Masters was reaching for a gun. Masters, a Vietnam veteran, was

Therefore the circumstances of the shooting incident was never made available to the public. The Commonwealth Attorney determined that the police officer who shot Masters was not negligent in his duties and was not prosecuted.

Since then the Citizens Coalition for Police Accountability has focused on other shooting deaths by police of unarmed citi-

No police incident reports were made available and no wrongdoing by Fairfax police has been found in any of the cases. The coalition has received support for its efforts to establish a Fairfax County citizen police oversight panel from several local and statewide organizations.

The coalition says that there are approximately 150 citizen police oversight boards in the U.S. including the District of Columbia, Prince Georges County, and Montgomery County, Md. It further states that Fairfax County police, with more than 1,000 sworn police officers, is one of the largest police departments in the U.S. without a citizen police oversight board.

Following the shooting death of Masters, the Board of Supervisors asked the county executive and the police chief to evaluate the Citizens Coalition for Police Accountability proposal to create a citizen police oversight panel.

Both recommended against its creation and recommended that citizen complaints of alleged police misconduct be investigated by the county's independent auditor. The supervisors accepted the recommendation.

# At Open Session, Storck Hears from Parents, Teachers

the districts we compare ourselves to and who we compete with for the best teachers Arlington and Montgovery county," Storck said. He added that he continues to press for measures to improve academic performance of low income and minority students.

Storck believes his office hours sessions are very helpful to him, citing the range and substance of the subject matter raised by citizens. Storck first met with two individuals who requested to meet in private with him. After that he met with parents and school employees in an open session as a group. Here are the highlights of their concerns:

- \* A mother accompanied her son, who was a Boy Scout. Her son asked Storck his opinion on allowing video cameras in the schools. The Boy Scout was fulfilling a requirement to meet with Storck and ask him a policy question as part of his effort to become an Eagle Scout. Storck believes video camera policies should be left up to the principal at each school. He said that each school has a different set of circumstances and culture.
- ❖ A parent asked Storck to look into a leadership failure at her son's school. In her view the principal was not effectively handling an admittedly complex and diverse student population requiring creative and positive reinforcement to manage a myriad of student achievement issues. The parent volunteered at the school and said she had firsthand knowledge of how a failure of



an adverse impact on student and teacher performance. Storck promised to look into the matter and suggested approaches she might take that would be helpful.

❖ A parent expressed her dismay about the elimination of a vocational education course, TV Productions, for the next school year. She explained how the program was important to her son in that he enjoyed the subject matter and it provided him with an incentive to attend school. Storck explained that a drop in enrollment was the reason it was scheduled to be discontinued. He supports maintaining the vocational education courses and committed to look into the TV Producations course offering and find out why enrollment had dropped and what could be done to raise enrollment.

- ❖ One teacher urged that her specialty, instructional coach, be supported and not face cutbacks because it was a valuable adjunct to quality teacher mentoring and counseling and an essential ingredient to maintain effective teaching in the school system. Storck said he was very supportive of the instructional coach program and would be a strong advocate for its continu-
- Another teacher, who was in jeopardy of not having his contract renewed, described his personnel situation as an illus-

leadership was having tration to Storck of how a well qualified non-tenured teacher could slip between the cracks and be lost to the school system. Storck agreed and said he would be vigilant to make certain skilled teachers were not lost to the school system. He used the employees' concern about cuts in personnel to suggest they express their concerns to local state legislators. He reminded them that failure to increase state funding levels was a contributor to cuts in personnel.

> A retired teacher and now a volunteer mentor and advocate for low achieving minority students presented her concerns about what she and other minority families believe prevail in the school system: an absence of cultural awareness and cultural competency that she said was driving minority families away from the Fairfax County school system. Storck offered to meet with the families that the retired teacher was referring to. This same person also urged that Storck do something to secure admissions for black students at the Thomas Jefferson School for Science and Technology. Storck described the Supreme

Court decision which said that racial and ethnic factors could not be a basis for admission. TJ has a two-tiered admissions evaluation system in which test scores and grade point average was the first tier initial screening; teacher references and extracurricular activities and skills were used as part of the second tier screening process. He also described his current proposal to establish a special teacher mentoring pilot program that was similar to instructional coaching in which the most effective and creative teachers would be recruited and brought to Sandburg and Whitman to work with teachers in the 6th through 8th grade to enhance their skills with the goal to have an impact on minority student achievement. As envisioned the program would be targeted to have teachers of special talents to work with low income minority students whose parents were not college graduates. Because of budget constraints Storck said that his effort, a \$2 million pilot program, might not survive the upcoming school budget review but he would do his best to keep it in the budget.

## SCHOOL NOTES -

The Washington DC Chapter of the National Society of Arts and Letters recognized four West Potomac High School juniors for their accomplishments in the fine arts at the John F. Kennedy Center for the Performing Arts. Eliza Lore received an Award for Excellence in the Arts for Drama. Eduardo Perez-Reves, drama; Patrick Rhoads, music; and Emma Schmidt, art, each received Certificates of Merit.

Hampden-Sydney College senior **George Forrest Allen** recently received the James Madison Public Service Certificate on behalf of the Wilson Center for Leadership in the Public Interest, A Venable Scholar, Forrest serves as a resident advisor. Forrest, a foreign affairs major, is a graduate of West Potomac High School and is the son of George and Susan Allen of Alexandria.

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## 21 Announcements

LEGAL NOTICE

The Family Court of Alexandria, VA requests the Mrs. Heydi Mercedes Barrios Gomez on June 21, 2013 at 10:00 am to discuss custody of their daughter.

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## 21 Announcements 21 Announcements

## LEGAL NOTICE

Notice is hereby given to members of the NY nonprofit, American Society of Clinical Oncology, Inc., that the 2013 ASCO Annual Business Meeting will be held on June 3, 2013, 12:00-1:00 PM (Central Standard Time) at the Hyatt McCormick Place, Regency Ballroom, 2233 South Martin L. King Drive, Chicago, IL 6061. Members with questions can call 571-483-

## **OBITUARY**

MARY SHUMAN HINZ died peacefully of natural causes on Tuesday, May 7 at Aarondale Retirement Community in Springfield, Virginia, surrounded by her five children. She was 84 years old, and had suffered from Alzheimer's Disease for some time. A resident of Alexandria for most of her life, she was born at the old Alexandria Hospital on February 18, 1929 and attended Maury Elementary School. She was the daughter of Marshall Matthew Shumar

and Goldie Hammer Shuman. Her devotion to her sister, Betty Lee Shuman, who died in 2001, was unwavering and lifelong. She spent her high school years in Jenkintown, Pennsylvania and was a 1946 graduate of Jenkintown High School. Although she also lived for brief periods in Wilmington, North Carolina; Harrisonburg, Virginia, Fairbanks, Alaska and Staten Island, New York and finally in Colonial Beach, Virginia and Springfield, she always considered Alexandria her home. On her return to Alexandria in 1946, she went to work for the Alexandria Water Company. She

sne went to work for the Alexandria water Company. Sne was married in 1953 to Peter J. Hagan of Mt. Rainier, Maryland, who died in 2011. They raised five children in Alexandria: Peter Hagan of New York City; Marshall Hagan Patrick Hagan and Christopher Hagan, all of Alexandria; and Mary Bet Dobson of Arlington. During that time she

volunteered for the Mount Vernon Guard, the fife and drun corps of which her children were members, and the St. Mary's School Mother's Club. She returned to work after het children were all in school, and was employed by the City of Alexandria. Her marriage ended in divorce. She

subsequently married Liwe K. Hinz and they retired to

Subsequently manned week. Init and they lettled to Colonial Beach. Mr. Hinz died in 2009. In addition to her hildren, she is survived by grandchildren Trevor Dobson of New York City; Kirsten Dobson of Washington; Casey, Caitlin and Ciara Hagan of Alexandria; Fiona and Eileen Caitlin and Clara Hagan of Alexandria; Fiona and Eileen Hagan of Alexandria; and James Arthur-Hagan of New York City; by her daughters-in-law Robin Weisman and Bridget Hagan of Alexandria; by her sons-in-law Kenneth Arthur of New York City and Andrew Dobson of Arlington; and by her three step-children, Tony, Sally and Jane Hinz. A memorial service will be held on Thursday, May 16, at 12:00 noon at Everly-Wheatley Funeral Home, 1500 W. Braddock Rd, Alexandria, VA 22302.

#### 21 Announcements 21 Announcements 21 Announcements 101 Computers

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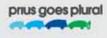
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